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new pics!

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Nuts

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PRESENTS...



SAM!



ROSIE!

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Plus!

208mph Merc!



Plus!

Ralph
Wiggum!



Plus!

Little
Britain!



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GIRLS!

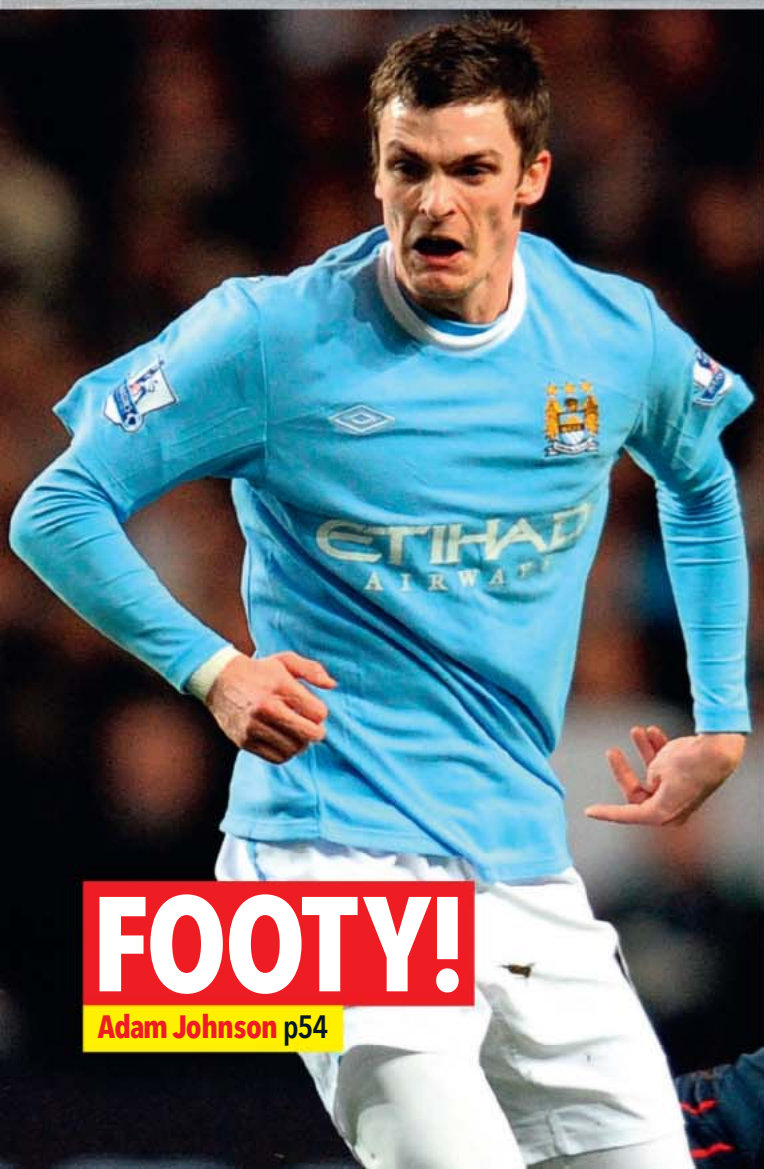
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IN Nuts!



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IN THE Nuts OFFICE!

We get to grips with the new Fifa 11 game



Race For Recovery do their bit for Help For Heroes. See www.brutformen.co.uk



Nuts NEWS

ON THE NAUGHTY STEP, EVERY WEEK!

Nuts' naughty stars amnesty!

Celebs confess their sins before the tabloids find out!

Celebs are often up to no good but at the moment, our heroes are being caught misbehaving at an alarming rate by the tabloids.

So we've come up with a solution! For one week only, we're having a celebrity naughtiness amnesty, where famous folk can admit to

their past indiscretions. As a reward, we'll give them a free pass and a cheery nothing-to-see-here wave. Just this once. The results were surprising!



PHOTOS: NEWS OF THE WORLD/NI
SYNDICATION, GETTY, REX, ALAN MCFADEN



ROSIE JONES

"I want to use this chance to confess to my clumsiness! I was at an old boyfriend's parents' house when I knocked over a bottle of red wine on their lovely cream rug! And at a Nuts shoot once, I leaned against a glass sign and broke it. The owners weren't very happy with me! So I'd like to officially apologise to every person whose property I've wrecked!"

VANDAL!



SCOTT MILLS

"Confessions? Yeah, I have one. I have a photo of David Hasselhoff taking a p*ss in a bush on the main road near my mum's house in Eastleigh, Hampshire. The Hoff and I were driving down to visit my mum for the TV show we were filming. We were just around the corner from mum's house, but he couldn't wait. He leapt out of the car and found a bush. I stayed in the car and took a photo on my phone. I only show my closest friends!"

TAKING PICS OF THE HOFF!



JAMES CORDEN

"If I had my way, I'd go back and apologise to some of my schoolteachers. I was never vindictive but I was always very cheeky. So I'd love the opportunity to apologise to them. It's only when you're an adult, you realise how terrible you were as a youngster!"

DELINQUENCY!

**LORRAINE KELLY**

"When I was a kid, I used to eat the entire contents of my little brother's selection boxes on Christmas morning and leave him the empty wrappers!"

**ROBBIE SAVAGE**

"I was captain of my school team and accepted bribes from kids who wanted to play. Crisps were the currency – I once ate 14 packets in one day!"

**FORGETTING STUFF!****HARRY REDKNAPP**

"I always forget everything. Birthdays and all that – I'm terrible! Every year, I'll phone up a clothes shop on Christmas Eve and say, 'Quick, pack some gear up for my wife!' And they'll pack ten bags up for me because they know I don't have a clue what I'm doing!"

**SEX AS A NUN!****SOPHIE HOWARD**

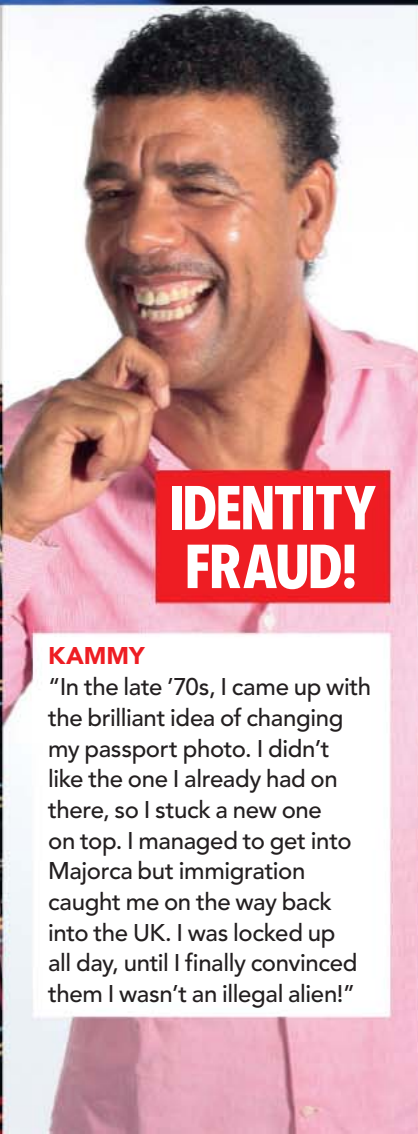
"I have loads of confessions to make! The first is a sexual one. Once, an ex-girlfriend asked me to dress up like a nun in the bedroom, so I obliged. She had my outfit off in about two minutes and we went at it for several hours. I'll probably go to hell for that one!"

"Second, most people assume I'm a 'rock chick' but my iPod sounds like a Turkish disco. And the artist I've played most is Hall and Oates!"

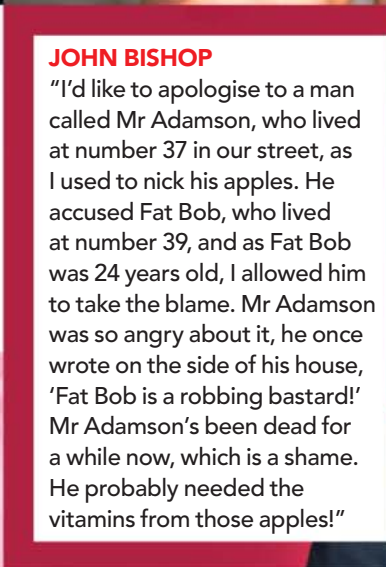
"Finally, I have to confess to my mum that the marks on the sofa arms were from my early masturbation experiences, not snails, as I stated at the time!"

**CHILLI WILLY!****PROFESSOR GREEN**

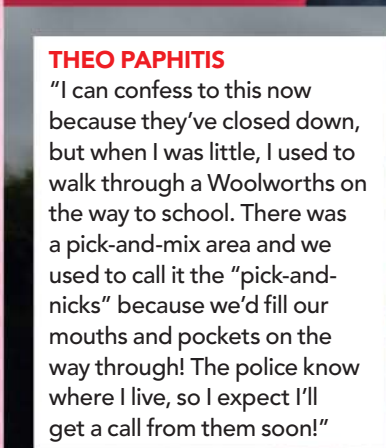
"I once cut some chillies for a pasta sauce, but didn't wash my hands afterwards. I went for a pee and got the shock of my life shortly after! I ended up with my trousers and boxers on my bed, asking my then-girlfriend for a cold flannel while she was on the floor crying with laughter. I've never told anybody that before!"

**IDENTITY FRAUD!****KAMMY**

"In the late '70s, I came up with the brilliant idea of changing my passport photo. I didn't like the one I already had on there, so I stuck a new one on top. I managed to get into Majorca but immigration caught me on the way back into the UK. I was locked up all day, until I finally convinced them I wasn't an illegal alien!"

**JOHN BISHOP**

"I'd like to apologise to a man called Mr Adamson, who lived at number 37 in our street, as I used to nick his apples. He accused Fat Bob, who lived at number 39, and as Fat Bob was 24 years old, I allowed him to take the blame. Mr Adamson was so angry about it, he once wrote on the side of his house, 'Fat Bob is a robbing bastard!' Mr Adamson's been dead for a while now, which is a shame. He probably needed the vitamins from those apples!"

**NICKING APPLES!****THEO PAPHITIS**

"I can confess to this now because they've closed down, but when I was little, I used to walk through a Woolworths on the way to school. There was a pick-and-mix area and we used to call it the 'pick-and-nicks' because we'd fill our mouths and pockets on the way through! The police know where I live, so I expect I'll get a call from them soon!"

**STEALING!**



"No one told me Casual Friday had limitations!"

Nuts EXCLUSIVE!

Lucas and Walliams' new

Meet *Come Fly With Me* – the new show from the *Little Britain* boys!

It's Matt Lucas in his Y-fronts and David Walliams in drag! That must mean it's time for some all-new *Little Britain* chortles, right? Wrong! These sneaky spy shots, taken at Stansted Airport, are actually from a brand-new, six-part comedy series called *Come Fly With Me*, and it's the boys' first original comedy show since they brought us *Little Britain*.

Commissioned for BBC One and set in an airport, the series features loads of characters all played by Matt and David, with cameos from special guest stars. Confirmed characters so far are Lucas' bearded airline official Taaaj and Walliams' moustachioed immigration officer Ian. And probably a gay Welsh guy, some butch transvestites and a fake disabled chap in a wheelchair!

Grint had trouble adjusting after *Harry Potter*



Hair by Kemp, beard by Bin Laden

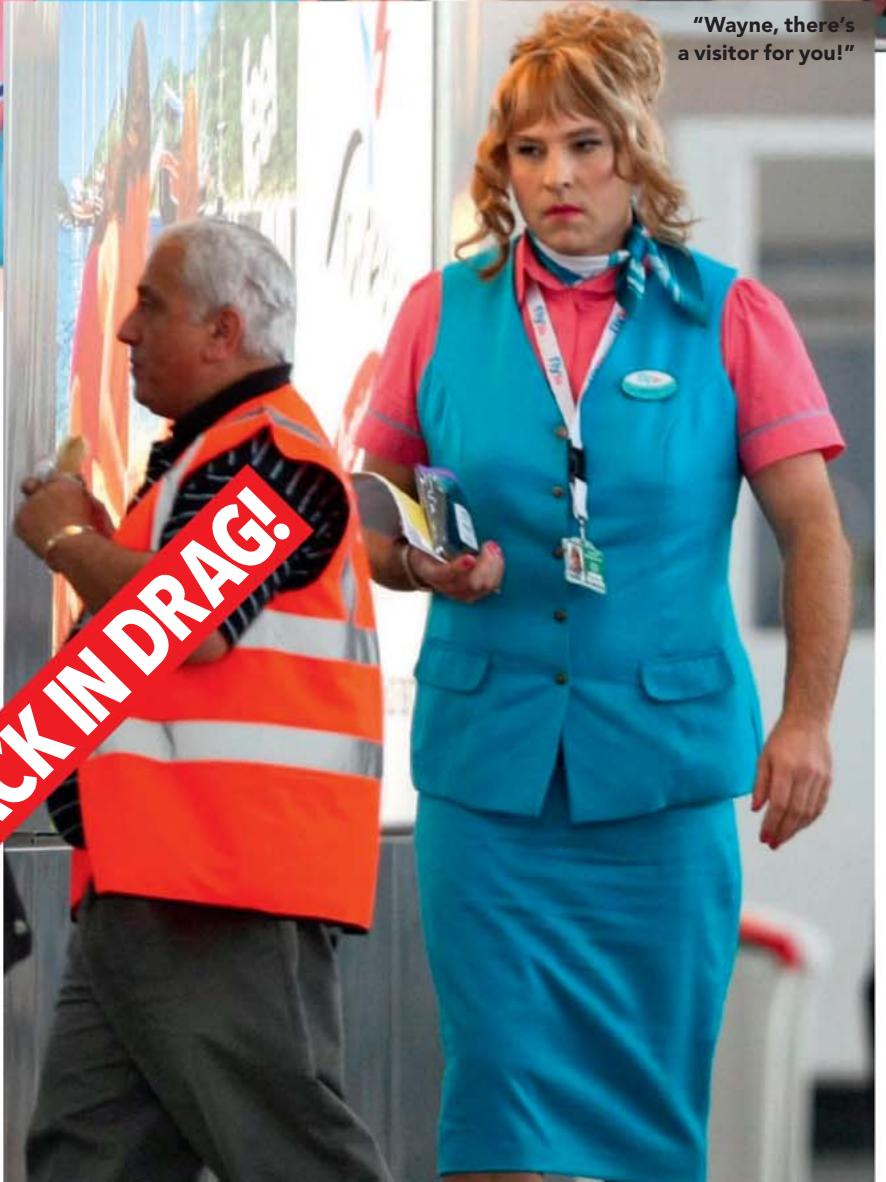


Tom Daley had let himself go

show!



Would you like extra fries with that?"



"Wayne, there's a visitor for you!"

It's Kelly Brook's calendar!

Hang on wall, flip open, stand back, gawp, repeat monthly!

For those tens of millions of you who swarmed to watch the recent *Piranha 3D* film, you'll know the only real Oscar-worthy moment involved our fave Brit beauty Kelly Brook getting substantially nuddy.

Sadly, her 2011 calendar contains no such exposed lady bits, but are we complaining? Are we pants! It's stuffed full of Kelly in bikinis and is, therefore, ace. Plus, she doesn't get eaten by carnivorous fish at any point!



WORDS: PETE CASHMORE PHOTOS: ALAN STRUTT © KELLYBROOK/ROAR GLOBAL
DANILO PROMOTIONS LTD 2010. THE OFFICIAL KELLY BROOK 2010 CALENDAR IS
ON SALE AT ALL GOOD RETAILERS OR BUY ONLINE AT WWW.DANILO.COM

"Damn moths!"



"Who stuck chewing gum in my hair?"



Something was telling him to turn right



"Damn, forgot my bucket and spade!"

SHE'S AMAZING!

Nuts EXCLUSIVE!

Fallout: New Vegas first play!

We go on a four-hour long, hands-on date with the ace new shooter!

If it's a post-apocalyptic hell-on-earth you're looking for, we've got a game right up your alley! *Fallout: New Vegas* is the latest in the shooter/role-playing game mashup series to pop out of Bethesda Softworks studios, and we were the first lucky blighters in Europe to get our hands on it! So join us as we journey through the first four hours of gameplay – then another level further in, where we get to tackle some really big weaponry!

Hour one!

The game's set three years after *Fallout 3* but, apart from the name, has nothing in common with the last game. You play a courier sent to deliver a package to nuclear-war scorched Las Vegas. However, it all goes pear-shaped when you're shot and left for dead by a strange character in a checked jacket (voiced by Chandler from *Friends*!). You wake up in a strange town under the care of the local doctor, and this is where you pick your name and customise an amusingly silly face!

Hour two!

All set up, it's out into the town of Goodspring to find out who's

behind your attempted murder and to get some target practice in on some giant mutated geckos! The wasteland's populated by all manner of freakish bugs, lizards and beasts, all thirsty for a bit of human blood, so you have to get your eye in fast! New in *NV* is the ability to modify weapons and ammo as you progress through the game, with literally thousands of possible permutations! *Fallout 3* was criticised for taking too long to get going, but don't worry – the new game launches you into the action far more quickly.

Hour three!

We're well into the story by now and hot on the trail of the rotter who popped a cap in your face. In order to get to him, you have to decide which of the rival gangs in the wasteland you want to befriend and which to destroy! Our favourites are Caesar's Legion, a murderous mob that sticks people who displease them up on burning crosses! Yikes!

Hour four!

After four hours of *Fallout 3*, we still hadn't properly worked out how to shoot things and were frankly getting a wee bit bored. *New Vegas*, however, has not only been tweaked to make it more downright fun, it's also got an ace storyline that really makes you want to know – and care about – what comes next! In this mission, you rescue a police deputy, who's been kept hostage by the Powder Gangers, because he's got information you need!



This time round, Messi was ready for Hackney Marshes





ACE GRAPHICS!

Twitter update:
fighting dragonflies with
a flaming sword. Lol!



"I warned you what'd
happen if you wore rubbish
fancy dress, Phill!"



"I unfriended you
on Facebook!
Take the hint!"



"There you go –
one zit popped!"



"I told you 100W bulbs
would be too much!"

COOL WEAPONS!

Special mission!

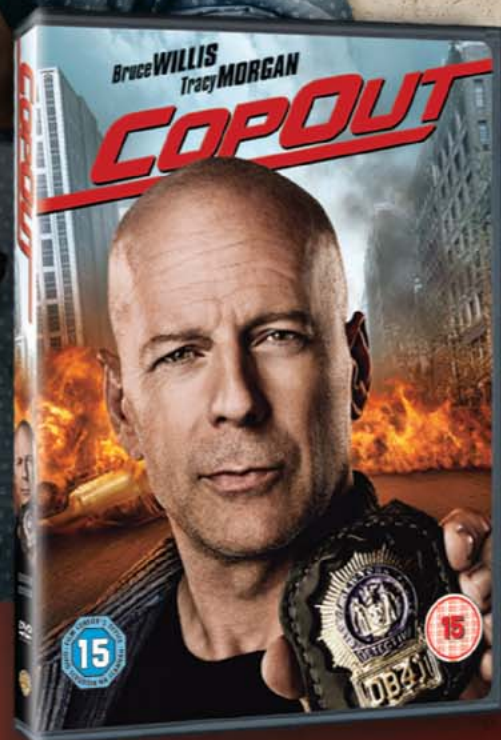
The kind chaps at Bethesda also let us play another new level, and it's a cracker! It involves a load of mutants who believe the way to heaven lies on the back of a giant rocket, which you help assemble! You also get your hands on The Incinerator, the most merciless weapon in the game! We're told there are at least 60 hours of gameplay in this world, so when the game drops on 22 October, your gaff had better be as well stocked as a nuclear bunker, 'cos you'll be going nowhere!

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208MPH BEAST!

Nuts NEWS

Yaya Touré
loved his new
golf cart



Black Edition Merc CL 65 AMG

Mr Vader, your
chariot's arrived...



- If you like your coupés big and black, German tuning giant Anderson has the very motor for you.
- It's taken the Mercedes CL 65 AMG and given it a makeover.
- The Anderson Black Edition ups the CL 65 AMG's 603bhp block to a whopping 670bhp.
- This means it goes from 0-60mph in just 4.2 seconds.
- It has an electronically limited top speed of 155mph, but turn the chips off and it'll ease to a stonking 208mph – so hold onto your seats!
- Anderson has fitted this monster with new induction, a plasma-coated exhaust with race-spec catalysts, upgraded pulleys and a brainwashed engine-control unit.
- The Germans have completed their dark creation with a satin lacquered finish, which has more sheen than matt but is still smooth to the touch.
- Inside, there's diamond stitching over two-tone black/brown hide and Alcantara to work alongside the carbon-fibre door ledges, centre console and steering wheel.
- The car costs £250,000, but this includes free pick-up from any location!

Car loved visiting
the hall of mirrors



0-60 IN 4.2 SECS!

Nuts tests 'sexy' meat outfit!

We ask ladies if our Gaga get-up is vreally good or just plain offal!

Professional mentalist Lady Gaga caused a right old stir at the MTV Video Music Awards when she stumped up in a dress made entirely of meat. Yes, *meat*!

We here at Nuts reckon she looked good enough to eat, so we decided to do a little test of our own – if a Nuts bloke adopted similarly bloody attire, would he be a hit with the women or simply a massive stinky letdown?

Ladies of Britain, over to you!

WORDS: FRANK TENNYSON
PHOTOS: COLIN WILLIAMS, BIGPICTURESPHOTO.COM



A RARE LOOK!



Here's what the ladies think...



KATE
Stylist
on Look
magazine
"I can't
see this
working

in the fashion world. He looks like he's been in a road traffic accident!"



JADE
London
"You know
what?
I actually
quite like
it! I want my

men to be proper men, so the whole meat thing works for me. It's sexy!"



**HENRY
THE JACK
RUSSELL**
London
"Woof,
woof!"
Owner's

translation: "I love this outfit. It's a smorgasbord of meaty goodness!"



RACHEL
Yorkshire
"I don't
want to get
too close –
just in case
he ends up

contaminating me with his meatiness. A huge thumbs-down from me!"

Verdict:

Who'd have thought it? Lady Gaga may have looked pretty hot in her meaty outfit, but Nuts man's fleshy fashion gets a massive thumbs-down from the ladies! We have no beef with Gaga, but this look's a bit raw for Nuts!

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*vs. previous Gillette Series shave gels and based on volume.

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BOMBSHELLS
THIS WAY

Victoria's Secret girls

Fragrance launch, LA

As if three stone-cold honeys in Victoria's Secret lingerie wasn't enough to get a chap's interest, the ladies brought a helpful sign with them. That, or it's *The Hurt Locker* sequel we all wanted!

Tulisa

Leaving a party, London

The N-Dubz hottie debuted this swish new look at a party, and we approve! Not through a misplaced sense of propriety. No, more because we can gawp at that world-class cleavage!

RUDE NEWS

News the Pope definitely wouldn't approve of!

Lindsay Lohan

In a bedroom, LA

We all know smoking's pretty bad for your health, but topless smoking – as demonstrated here – is frowned upon even more by doctors. You might get hot ash on your nipples!

Una Healy

On her hols, LA

Sitting in a rubber ring by a pool is a weird place to launch into a rendition of *Head, Shoulders, Knees And Toes*, but nothing gets between The Saturdays babe and her nursery rhymes!

WORDS: RORY BUCKERIDGE PHOTOS: ANGUS YOUNG, TNi PRESS, GETTY, PA PHOTOS, EXPRESSPICTURES.COM



Megan Fox

In the latest Armani ad

This Armani ad's gone all topsy turvy – Megan starts off in her smalls, then proceeds to get dressed. Maybe they had the storyboard upside down that day, the ditzzy ad directors!



Experience
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Wonderbra



Wonderbra hotties

Out and about, London

The bra-makers decided to flog their latest man-deceiver with a 3D ad. Then had their ladies look in the wrong direction in wacky specs. That, or the Pope just whizzed past in his silly car!

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...



Nuts news flash!

Kelly Andrews on the Pope's visit to Britain!

"If I was lucky enough to meet the Pope, I'd ask him to sign my boobies – although it might provoke a national outcry!"

THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!



Antonio Valencia:
"Argh!
Oh, what
the f**k!"

MAN UNITED VS RANGERS Old Trafford, Tues 14 Sept, 8.59pm
The Man United man goes down in agony after fracturing his ankle.



Darron Gibson: "Wazza! Oi, tell him
to get the ball forward quicker!"

MAN UNITED VS RANGERS 8.25pm Late in the first half, the Man United midfielder tries to inject some urgency into his team's play.



Kirk Broadfoot: "I hope he's
OK. I didn't intend to do that"

MAN UNITED VS RANGERS 9.01pm The distraught Rangers defender gets things off his chest after the injury to Valencia.



Alan Smith: "I got
the f**king ball!"

NEWCASTLE VS BLACKPOOL St James' Park, Sat 11 Sept,
3.46pm Smith pleads his innocence after conceding a penalty.

POTTY-MOUTH OF THE WEEK!



David Moyes: "It's a f**king
disgrace! F**k off! What about the
goals? That is a f**king shambles!"

EVERTON VS MAN UNITED Goodison Park, Saturday, 2.36pm
Moyes goes mad when the ref blows up with Everton on the attack. **18**

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A QUICK WORD WITH...

Ralph Wiggum

The Simpsons star shares his "unique" views



MATT GROENING

Hi Ralph! You've helped reinvent the English language with words such as "unpossible" and "learn-ding". What other changes would you make if they made you Prime Minister of Britain? I'd form a coalition with the Lib-Cons to reduce Britain's debt as a percentage of GDP. My friend Lisa may have helped me a little with this answer.

The Ralph Wiggum diet includes eating paste, crayons, worms and doorknobs. Do these count towards your five fruit and vegetables a day?

I thought the Ralph Wiggum diet meant you could only eat Ralph Wiggum every day?

Although you don't excel at traditional academia, you're a prolific tap dancer, you can play the piano and you're an accomplished singer and actor. Why don't you go on *The X Factor* when it starts in America next year? Sorry, I couldn't understand anything you said after "macadamia".

Your dad, Chief Wiggum, is a cop. What's the best item you've seen him pack away in his "forbidden closet of mystery"? He once put in a bag of white powder, which I think was sugar. I made a cake out of it and didn't sleep for months.

You used to have a crush on Lisa. So does Milhouse. Who's the better choice? We're both so handsome and smart, you couldn't go wrong.

You like to pick your nose. What's the most interesting thing you've found up there so far? The bottom of my brain. You have an imaginary friend called Wiggle-Puppy who can fly, and you're friends with a leprechaun who tells you to burn stuff. **How are they?** Don't ever ask about them again. You've been warned.

Yikes! You're an only child. Would you like to have a sibling like Bart or Lisa Simpson? No, but I'd like to have a Grampa who didn't sleep in the ground.

"I found brain up my nose!"

Do you speak in non sequiturs because you are, in fact, a comic genius? Why do you always talk in questions? **Thanks, Ralph! Finally, you were poached to write for *The Chicago Tribune* when Lisa set up her own newspaper, so you obviously know a few things about the journalism industry. What changes would you make to our magazine if they made you editor?** Well, since your name's *Nuts*, I'd put plenty of nuts inside for people to eat.

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Imperfect landing

Glider fails to live up to its name!

A tiny part of the fun of watching any airshow is the faint hope that there might be an interesting crash to tell your mates about.

And thankfully for the 15,000 visitors of the Royal Air Forces Association Show in Shoreham, West Sussex, they got a decent old yarn to take home with them about lucky glider pilot Mike

Newman and his high-speed introduction to the ground.

Mike lost control of the engineless plane and sat helpless as it plunged to the ground before breaking almost in half.

Incredibly, he crawled away with just three broken vertebrae, which docs reckon he'll make a full recovery from. The injury to his pride, however, is incalculable.

Those people look like ants... Oh God, they are!"

WORDS: RORY BUCKERIDGE PHOTOS: REX FEATURES

GOING DOWN!

CRASH LANDING!

HE'S OK!

"In your own time, ejector seat!"



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DON'T LOOK!

Pictures for the stronger stomach!

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'I could see my bone showing through!'

Reader skins himself in mad balcony stunt! **HE'S OK NOW!**

Rarely do we bring you a Don't Look! where the victim has absolutely no idea how he ended up bloodied, but that's the case with Shane Hackett, a 26-year-old welder from Colwyn Bay.

Shane tells *Nuts*, "I was at a party on the upper floor of

a golf club and I'd had a few beers, as you do. In order to get to ground level, I thought I'd take a shortcut off the balcony, so I hopped down.

"After a few seconds, I felt blood running down my leg. I lifted my trousers and saw my bone staring through the flesh!

"It didn't hurt that much but there was blood everywhere. The skin had totally ripped off the bone and to this day, I don't know what I caught it on.

"I went to hospital, where they stitched me back together, and now I make sure I take the stairs like any sensible person would!"



Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

Nuts GEAR

Nikon Coolpix P7000

www.nikon.co.uk

Nuts says: SLR-quality 10.1-megapixel snaps with the ease of use of a digital compact. Hit the menus to tweak stuff if you like but it's a fully automated snapper.

Jones produced the world's best-selling album – Michael Jackson's *Thriller*

£490

Nikon also offers free online back up for all your snaps via their storage service



AKG Quincy Jones headphones

www.harman.com

Nuts says: Sweet cans developed by the legendary music producer Quincy Jones – who has 27 Grammy wins!

£420



Choro Robo Q

www.firebox.com

Nuts says: Cute RC robot that's just 3.4cm high. It can avoid obstacles, chase footballs or take orders from the controller, which it then pops into for charging.

£15



Sony RDP-X50iP iPod dock

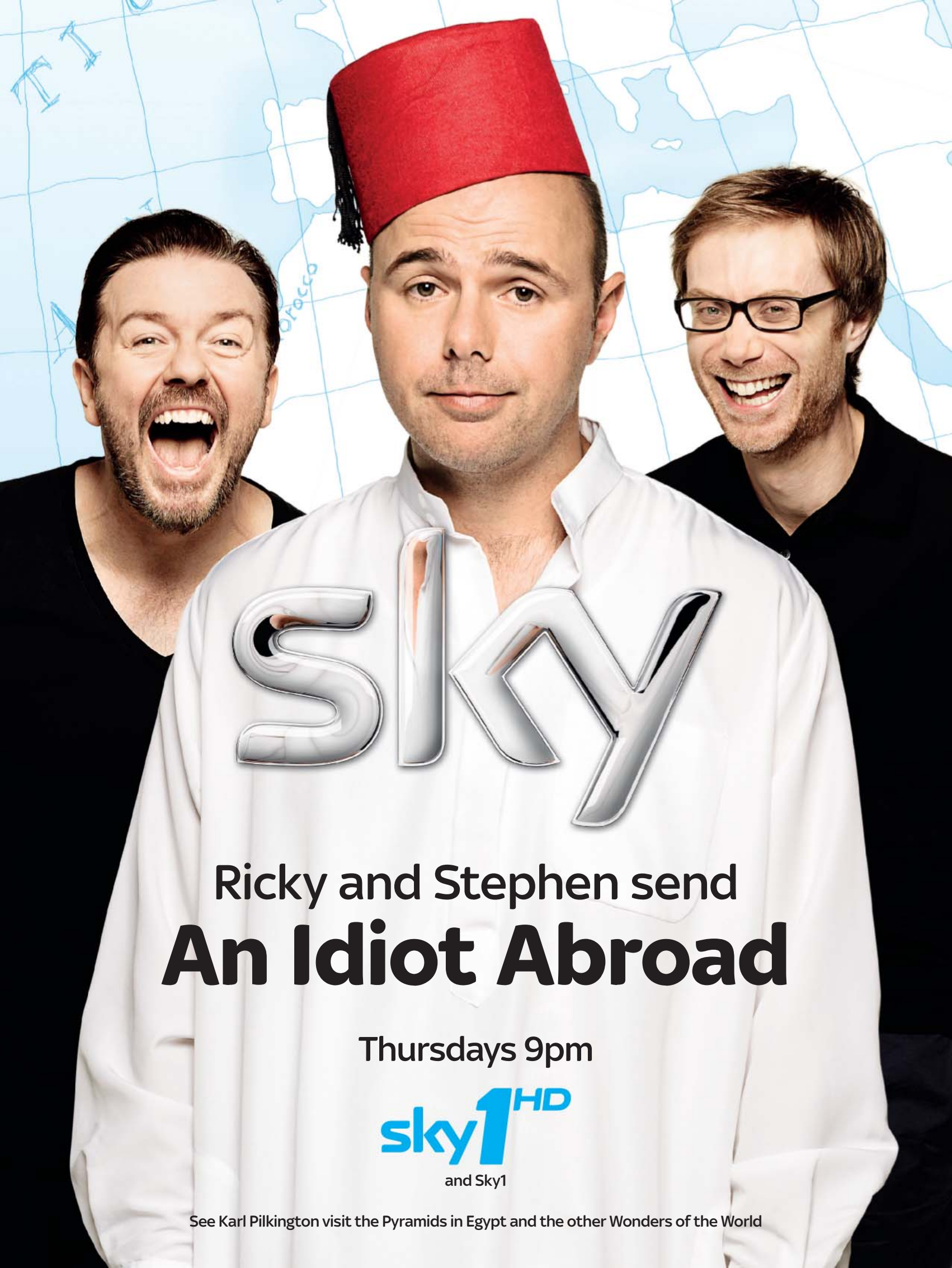
www.sony.co.uk

Nuts says: Svelte and swish iPod dock with similarly cool remote. It blasts out an ace 20W + 20W sound, enhanced via digital signal processing.

£220



Check out more reviews at www.nuts.co.uk/reviews



sky

Ricky and Stephen send
An Idiot Abroad

Thursdays 9pm

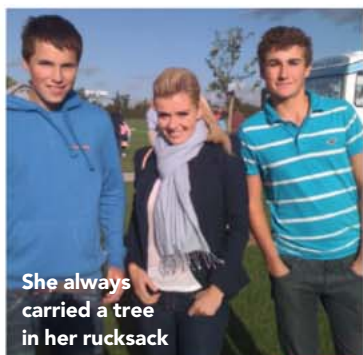
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YOUR LETTER

Sopranos, saucy signs and straining *Nuts* vests!

Send your letters to **nutsletters**



She always carried a tree in her rucksack

A singer, not a minger

Dear Nuts,
This is me and my mate Jake with opera singer Katherine Jenkins when she came to our village last week. She's amazing!

George Gray, Cornwall

Good work, lads. She's almost hot enough to make us want to listen to opera. Almost!

What are they growing in there?

Dear Nuts,
This is my boyfriend, Richard, next to his new favourite place!

Jenni Johnson, via email

His favourite place? And that fact doesn't worry you a bit?

LETTER OF THE WEEK!



It was the last time Bellamy would employ that stonemason



"Can't we get a proper battering ram?"

We're giving her a lift!

Dear Nuts,
These are the lads (and lass) of 2 Signal Regiment, out on tour in deepest Afghanistan. We are, from left to right, Sig "Tommo" Thompson (that's me), LCpl "Waggy" Wagstaff, LCpl "Hulk" Moore, Cpl Field, Sig "Woollster" Woolley, and the girl is Sig "Works Way Too Hard" Milady. Is there any chance of some *Nuts* T-shirts and a vest for the lady?

Sig Thompson, Camp Souter, Afghanistan

Said clothing is on its way to you now, chaps. And a reminder to all you other squaddies – if you want to get on the mailing list for *Nuts*' care packages, email pete_cashmore@ipcmedia.com with your details.

STEALTH BUMMING CORNER!

ONLY IN *Nuts*!



"Here's a picture of my mate Fin, carrying out a nice stealth bum on our tutor at the RAF!" *Matt, Lincoln*

The full mount-y

Dear Nuts,
This is me and my mates when we climbed Snowdon in *The Full Monty* gear for Cancer Research UK. Soon after the pic was taken, we stripped off! It was cold, wet and humiliating, and the ladies can see it at www.youtube.com/watch?v=GVXNT_Sketw

Fraser Dixon, via email

We know it was for charity but we'll give the video a miss, ta!



Suddenly, being shipwrecked didn't seem so bad

RS!

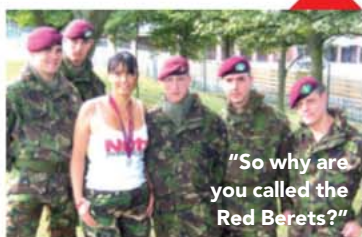
@ipcmmedia.com or to the address on p72

Raunchy runner

Dear Nuts,
I took part in the Para 10 P Company Challenge Endurance Race in Catterick to raise cash for Help For Heroes. I completed the course, then got my pic taken with the guys in my favourite garment!

Tracey, via email

That's you after you completed the course? We wouldn't even be able to stand up!



"So why are you called the Red Berets?"



Win £100 to spend at PLAY.COM

Send your letters and hilarious spam pictures to nutsletters@ipcmmedia.com or to the address on page 72. The sender of the week's best letter* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs, digital downloads, mobiles, electronics and more!

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YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcmedia.com

SHORT JOKES!

A bloke walks into a library and asks for a book on Chilean miners. The librarian says, "Sorry, that won't be out 'til Christmas"

Stevie, via text

Q: What should you do if your cricket computer game gets broken?
A: Find a Pakistani cricketer, he should be able to fix it!

Marty Willis, Kent

I was involved in a one-night stand that went terribly wrong. We've been married for three years now!

Rick Moorhouse, Coventry

I can stop a speeding bullet. Only once, mind!

John-Paul, Ireland

"Ooh, I love a good scratch!"



Passing the bar

Amy Winehouse left a pub last week and passed out lollipops to the paparazzi waiting outside.

Good for her. Normally, that sentence would have just ended at "passed out".

Will, via email

JOKE OF THE WEEK!

Dope in distress

Aussie Airlines pilot Bruce is flying into Manchester Airport, but the plane's in trouble, so he calls the tower and says, "Help! Err... Easter, Pancake Day, New Year's Eve, Halloween, Bonfire Night, Christmas. Chanukah!"

A voice comes back and says, "For God's sake, Bruce! It's Mayday!"

Theo, London



"A RyanAir plane wants to take off on time? You sure?"



"You've got a question? OK, shoot... no, wait!"

Execute this

Three women are about to be executed. One's a brunette, one's a redhead and one's a blonde.

The guard brings the brunette forward and the executioner asks if she has any last requests. She says no and the executioner shouts, "Ready! Aim..."

Suddenly, the brunette yells, "Earthquake!"

Everyone is startled and throws themselves on the ground while she escapes.

The guard brings the redhead forward and the executioner asks if she has any last requests. She says no and the executioner shouts, "Ready! Aim..."

Suddenly, the redhead yells, "Tornado!" Everyone is startled and looks around for cover while she escapes to safety.

Having watched her two colleagues, the blonde has it all figured out.

The guard brings her forward and the executioner asks if she has any last requests. She says

PHOTOS: ALLSTAR, GETTY, PACIFIC COAST NEWS

Win a flatscreen TV and DVDs!

Send jokes to nutsjokes@ipcmedia.com or to the address on p72. To celebrate the release of season six of *CSI: New York* on DVD, out now, the sender of this week's best joke* will win an LG TV and the complete box set, courtesy of Momentum Pictures.



S!



edia.com or to the address on p72

no and the executioner shouts, "Ready! Aim..."
The blonde yells, "Fire!"
Dan Tench, via email

Give him a shoeing

A bloke turns up at his office before a meeting one day with one white shoe on and one black.
"Go home and change," his boss tells him. "You look utterly ridiculous!"
"There's no point, boss," the bloke replies. "The only other pair I've got are black and white as well!"
Kris, Edinburgh

FAMOUS BLOKES' JOKES!



MILTON JONES:
"I got mugged by a guy on crutches wearing camouflage gear. He can hide but he can't run"



OMID DJALILI:
"In Iran, Omid means 'hope'. It's just a shame Djalili means 'less'"

LEE MACK:
"I'm in a relationship at the moment, so sorry, ladies... it's going to have to be your place!"

ANDY PARSONS:
"Anne Robinson says TV's both sexist and ageist. Well it can't be if she's still on TV!"



TIM VINE:
"Do you ever get that when you're halfway through eating a horse and you think to yourself... I'm not as hungry as I thought I was!"



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Seen something daft? Snap it, send it in and win £100!

**PIC
OF THE
WEEK!**



CRISPY ISLAND!

"My bacon looks like Great Britain! Truly, this is great British bacon!" **Kenny, via text**



COVERED IN NUTS!

"My mate is a Nuts fan, so this is what we decided to do to his car!" **Anon, via text**

NO THANKS!



"I found this electrics place in Cheltenham. That sounds painful!" **Scott, via text**



RUDE BOBBY!

"I saw this headline in South Africa recently and thought I'd share it!" **Chris, via text**

**SCREWED
FOOD
CORNER!**

"This poor lad looks like he's taken a bit of a beating!" **Matt S, Leicester**



BATTERED SHELL!



THANKS FOR THAT!

"I spotted this outside my local Lidl. Really? Thanks for the warning, guys!" **Joe, Batley**



WHAT A BARGAIN!

"They think they can fool us by removing zeros but I'm onto them!" **Anon, via text**

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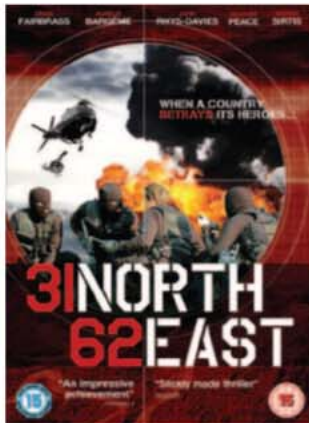
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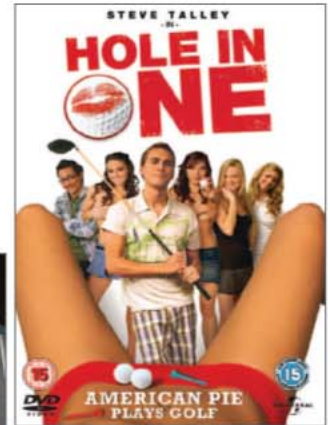
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POP OUT IN **PUBLIC!**

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Nuts!**

Have a cheeky flash - and earn some cash!

IN THE WOODS!



BECKS 21, from Exeter

"If you go down to the woods today... you'll see my boobs!"



AT A CAFE!

SAIR 20, from York

"Where better to let these beauties out than at this place?"

**THIS
WEEK'S
£100
WINNER!**



ON HOLIDAY!

REBBECA 25, from Newcastle

"It was warm while I was on holiday, so I decided to pop them out!"



IN THE PARK!

SAMMIE 24, from Coventry

"This is me just taking a moment to relax and let it all hang out!"

Win £100!

All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!* Send your snaps to nutspopout@ipcmedia.com or by text to **0771 388 8008**.



ALEX REID!

The Reidernator on Katie Price, cross-dressing and fighting!

Hi Alex! You pulled out of the last fight with Tom "Kong" Watson. Do you have something to prove this time around? I don't have anything to prove. It was a shame I had to pull out but it wasn't my fault I got injured! I'm in the zone now, totally up for the fight and I want to put on a good show! **Watson's said you aren't a real fighter, you're living off your celebrity wife and you don't show much dedication to your training...** He can say what he likes, I'm really not interested. Honestly! I've got respect for him as a fighter, he's a quality fighter, but I'll do my talking in the ring. **So what kind of fight can we expect?** A big one. Come on! **How do you feel knowing that a big part of the crowd will be hoping to see Katie Price's chap take a beating?** There'll be a bit of that, I'm sure. Whether I like it or not, and I do like it quite a bit, I'm a celebrity now. And with that comes a load of nonsense. People think they know what I'm about

when they don't. One thing everyone should realise is I'm a fighter first and foremost and I'll show this to everyone at the fight! **Do blokes offer you out all the time?** No. I get some verbals but I think people are clever enough not to push it too far. In fact, I get a decent reception wherever I go. **Aren't you afraid your missus might leave you if you get too mashed up?** She doesn't like me getting hurt, that's for sure. But she respects the fact that I'm a fighter and I'm gonna have cuts and bruises. What's more difficult for her is when I come home from training. I'm so tired, I can be a grumpy so-and-so! **What do you do to relax after training?** I can be a slob. I had the house to myself yesterday, so I just laid on the sofa in my pants watching some crap TV! **Is Katie as "challenging" as she appears on telly?** Yeah, but I find it sexy! I love it! People think I'm p*ssy-whipped and it just ain't true. Of course you don't sweat the small things and go, "OK dear, whatever you say" when it doesn't really matter. But don't forget, I'm a man, a proper man. **So you can say no to her?** Yeah! I say a lot worse if I'm in a mood! **Could she have you in a fight?** No! Have you seen the size of her? **Do you think you get a bad press?** I reckon about 90 per cent

of everything written about me and Katie is bullsh*t. All this recent stuff about her and Peter is b*lllocks. I know it and she knows it, but the British public probably doesn't. I guess this is what you have to deal with when you're in the public eye. **Does it annoy you?** Not really. It's like martial arts. I'm always on the move, so none of the blows really land on me. **OK, maybe you secretly enjoy the publicity, good or bad?** It depends how you look at it. Being a celeb has given me amazing opportunities. I've done things I'd never have dreamed of. As regards the bad stuff, I try to just get on with it. **Whose idea was it to get married in Vegas?** We were always going to, there was no big gesture. Remember I proposed to Katie within a fortnight of meeting her – and incredibly, she said yes! It was the best day of my life. I'm a very lucky bloke. **Are you as rich as we think?** How rich do you think I am? **Quite?** I'm comfortable, yeah. I can buy nice things, nice clothes, nice gifts. But I'm richer in a more important way. My life's full of great people who I love dearly. **What's the most extravagant thing you've bought?** I ain't telling you that. It was for Katie's birthday, that's all I'm saying!

Go on... [Blushing] I daren't! **Erm, was it rude?** Next question! **OK. Does Roxanne (Reid's cross-dressing alter-ego) get "retired" in the build up to a fight?** No, Roxanne's always there, even during a fight. In fact, she comes in quite handy! If someone's on top of me and she gives them a great big kiss, it's amazing how quickly they get off me! **Are you still pursuing a career in Hollywood?** Yeah, the last film [Killer Bitch] was a big mistake, but I can see myself doing more stuff. I'm not bad at it, but all I can think about at the moment is the fight with Tom Watson! **What's the best thing about being you?** I have opportunity, I have wealth (not just in financial terms), I have a laugh every day. And I get to be with Katie! **Cheers, Alex! Tell us something about yourself that'd surprise our readers.** I studied at the Guildford School of Acting? I'm the youngest of six? I dunno, I'm just me. I spend so much time in the papers, I'd be pretty surprised if I had any secrets left! ■

Alex Reid takes on Tom Watson at BAMMA 4 for the Middleweight title on Saturday 25 September at Birmingham's NIA. The fight will air live on Bravo. Tickets for the event are available at www.theticketfactory.com.

ALEX REID



Insisting he'd been pushed, Dumpty hired security

IN THE OCTAGON!

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**BURY
& ROBERTS**
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Ah, so it turns out this is where he's been hiding for all these years. You'd think Adolf would still want to keep a pretty low profile, wouldn't you? Idiot!

**BRUCE AND STIFF
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Some people are just born with the right name for the job – for Mr Stiff, it was either team up with Mr Bruce or go into porn!

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DEAD STUPID!

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FUNERAL CHAPEL**

Look, if your name's Assman, just don't put it on the sign! Just "funeral chapel" will do, you stupid ass... er... man! ■

ASSMAN'S
FUNERAL CHAPEL

WHEELERS

Hang on a second! Weddings and funerals on the same day? We knew married life was meant to be hard, but surely things haven't got that bad!

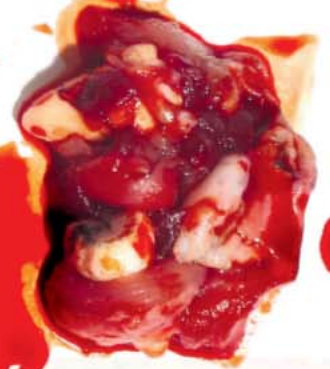
• Weddings
• Funerals
• Same day

Wheeler

REAL-LIFE FEATURE

SHOT IN THE FACE BY THE TALIBAN!

Nuts meets hero sniper Lance Corporal Luke Reeson, who was ambushed in Afghanistan



TALIBAN AMBUSH!

Lance Corporal Reeson was back on the front line within three weeks

THE DAMAGE!

BULLET EXITS THROUGH CHEEK, TAKING BONE AND GUM WITH IT

BULLET ENTERS HEAD HERE, UNDER THE CHIN

Unknown to him, Lance Corporal Luke Reeson was in the sights of a Taliban sniper's rifle. The insurgent carried out the same minute adjustments as his British counterpart would have done – checked for crosswinds, compensated for range and trajectory, gently increased his pressure on the trigger and fired.

The bullet left the Afghan fighter's barrel at a speed of 320 metres per second and scorched over the dusty terrain to reach its target in less than half a second.

Thankfully for Reeson, the round slammed into the dirt at his feet, but his brush with the bullet was far from over, and it ricocheted vertically, on course with the 22-year-old's face.

Luke's Afghan battleground is Nad-e-Ali, in Helmand Province. "I'm a sniper pair commander, which means I'm attached to a platoon and we go out on patrol every day. It's fairly dangerous because we're always at the front, but we go into the villages and work with the locals, it's just what I'm trained to do. Being in contact is part of the job, and

while I've been under fire many times and have come close to being killed, you don't think about it – until afterwards, then it can shake you up a little bit."

SNIPER ATTACK

"We'd gone out early as usual on this particular May day," Reeson, who's with the Duke of Lancaster's Regiment, recalls. "The sun's fierce as the day goes on, so we left Forward Operating Base Shawqat just after breakfast and were out patrolling a compound by eight."

The platoon of British soldiers advanced upon the compound with typical caution, and Reeson was "moving from A to B when the first enemy shot rang out". As he flicked his head towards the tell-tale crack of the bullet, it punched through his jaw before slicing clean through his cheek.

"I didn't know what had happened," Reeson explains. "I fell over and dropped my weapon, but I just thought a bit of mud had splashed up and hit me. No way did I think I was on the deck with a gunshot wound."

Dropped by the impact, Reeson spat blood along with fragments of bone and bullet and shouted for help from his platoon. But all hell had let loose and they had problems of their own.

BLOOD AND BONE

"The shot that hit me was just the first of many, and we could see it was coming from another compound. Everyone was taking cover. We weren't in a position to get rounds down ourselves."

Exposed, with volleys of fire raining down around them, the order was given for the platoon to pull out and return to base.

Reeson was in relatively good shape – considering he'd just been shot in the face. "I think my body armour might have saved me as it deflected the bullet before it hit me in the jaw. I only had what looked like a minor wound, so I made the decision to get out of there on my own two feet. My face was feeling numb but everything else seemed OK."

Although Reeson's jaw had slowed the bullet down, it was nevertheless shattered, and so,

with blood pouring from his wounds and his jaw hanging at a grotesque angle, he toughed it out and yomped the three kilometres back to his base, where he received treatment before being taken to a military hospital at Camp Bastion for 24 hours. He was then flown back to the military ward at Selly Oak Hospital in Birmingham.

Just three weeks later, Reeson rejoined his comrades. "It was a little nerve-wracking when I first went back out," he explains, "but I quickly got used to it. It's what I'm trained to do." ■

To find out how you can help service personnel on the front line go to www.afghanheroes.org.uk



BACK IN ACTION!

BOOBY BLONDES

SOPHIE READE PRESENTS...

BLONDE

& BOOBY!

The big-busted beauty wants you to meet her friends!



There's been a bit of a brunette overload in *Nuts* in recent weeks, and our blonde babes were starting to get a bit jealous of all the attention their brown-haired chums were getting. So, to stop them rioting, we've given them 12 pages of their own, and started things off with their ringleader, Sophie Reade. Take it away, Sophie! ➡





SOPHIE READE!

Hi Sophie! Thanks for fronting our Blonde & Booby feature! Why is it that blonde ladies are so great? We stand out more. All my friends are blonde – I don't have a single brunette friend! If I was to adopt a brunette as a friend, it would be Sophie Howard. We're both called Sophie and we both have massive boobs. We're a perfect fit!

Your boobs are magnificent. Have you ever thought about getting them insured? I'm planning on having another boob job at Christmas, so I'll probably have them insured then because they might pop the first time I get on a plane! Ha-ha! I reckon they'd be worth about £100,000 each.

Which boob is your favourite? I think my left one. It's not the bigger of the two but it's a bit rounder and perkier. My right one's alright too, though!

Which one do you like best? We like both of them!

How many times a week do you fondle them? I do it all the time! If I'm watching telly, I'll have a fondle. It's comforting!

Speaking of getting on planes, we hear you might be moving to LA. Tell us it's not true! Yeah, I think I'm going there for six months next year. But don't worry, I'll still be popping back to see you.

You'd better! What does LA have that we don't? I'll get to live in a house with lots of beautiful girls. Everyone will be stunning, walking around half-naked. I'll feel like I've died and gone to heaven!

You could hook up with Simon Cowell and compare boob sizes! Ha-ha! It's nice to see a man with a decent pair of boobs. His are better than mine! He should do a *Nuts* shoot in his high-waisted trousers, with his boobs out!

INTERVIEWS BY: RICH JENKINS PHOTOS: ZOE MCCONNELL STYLING: KAREN WILLIAMS HAIR & MAKE-UP: LISA HARRIS, ROSIE RAPHAEL CLOTHES: THANKS TO PRIMARK

If you were a WAG and your partner played away, what would you do? I'd probably just get one back on him and sleep with someone myself. Then we'd be even. I don't know why footballers are doing this so much lately.

Do you get wary when footballers chat you up? I do but you can't tar them all with the same brush. I've met some players who are really nice. **If you had a special gadget to create your perfect man, what would he be like?** Ooh, that's a tough one. He'd have the face of Johnny Knoxville from *Jackass*, because he's beautiful. Cristiano Ronaldo's body. Simon Cowell's man-boobs, so I could have a good old squeeze! Oh, and he'd have the arms of Travis McCoy out of *Gym Class Heroes*. I really like his tattoos.

What's the best way to win you over? Take me out, get me a beer and make me laugh. A beer and a laugh are the two best things in the world!

What was the last thing you saw that was so funny, you nearly wet yourself? Ha-ha! I watched Michael McIntyre on the telly. I love how posh he is. I went to see him live last year and I laughed so much, I was nearly crying!

What did you make of the final series of *Big Brother*?

I thought it was really good. I liked that Sam Pepper. He's exactly the kind of guy I like.

What's the most pointless fact you know? All girls have one boob bigger than the other. As my surgeon told me, "They're sisters, not twins!"

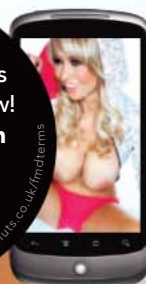
Thanks for the chat, Sophie!

But before you go, tell us something about you that we don't know. I like to sleep naked. I prefer to be free. I have my own flat now, so I'm able to walk around in the buff. I have these big windows, though, so I'm sure my neighbours can see me walking around with no clothes on! They're welcome to come around and have a naked party with me. And so are all of you at *Nuts*! ➡



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SAM FAÏERS!

Hi Sam! You have an unusual name. How is it pronounced?

It's supposed to be pronounced "fairs" but most people seem to get it wrong!

What was it like shooting with Sophie? It was amazing!

Except her boobs are really huge, so mine looked small in comparison. Me, Staci and Rosie all had similar-sized boobs, then Stacey and Sophie had these enormous ones, so there was a good mix.

How would you describe yourself to the readers? I'm a party animal! I'm always out with my friends socialising – although I like spending time at home with my family, too. I'm also quite funny and kind.

You must get guys trying their luck with you all the time. What kind of blokes do you go for? I don't really have a type in looks, but they have to have swagger. I like guys who are attractive and funny, and have a bit of get-up-and-go.

If you weren't a model, what would you be? Probably a gymnast. I used to train with the Great Britain Olympic squad but I broke my arm three times, so I had to quit. I'm still very flexible, though. It helps in the bedroom!

Crikey! What other sports do you like? My sport is dancing in nightclubs! If I see someone I want to impress, I'll do some sexy dancing with one of my friends. I'll really tease him and make him wish it was him grinding up against me!

Finally, what's a good thing to do with you in bed? And what's a bad thing? A good thing is to take a lot of time in pleasuring me. A bad thing is to be selfish. I've had that in the past and they didn't get to see me again. Their loss! ➔





**"I'M VERY
FLEXIBLE.
IT HELPS
IN THE
BEDROOM!"**

BOOBY BLONDES



STACI NOBLETT!

Hi Staci! Why are big boobs and blonde hair such a great combo? Big boobs are just the best things ever! Plus blondes are more fun, outgoing and funny. It's just the best combination there is!

If you could choose one lady for a night of passion, who would you go for? I'd have two! Megan Fox and Jessica Alba. Jessica Alba is sweet and innocent and dead cute and gorgeous. But Megan Fox is dirtier and sexier-looking.

So are you a good girl or a bad girl? Both – it depends on what mood you get me in!

If you weren't a model, what would you do? Before I started modelling, I studied Business Law at the University of Central Lancashire. So I'd be going down that route.

So you're intelligent and sexy! Are you a good cook, too?

I like to think so! Some people might disagree but at least I haven't poisoned anyone yet!

So what would your *Come Dine With Me* menu be?

I'd do a Thai-themed night. My uncle's going out with a Thai lady and she's taught me how to cook loads of Thai food. So I'd start with spring rolls, then do a chicken curry. And we'd have cheesecake for dessert. You can't go wrong with cheesecake!

What do you wear to bed?

I have to sleep naked. My room is a million degrees in the summer, so I can't possibly sleep with anything on!

Tough guys or pretty boys?

As long as they're nice to me, I don't care about looks.

Finally, what's your karaoke song of choice? I'd have to kill something like a Whitney Houston or a Mariah Carey song. I have big enough lungs, so I don't see why not! ➔





ROSIE WHITEMAN!

Hi Rosie! Are blondes better than brunettes?

Oh God, blondes are so much sexier than brunettes! We have loads more fun and we're bubblier. We just have the X-factor!

Are you a natural blonde? Of course! Ha-ha! I'm not really, but I have more fun being a blonde, so I'm sticking with it, if that's OK with you boys?

Absolutely! Who was the sexiest girl on this shoot?

Sophie Reade. She's hot! I love her sexy boobs. I couldn't stop touching them all day!

Do you ever play with your own boobs? All day, every day! I love looking after them. I moisturise them every day, so they're nice and smooth. Blokes just seem to stare at them whenever I go out!

What's the best chat-up line you've ever heard? I hate chat-up lines – they're so sleazy!

I prefer to get my drinks bought for me. Mine's a double vodka and cranberry, please!

What's your best party trick?

I can get my legs behind my head, which can come in very handy! I'm not saying any more – it's too rude for *Nuts*!

Which do you prefer – footy or rugby? Football all the way!

The sexier men play football – I could look at David Beckham all day. It's a travesty that he isn't going to play for England again. We girls have nothing to look at now. Naughty Fabio!

Do you think Capello should quit as manager? Yeah. He's disgusting! He looks like a *Thunderbirds* puppet! If I had my way, Jose Mourinho would be manager. He's much fitter.

Finally, who's your favourite blonde of all time? Christina Aguilera. She's so amazingly fit. I'd love to dress up in the outfit she wore in *Moulin Rouge*. I reckon I'd get quite a lot of attention in that! ➔

"BLONDES
ARE SO MUCH
SEXYER
THAN
BRUNETTES!"



STACEY MASSEY!

Hi Stacey! Why are blondes so sexy? We have way more fun!

There should be more blondes in *Nuts*. Brunettes are taking over, so we're bringing back the blonde power!

Who's the fittest blonde ever? Scarlett Johansson. She has big boobies and those sexy lips. She's definitely hot!

Staying with boobs, how often do you fondle yours? All the time! They seem to be getting bigger. Let's just say I get through a lot of moisturiser!

What do you think of Simon Cowell's moobs? Oh my God! He needs to sort them out. How can he be so horrible to people when he looks like that? But Emma Glover loves him. She wants him to marry her!

What's the easiest way to win you over? I don't like meeting guys in clubs. I prefer to be introduced through a friend. I like guys who can make me laugh – but looks help as well.

What's the best chat-up line that's been used on you?

I don't really get chatted up. Nobody ever comes to speak to me! But all they'd really have to do is come over, say hello and be really funny.

What makes you laugh? I love geeky men! Someone who'll mess around with me and have a joke. I like blokes who don't care what other people think of them, because I don't care what people think of me.

If you were a WAG and your partner played away, how would you punish him? I'd put him on a sex ban! I'd make him grovel and wait. He'd have to start dating me again to prove his love for me!

Finally, when was the last time you had something with batteries in your hand?

Ha-ha! I held something with batteries this morning. It was an electric toothbrush! ■



MY
BOOBS
SEEM TO BE
GETTING
BIGGER

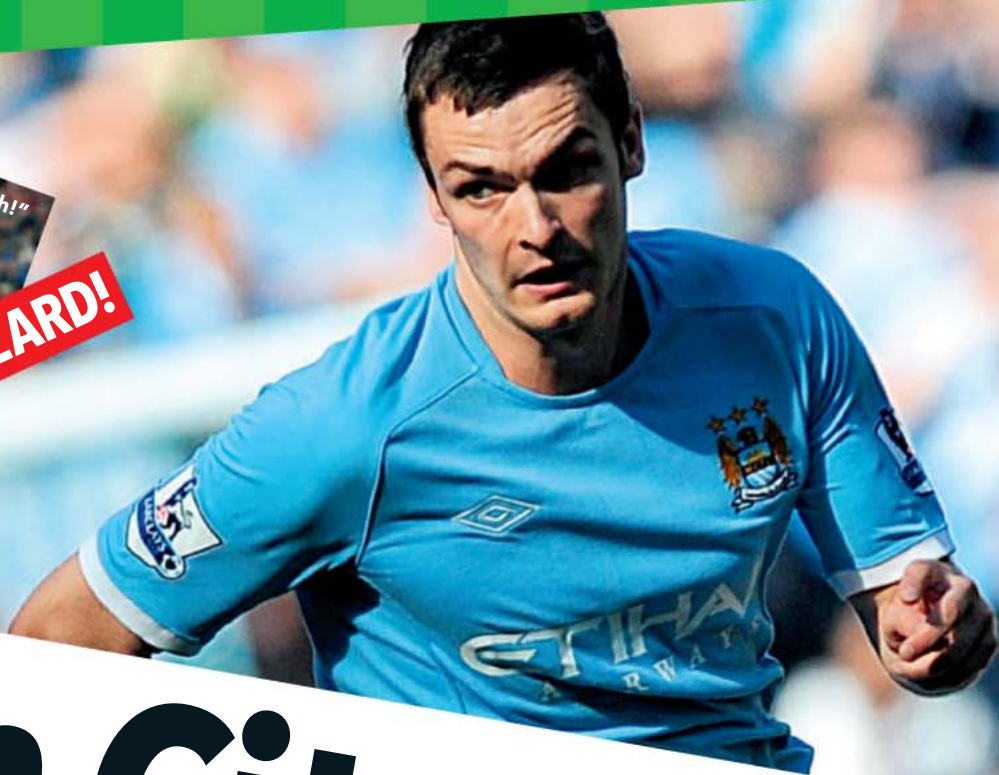
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Nuts SPORT

THE PAGE THAT ALWAYS SPENDS BIG!



Man City vs Che

Adam Johnson and Didier Drogba talk ahead of the huge clash!

Johnson: "We can win the Prem!"

Hi Adam! How does it feel to be England's saviour? Ha-ha! I don't get caught up in all that talk! If you do well, people are always going to go a bit overboard. That's football. The key for me is to stay grounded and just keep playing. I haven't achieved anything yet! But you must be delighted with how things are working out for you? It's been incredible, really! I started last season playing in the Championship at Middlesbrough – it seems like a lifetime ago – but now I'm in the Premier League and in and around the England squad. It's been an amazing transformation, something I never could have dreamed of. How upset were you to be left out of the World Cup squad? I was pretty devastated when

I heard. I'd been in decent form and thought I had a good chance to go to South Africa, so to get the news was a blow. But after a few days, I realised there was no point feeling sorry for myself. I had to tell myself to keep going. I'm only starting out in my career and knew it was up to me to push my case after the World Cup. And you've certainly done that! Do you now see yourself as a "banker" for Fabio Capello? Who knows? There's a clean slate now and loads of players are hoping to make the manager's life difficult! My first job is to get into the starting line-up for every game because I've been a sub a few times. That said, I've got confidence in my ability so... ...you can help England win the Euros? That's the aim!

Six Man City players featured for England against Switzerland. Not bad, eh? It's great to have that English backbone. When we signed these new players, there was probably a thought that we'd become a foreign legion but it shows that we've got some good home-grown players who are good enough to play for their country. It's exciting times for us! Can you nab the Premier League this season? I'm ambitious – we all are at City – so we want to win something or at least get into the Champions League. And yeah, of course we're going for the title. It won't happen overnight but I think people can already see we're a force to be reckoned with. We have the players, the manager and the fans. We just have to turn all of that into trophies!





Chelsea **special!**

Drogba: "I'm better than ever!"

Hi Didier! Chelsea are on fire at the moment. You must be hot favourites to retain your Premier League title! People will see the goals we've scored this season and think what we're doing is easy – but it's not, I promise! We've started well, yes, but this is the toughest league in the world. We know there's very much hard work ahead.

What happened to "boring, boring Chelsea"? We've always entertained, this I truly believe. You can't have such attacking players without giving the fans value for money! But I think now we have a system that allows us to be dominant when we go forward. The manager is tactical, yes, but this doesn't mean he's always defensive.

What about you? At 32, you're hitting the veteran stage for a striker. Can you keep going at this level much longer? This is only a number and doesn't mean anything in my head. I feel as fit and as fast as ever – I honestly think I'm a better player now than when I first came to England. I'm more experienced, more calm and more happy. I feel I belong at Chelsea and that my team-mates appreciate me. This is important for me as a person.

You seem to have won over your critics in recent times. Do you think English supporters understand you a bit better? I'm honoured that Chelsea fans value me. When I do retire, I hope I'll be remembered as one of the top players to have played here – being a part of the club's history is fantastic. As for outside the club, I hope I'm just judged on my football. This is enough for me.

What's so special about this Chelsea side? Look around the dressing room and all you see are winners. The boys have the mentality that winning is everything – there's no room for losing in our dressing room.

Are Man City a threat to your Premier League crown? They've brought a strong squad together, so yeah, they'll be dangerous, for sure. A lot will depend on how all these different players come together over a long season. But I think Chelsea are in a truly special place right now. We know how to win the top trophies, so we'll try to win every competition we're in this season.

Finally, Premier League or Champions League? You decide! I can't decide. We want both! I've won many things domestically and wish to do so again, but obviously I have to consider the Champions League as something special. It's a driving ambition to lift that trophy one day!

Man City vs Chelsea

Sat 25 Sept, 12.45pm, Sky Sports 2/HD

KAMMY!

ONLY IN
Nuts!



He's footy's funniest pundit – and he's only in *Nuts*!

"I'm the only topless
dancer around here!"



Hatton is haunted by those hammerings!

I'm a close mate of Ricky Hatton, so I can comment with some confidence about exactly what's happening there. On the surface, Ricky seems a happy-go-lucky kind of bloke but underneath he's been hurting. The manner of his defeats to Floyd Mayweather Jr

"Ricky's a hero and felt he'd let his fans down"

and Manny Pacquiao have been eating him up. OK, he put on a brave face, but having received a real battering in both fights, it affected him quite badly – and not in a physical sense.

He's such a hero to his fans, he felt like he'd let them down. The whole of Britain was watching and thousands of supporters spent a lot of money travelling to Las Vegas to cheer him on. Ricky really took their sense of deflation to heart and he's just not been the same since.

If you're a fighter, I think you always have that competitive spirit, and when you hang up the gloves, there's a massive hole to fill. That syndrome can apply to many sportsmen. I'm very fortunate that I stayed in football after I quit playing – first as a coach and a manager, then all the TV stuff came along. But I see some of the old boys who feel that void. It's really difficult to come to terms with going from being everyone's hero to suddenly becoming a nobody.

Also, the real world's a tough place for a former pro who doesn't have the riches of a modern footballer. You're used to everything being laid on for you by a club or agent, and the next thing, you're on your own!

Ricky's fortunate because he has another career ahead as a promoter but he needs to come to terms with those defeats first. He texted me the other day to say he's getting treated for depression and is on the mend. Good luck, Ricky!

CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!

1 MAN CITY VS CHELSEA
25 SEPT, 12.45PM, SKY SP2

"I think Man City are still a long way off challenging the big boys. Chelsea will be up for this, so I fancy them to seal a comfortable away win."

KAMMY SAYS: **0-2**

2 NEWCASTLE VS STOKE CITY
26 SEPT, 4.10PM, SKY SP1

"Newcastle have the home advantage but Stoke are a well-organised outfit who won't be intimidated. I think I'm going to have to go for a score draw."

KAMMY SAYS: **1-1**

3 BOLTON VS MAN UNITED
26 SEPT, NOON, ESPN

"Having Gary Cahill missing because of suspension is a real blow for Bolton because I'm expecting United to go for the throat straight from the whistle!"

KAMMY SAYS: **0-2**

KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

BECKS IS BACK

It's great to see David Beckham back. Like most, I thought the Achilles injury had ended his career but, as usual, Becks proves people wrong!



UNBELIEVABLY BAD!



STILES SHAME

What a shame England World Cup winner Nobby Stiles has to sell his medal to raise some money for his family. The poor old fella deserves better!

It's a man's game, Arsene!

I see Arsene Wenger's been at it again, claiming his players are being targeted by over-physical opposition. I'm sorry but I can't agree. No one wants to see bad tackles but fans love the physical side of the game – a tussle can be as good as a decent pass – and Wenger seems to be advocating football becoming a non-contact sport! Remember last season when Arsenal took on Barca and put that philosophy into action? The Spaniards wiped the floor with them. Maybe they should've been more physical themselves!

"When are you going to fix my heating?"



DRAW KAMMY!

Nice work, Nick – a top effort! Keep them coming in, folks! Send your drawings to the usual address and a signed Nuts T-shirt could well be on its way to you!

Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to kammy@ipcmedia.com. The best one each week will be sent a signed Nuts T-shirt!



By Nick, Coventry

NUTS ABOUT **SPORT!**

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_bradley@ipcmedia.com

GAG OF THE WEEK!



► **BREAKING NEWS:** EA Sports has added four cheats into its Fifa 11 football game – Ashley Cole, John Terry, Peter Crouch and Wayne Rooney!



SPORT ALIKES!



Sontaran from Doctor Who



Wayne Rooney

CHOOSE
YOUR SIDE.



TUESDAYS 10PM ON

sky SPORTS HD

The new Action Man figure launched in Japan

Nuts EXCLUSIVE!

GSP: 'Koscheck's got a big mouth!'

Nuts squares up to the world's greatest fighter, Georges St-Pierre!

Hi GSP! How was it filming the new series of *The Ultimate Fighter*, what with your next opponent, Josh Koscheck, coaching the other team? It was great. Of course, Josh was being arrogant – he doesn't care about what he's saying. He has a big mouth! But the whole coaching experience was a lot of fun.

Will you give Britain's Dan Hardy another world title shot? It depends on the outcome of his next fight. If he wins, I think he'll have a chance to redeem himself and get another shot.

Is it true you got bullied at school? I had a lot of problems growing up. I don't hold a grudge against those people, though. By bullying me, they helped me reach where I am today! It made me stronger.

What's the strangest training technique you've heard of? I do gymnastics, which is a bit weird! The strangest thing about the UFC is when fans ask me to punch them as hard as I can so they can feel what it's like getting hit by a UFC fighter! I never do, though. I'd get sued!

How do you prepare for a fight?

I write down my opponent's strengths and what I can do to counter then with what I have. I did that in my last fight. I don't think the critics gave Dan Hardy enough credit. People thought I was going to walk through him easily, but he's a good fighter.

Will you ever fight Anderson Silva? He's not on my radar at the moment but I can beat him. I still have things to achieve at 170lb but one day, I might go up the weight to fight him.

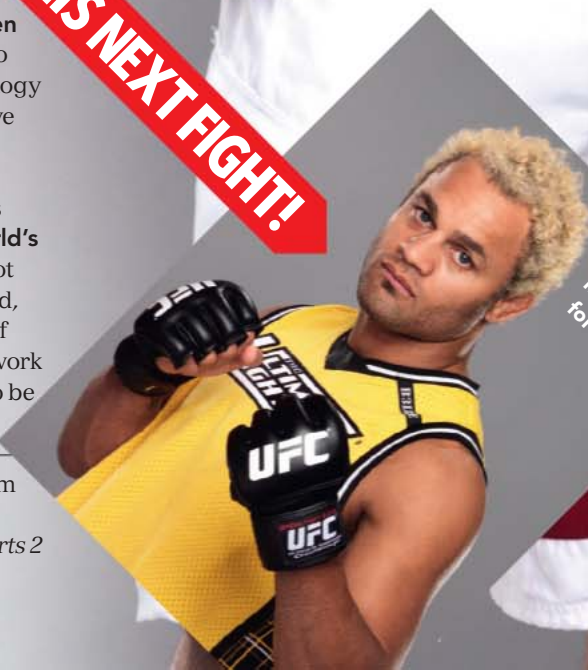
What do you plan to do when you retire? I might go back to university to study paleontology [the study of dinosaurs]. I love looking at that kind of stuff!

Finally, you recently won an award for "Most Dangerous Man 2010". Are you the world's hardest bloke? Ha-ha! I'm not sure! It's true that I work hard, but I also work smart. A lot of people work hard but don't work smart. It's more important to be smart when you're training.

Watch Ultimate Fighter: Team GSP vs Team Koscheck on Tuesdays at 10pm on Sky Sports 2



HIS NEXT FIGHT!



RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN
Nuts!

DOG VS LION!

"Now that's what
we call half-time
entertainment!"

**Gerrard's
big balls!**

"I tell you what,
Stevie, your
haemorrhoids
are getting
worse!"

**DIDIER
HURLS IT!**

"Oi, Nuts
reader!
Catch!"

**CHEEKY
BOY!**

**VIDIC:
POLITE!**

GET A GRIP, MAN!

YOU YANKER!

"If I squeeze
them hard
enough,
they honk!"

"Wayne asked
me to pass on
a message!"

"Who's the
daddy? Who's
the daddy?"

"Ooh! What
moisturiser
do you use?"

MAN-LOVE CORNER!

GET ON TOP!

"I believe this is called the reverse cowboy"



"Lube, man, lube!"

"My wife's in the crowd!"



TAKE THAT!

SLAM IT!

IT'S RUDE TO POINT!

"Urgh! Dog poo!"

HOT LADY!

"Well, that's my Saturday night sorted"

SNIFFY!

"OK, who just let one go?"



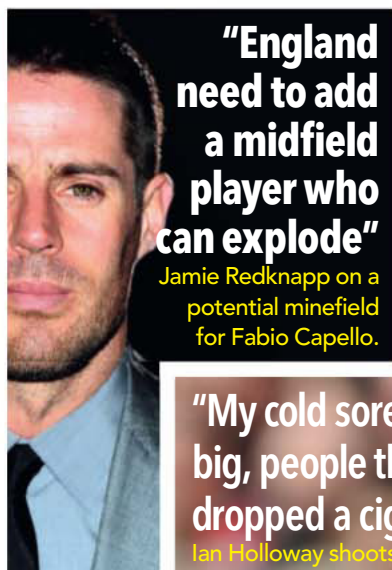
BLUE ARMY!



WHO ARE WE... BLUE ARMY!

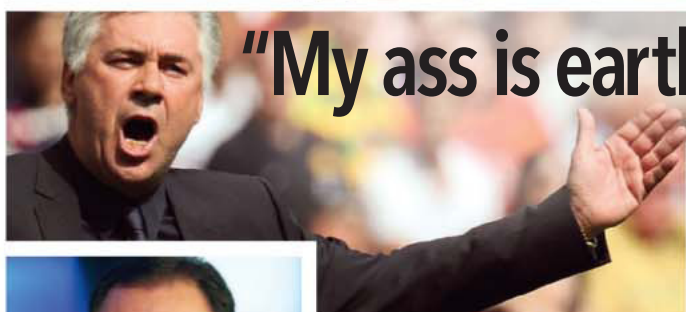
'QUOTE ME ON THAT!'

This week's biggest match debaters!

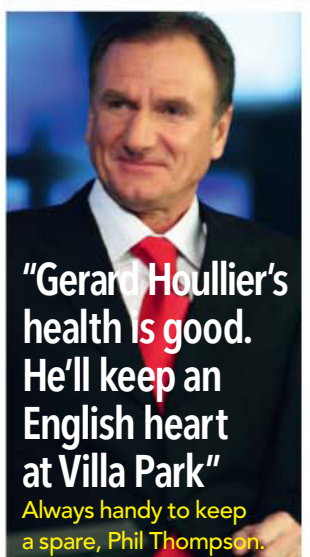


"Defoe was a little thing"

Fabio Capello is a bit harsh on the wee man.



The concrete-bottomed Carlo Ancelotti.



"Feeney's played for Oldham but he hasn't played any football"

Er, right. So exactly what has he been playing, Iain Dowie?



'OO-ER SOUNDS A BIT RUDE' CORNER!

"Me and Chris Kamara nearly ended up having it on the floor"

Mick McCarthy gets personal.

"The players sensed that I was nervous. Maybe they could smell it"

Gianfranco Zola creates a stink.

"I gave the girl a sniff and she got carried away"

Tennis player Elena Baltacha gets taken advantage of.



ONLY IN
Nuts!

ALL NEW
STORIES!

Nuts SPORT

Striker

By PETE NASH and SIMON RAVENHILL

striker3d.com



CONTINUED NEXT WEEK

Nuts REAL GIRLS

TEXT BY FIONA BROTHERTON

BEDROOM BABE!

Hollie 20, London, beauty therapist
"I'd really like to get frisky on a remote island, under the stars – because there's no chance of getting caught!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.





**"I'm a fully-
fledged
member
of the Mile-
High Club!"**



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NEXT BEDROOM BABE!**

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BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**



Jade

22, Hawick, student

"I'm a romantic, so a bubble bath, champagne and all-over massage is perfect for me!"

Gemma

19, Bristol, sales assistant

"I'd like to get my man tickets to see the footy, then send him sexy pics while he's there!"



Angel

21, Surrey, dance student

"If a man only had a fiver, he should put it on a fishing line and use it to play some tricks!"



Mellie

19, Cambridge, student

"If a man survived a night out with me and my friends, he'd have proved himself worthy!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

**ONLY IN
Nuts!**

REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

THIS WEEK:

Name: Laura Marie

Age: 21

Boobs: 32D. "I wish they were a bit perkier!"

Likes: "Feeling that spark with someone!"

Have you ever kissed a girl? "Yes – I like kissing girls and boys!"

Strangest place you've had sex? "On a hotel balcony!"

Sex tip: "Spank me as hard as you like!"

Laura Marie's lush guide to Palmers Green

The *Nuts* bus stops in London to meet another hottie!

Laura Marie on... her home!

"We're a long way out from central London, so there's not much to do here. I'm normally partying and sleeping on sofas somewhere more central!"

Laura Marie on... fitness!

"My fitness tip is lots of sex, dancing and swimming! Dancing's very sexual but sex is still the best exercise. And it's not boring, like most exercise!"

Laura Marie on... her boobs!

"My boobs are 32D. I'm a booby girl but I don't like big fake boobs. I think a nice handful is far more flattering. I don't get many compliments!"

HELLO!

Laura Marie on... sleeping!

"Sometimes I work late, so I sleep most of the day. Other times I work early so I'm in bed early. My sleeping pattern is a bit bananas, just like me!"

"My fitness tip? Lots of dancing and sex!"

Laura Marie on... bathing!

"I don't wash my hair every day so I usually put on a shower cap, jump in the bath and half an hour later, the job's done and I'm off out of the door!"

Laura Marie on... her pants!

"I love hotpants with fun pictures and bright colours. I've got a good selection of naughty underwear for when the occasion arises. Ha-ha!"

Laura Marie on... going out!

"I'm a big party girl so I'm happiest when I'm out hitting the nightclubs and bars in central London. I can stay in when I'm old. Ha-ha!"

Laura Marie on... drinking!

"Vodka and cranberry is my favourite drink. I've been told I get come-to-bed eyes when I drink! I'm not a massive drinker but I can't say no to a Pimm's!"

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TO OUR SECRETARY!



CONFESSION OF THE WEEK!

'I gave my boobs a little tweak'

My fella and I were bored one weekend, so we went for a drive in the countryside. As there weren't many cars around, I thought I'd brighten up the journey. I turned towards my fella and lifted my top, then pulled down my bra straps, exposing my breasts. I gave my nipples a tweak, before wriggling out of my jeans and thong, exposing my lower region. That was all my man could take – he pulled into the nearest layby, flipped me over the passenger seat and took me from behind. We went at it hard and fast until I was screaming in ecstasy. The countryside wasn't so quiet any more!

Linda, Telford

'He kissed me passionately'

My bloke and I hadn't been out for a while, so we went to a club with some friends. After a few drinks, we got on the dancefloor and started bumping and grinding

against each other. We were getting so into it that our friends were laughing at us, but we didn't care. He danced behind me and I could feel his hardness against my bum, so I reached around and grabbed it, which turned him on big time. He spun me around and kissed me passionately, his

hand sliding between my legs and massaging my bits. I couldn't contain myself any more, so I led him into the men's toilets, pulled down my knickers and bent over for him. He took me really hard and fast, which felt amazing – but what turned me on the most was the fact that the blokes outside could hear my moans and groans! I was left exhausted and throbbing down below for the rest of the night, but it was certainly worth it. Now, we've decided we need to go clubbing more often!

Carolyn, London

'We got straight down to it'

I was browsing Facebook recently when I happened upon a guy who used to be my f**k buddy. He still looked fit and it turned out he lived in the same town as me. So one night, when I was feeling horny, I sent him a message asking if he fancied a bunk-up. He got back to me straightaway, giving me a time and his address. As soon as I arrived, we got down to it and the sex was even better than I remembered. Afterwards, he asked me out and we've been happily dating for a few months!

Marie, Leeds

'I was naked under my towel'

I'd just split up with my boyfriend, so my friends invited me to their holiday apartment in Spain for

a few days. The pool area was communal and there was a little shower room beside it. One day, I spotted a hot guy sitting on a sun lounger. He had a really fit body and I could tell that he had a big package. Something stirred inside me, so I decided to try my luck. When he got up to take a shower, I followed him in. I wrapped a towel around my lower half and walked topless from my sun lounger. I knocked on the shower door and asked him to let me in. The door opened and he stood there naked, water dripping off his toned body. When he saw that I was topless, a grin spread across his face and he said he'd hoped I'd follow. As soon as I stepped through the door, I dropped my towel, revealing a naked lower half. I could see that he was growing harder by the second and that made me really horny. He turned on the shower and pulled me under the hot water. As it hit my body, I tingled all over and wanted him right there and then. I got down on my knees and took him deep into my mouth, while sliding my fingers between my legs. I soon forgot about my ex-boyfriend and extended my holiday by a further week so that my new man and I could continue our fun.

Ruth, Bedford

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on p72. The best one each week* wins £50! Come on, girls!

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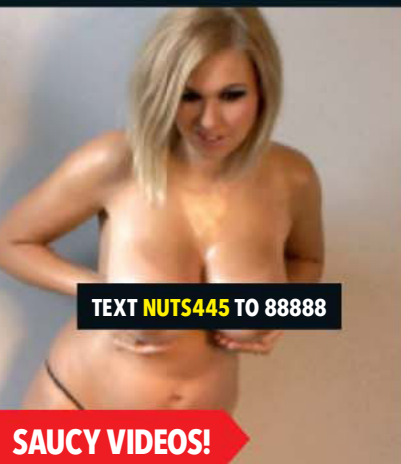
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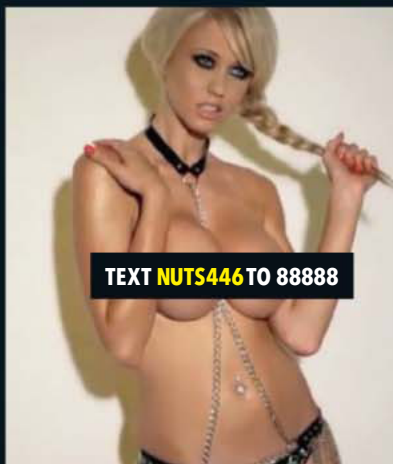
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PPA CONSUMER MEDIA BRAND OF THE YEAR 2009

Nuts

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BACK ISSUES For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356

BABES OF MYNUTS!

The hottest ladies from our website

**ONLY IN
Nuts!**



"Nothing more than a tiny pair of pants!"



"I stealth-bum all the time! You could be next!"

THIS WEEK:

Janine

19, from Glasgow

Your three wishes? "To live abroad somewhere nice and hot, to be famous, and to be in *Nuts*, of course!"

Favourite tippie? "Malibu and lemonade!"

Favourite music? "Anything I can dance to, really."

Favourite film? "*The Little Mermaid*. Sorry!"

Favourite place? "Cozumel in Mexico – my best holiday ever!"

Likes? "Dancing, lots of shopping, pillow fights and big, soapy bubble baths!"

Dislikes? "Snow and being cold!"

Superpower you'd like to have?

"Definitely invisibility!"

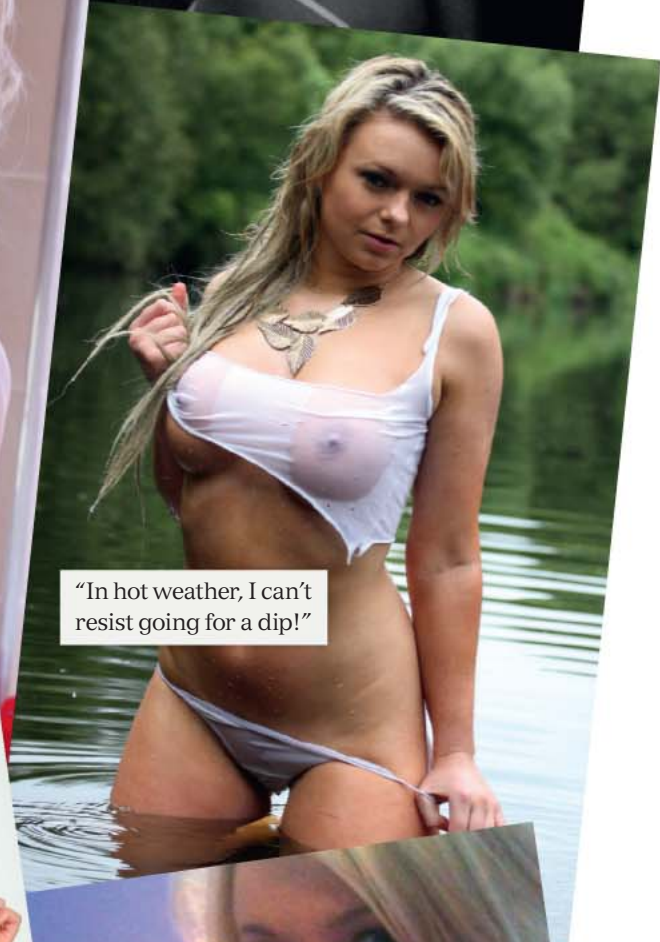
What else? "I do gymnastics to make me more flexible, which comes in pretty handy – although I do tend to get myself in some questionable positions!"



"I love bathtime! Loads of hot, soapy bubbles!"



"You should always wear something revealing for bedtime!"



"In hot weather, I can't resist going for a dip!"



"This is me being cute and blowing you a cheeky little kiss!"

To see more of Janine, visit www.nuts.co.uk/mynuts/JanineClark

Nuts FASHION

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10 fresh trainers

LACOSTE

ALBANY £45

Perfect everyday shoe, can be worn with anything.



NIKE AIR
MAX 90 £90

This iconic trainer from the '90s is always in fashion.



NIKE AIR

ROYAL MID £80

Release your inner Marty McFly with these high-tops.



ADIDAS
SUPERSTAR II £60

This old-school terrace classic is a wardrobe essential.



PUMA MID
VULC £50

These'll last the distance with their vulcanised soles.



**VANS
AUTHENTIC £38**

This skate shoe will put you in good stead when skating those half-pipes or bowls.



**K-SWISS KS
TEAM £70**

These are a phat pair of trainers for skaters out there.



**ORIGINAL
PENGUIN CLYDE £85**

Everyone should have a pair of white high-tops, they always look good.



**DUNLOP GREEN
FLASH 1987 £33**

These tennis trainers are making their way back onto the streets.



**ADIDAS
CAMPUS 80 HI £65**

Cracking '80s style making yet another comeback.



STOCKISTS: ADIDAS: WWW.SHOP.ADIDAS.COM. DUNLOP: WWW.DUNLOPDIRECT.COM. K-SWISS: WWW.KSWISS.CO.UK. LACOSTE: WWW.USC.CO.UK. NIKE: WWW.CROOKEDTONGUES.COM. ORIGINAL PENGUIN: WWW.ORIGINALPENGUIN.EU. PUMA: WWW.PUMA.COM. VANS: WWW.SCHUH.CO.UK.

TOP 5 SKIN SORTERS

**CLINIQUE SKIN
SUPPLIES FOR MEN
CLEAR BLEMISH
GEL £12**

Smooth this over zits once or twice a day to knock them out in no time.

Stockist: clinique.co.uk



**GARNIER PURE
ACTIVE EXFO-
BRUSER WASH £7.50**

Slough off dead skin daily with this weird-looking spiky head to reveal a brighter, smoother you underneath.

Stockist: nationwide



**EUCERIN
DERMOPURIFYER
GEL £9**

This non-greasy moisturiser helps fight zits and blemishes all in one go.

Stockist: boots.co.uk



**LAB SERIES
OIL CONTROL
TOWELETTES £19**

Wipe away shiny, greasy skin in one easy swipe with these oil-busting wipes.

Stockist: labseriesformen.co.uk



**TWEEZERMAN
POINT TWEEZER £20**

Ingrown hairs are blighters to remove. Not any more with this scary but super-effective tool.

Stockist: 0845 262 1731



Nuts REVIEWS

GAMES!



DR2's prequel Case Zero is the fastest-selling Xbox Live game of all time

DEAD RISING 2 PS3, XBOX 360, PC



Brilliant zombie-killing sequel that transfers the action from a shopping mall to a Vegas-like city but still features thousands

of shambling undead and hundreds of gleefully inventive ways to dispatch them. New to this edition are co-op play, online match-ups and a brilliant weapons workshop – kayak paddle with chainsaws taped to each end, anyone? ★★★★★



F1 2010 PS3, XBOX 360, PC



A brilliant racing sim. All the official drivers, teams and sponsors are here, as are the 19 tracks. It's not too easy, not too hard! ★★★★★



GRAVITRON 360 XBOX LIVE ARCADE



Great arcade gem that's worth a go. A retro-influenced, side-scrolling shooter bathed in neon hues and boasting 70 levels of challenging and frustrating action. And it's just 64p! ★★★★★

APPS!



AROUND ME IPHONE, ITOUCH, IPAD



A genius free app that locates your whereabouts and tells you where your nearest amenities are, including cashpoints, petrol stations or pubs! ★★★★★

IFART ALERT

IPHONE, ITOUCH, IPAD



From the name of this app alone, we think you get the gist. What can be funnier than a super-loud fart? Nothing! Get loads of them with this! ★★★★★

DVDS/BLU-RAY!



Christian Bale was considered for the lead before Russell Crowe got the part

ROBIN HOOD: EXTENDED DIRECTOR'S CUT CERT 12 DVD & BLU-RAY



Russell Crowe reunites with *Gladiator* director Ridley Scott for a hugely entertaining fights-in-tights reboot, as our hero

battles Norman invaders and the Sheriff of Nottingham. Also stars Cate Blanchett as Maid Marian and Mark Strong from *Kick-Ass*. With deleted scenes too, this is a must-have for fans of one of the year's most epic films! ★★★★★

REC 2 CERT 18 DVD & BLU-RAY



The bloodcurdling gore-fest follow-up sees a SWAT team up against flesh-chomping killers in an apartment block. Terrifying! ★★★★★

THE GHOST CERT 15 DVD & BLU-RAY



Ghostwriter Ewan McGregor takes on the memoirs of a former Brit PM and uncovers secrets that put his own life in danger. ★★★★★

CSI:NY-COMplete Season 6 CERT 15 DVD



All 23 season six episodes of the New York version of the crime drama, with Gary Sinise and his amazing forensic scientists. ★★★★★

MUSIC!



MANIC STREET PREACHERS POSTCARDS FROM A YOUNG MAN



Probably the album of the year, this sees the Manics on blistering form as guitars slash, cymbals crash and string sections get all big. Entirely ace! ★★★★★

FAT JOE THE DARKSIDE



He's not that fat now, but he can call upon the likes of Li'l Wayne, R Kelly and Young Jeezy, plus an all-star cast of producers, for a solid, very swearsy, set. ★★★★★

The latest action-packed releases!

Ratings: ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



The film is based on Chuck Hogan's best-selling novel *Prince Of Thieves*

THE TOWN CERT 15

Awesome Boston-set thriller about a gang of bank robbers, led by Ben Affleck and *Hurt Locker* dude Jeremy Renner, who pull off audacious heists dressed as nuns and cops. Hunted by a tenacious

FBI agent – played by Jon Hamm from *Mad Men* – it's nailbiting stuff! The stellar cast are joined by *Gossip Girl* hottie Blake Lively and tasty British babe Rebecca Hall. Epic Oscar-worthy stuff! ★★★★★



CONFUCIUS CERT 15

Historical movie epics about Far Eastern philosophers aren't usually our cup of tea. But this one, with Chow Yun-Fat, is decent! ★★★★★



FROZEN CERT 15

It's a life-or-death lottery when three skiers get stranded on a chairlift. A thriller that'll have you on the edge of your seat! ★★★

PLUS AN MTV GOODY BAG!

Nuts PROMOTION

Something huge is coming to MTV!

Take a look at this impressive package!

Win this!

To celebrate the massive new MTV series *The Hard Times Of RJ Berger*, Nuts has this awesome prize package to give away to one lucky reader!

GAME START HERE

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THE HARD TIMES OF RJ BERGER

* TERMS AND CONDITIONS APPLY. GO TO NUTS.CO.UK FOR FULL T&CS

Nuts TV

Seven days of brilliant telly for blokes!



6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes **10.00** Homes Under the Hammer (R) **11.00** Filthy Rotten Scoundrels **11.45** Cash in the Attic: *Funding a weekend in London*. (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

Topical tittle-tattle.

7.30 Animal 24/7

A young mongrel is given the hope of a better life. Did it buy a lottery ticket? (R)

8.00 EastEnders

Heather goes looking for a new place to live. If she's got any sense, it'll be nowhere near Albert Square.

8.30 QI

Gyles Brandreth appears, no doubt sporting a rubbish jumper.

9.00 New Tricks

A paedophile confesses to murder. Grim.

10.00 BBC News, Weather

10.35 Would I Lie to You?

Fibbing fun with Davina McCall, Dave Gorman and Omid Djalili. (R)

11.05 The National Lottery Draws

That young mongrel's big moment.

11.15 Cold Creek Manor

FILM Thriller starring Dennis Quaid and Sharon Stone.

1.10am Gears and Tears (R) **1.40** Who Do You Think You Are? (R) **2.40** Newman - Saint or Sinner? (R) **3.40** Britain's Empty Homes (R) **4.10-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Open Gardens (R) **12.00noon** Daily Politics **12.30pm** **LIVE** Snooker: *The World Open*. **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads **6.30** Climbing Great Buildings

7.00 Snooker

LIVE The final two World Open fifth-round matches in Glasgow.

8.00 Mastermind

Subjects include the life and works of Charles M Schulz, creator of baldy cartoon character Charlie Brown.

8.30 Gardeners' World

Tips on how to care for lawns. Quite literally like watching grass grow.

9.00 Dragons' Den: What Happened Next?

Duncan Bannatyne checks on the progress of his investments.

10.00 The Rob Brydon Show **MUST-SEE** With James Corden and Mark Ronson.

10.30 Newsnight

11.00 The Review Show

New chick-flick, *Eat Pray Love*. Avoid!

11.50 Later with Jools Holland

With Grinderman. Ace!

12.55am Snooker

SPORT Pocket-pounding in the World Open.

1.45-3.45am **SPORT** Snooker Extra

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover: *From somewhere in Kent*. **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Chicken-clucking claptrap.

7.30 Coronation Street

EastEnders, *Emmerdale*, this - they all just blend into one to us.

8.00 Cheetah Kingdom

Blessed relief in the from of the antics of some quick-footed cats.

8.30 Coronation Street

Aargh - it's back!

9.00 Paul O'Grady Live

With Kylie Minogue and Bob Hoskins.

10.00 ITV News, Weather

10.35 American Pie

FILM You've seen it before a few times but it's always worth another look. Plus it's about the only decent thing on ITV1 tonight.

12.20am The Zone

Shopping and interactive gaming.

2.25 **FILM** Dracula - Prince of Darkness: *Oldie Hammer horror chiller starring Christopher Lee and Barbara Shelley*. **3.55-5.30am** ITV Nightscreen

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm Bang Goes the Theory **BBC1 NORTHERN IRELAND: 1.10am** Sign Zone: Panorama **BBC1 WALES: 7.30pm** Bang Goes the Theory **BBC2 NORTHERN IRELAND: 9.00pm** **NEW** Dragons' Den: What Happened Next? **BBC2 WALES: 7.00pm** **LIVE** Scrum V **9.00** **SPORT** Sport Wales

9.30 Dragons' Den: What Happened Next? **STV: 8.00pm** Postcode Challenge **10.30** **SPORT** STV Sports Centre: Friday Night Football **11.30** STV News and Weather **11.35** Dating the Enemy **12.00m**t Brain Box **1.00am** **FILM** Ready When You Are, Mr McGill: *Comedy starring Tom Courtenay*. **2.35-5.30am**

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans **9.00** Football (HD) **10.00** Ringside **12.00noon** Football (HD) **1.00pm** The Rugby Club (HD) **2.00** Ringside **4.00** Premier League World **4.30** Football (HD) **5.30** Football League Weekend (HD) **6.30** Premier League Preview (HD) **7.00** Sky Sports News at Seven (HD) **7.30** **LIVE** Rugby League: *A Super-league qualifying semi-final*. (HD) **10.00** **LIVE** Boxing: *Tony Bellew vs Bob Ajisafe from London*. (HD) **11.30** Football League Weekend (HD) **12.30am** Rugby League (HD) **2.00** Boxing (HD) **3.30** Rugby League (HD) **5.00** Take It Like a Fan **5.30-6.00am** World Sport

sky SPORTS 2

6.00am Aerobics **6.30** Ocean Ride **7.00** WWE: Raw (HD) **9.00** ATP Tour Uncovered **9.30** The Rugby Club (HD) **10.30** Ocean Ride **11.00** ATP Tour Uncovered **11.30** **LIVE** Golf: *The Vivendi Cup*. (HD) **1.30pm** Premier League World **2.00** IAAF Athletix Weekly **2.30** **LIVE** Golf: *The Vivendi Cup*. (HD) **4.30** ATP Tour Uncovered **5.00** NFL: Total Access **6.00** **LIVE** Golf: *Day two of the Tour Championship in Atlanta, Georgia*. (HD) **11.00** Golf (HD) **12.30am** Golfing World **1.30** Tight Lines **2.30** European Tour Golf (HD) **4.00** Sportnation **4.30** NFL: Total Access **5.30-6.00am** Ocean Ride

ON DIGITAL, SATELITE

FILM4 (315)

6.30pm The Magnificent Seven: *Classic Western starring Yul Brynner*. **9.00** Run Fatboy Run: *Romantic comedy with Simon Pegg and Thandie Newton*. **10.55** Rushmore: *Comedy drama*. **12.40am** City of God: *Brazilian crime drama*. **3.20-3.30am** Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** **FILM** Anger Management: *Comedy starring Jack Nicholson*. **10.00** Lee Evans XL Tour **11.20** Comedy Central at the Comedy Store **11.50** South Park **1.50am** Grouchy

ESPN

7.00pm Goal! **7.30** **LIVE** German Football **9.30** French Rugby Union **11.15** UFC Unleashed **12.15am** UFC 119: Countdown **1.15** MMA Live **2.00** UFC **2.30** Poker **3.30** AFL **4.30-7.00am** **LIVE** Australian Rules Football

TV PICK OF THE WEEK!

TUESDAY!

The duo are back!

Harry & Paul, BBC2, 9.30pm

The two funny fellas are back for a third series of their ace show, with loads of new sketches and some old favourites.



6.10am The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.25** Frasier (R) **8.55** Friends (R) **9.25** Lakes on a Plate (R) **10.00** The Good Wife (R) **11.00** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** 3 Minute Wonder: Monkey Business (R) **12.10** **FILM** Mr Hobbs Takes a Vacation **2.20** Lakes on a Plate **2.55** Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

7.00 News

7.25 4thought.tv

7.30 The Playboy Murderer
Documentary about a US-based Briton, convicted killer Thanos Papalexis. (R)

8.00 Come Dine with Me

Four people in Hertfordshire sample each other's cooking - then slag it off.

9.00 Embarrassing Bodies: Back to the Clinic

A teenager with diabetes gets help.

10.00 8 Out of 10 Cats

MUST-SEE Brilliant list-based laughs with guests Sarah Millican and Jon Richardson.

10.50 The Inbetweeners

Simon tries to impress a girl.

11.25 Russell Brand: Scandalous

The mad-haired comedian's stand-up performance at the O2 in 2009. (R)

1.05am Scissor Sisters (R) **1.35** On Track (R) **1.50** Hung (R) **2.20** Lobster Club **2.25** Afterworld (R) **2.50** Top 20 **4.40** Age of Love (R) **5.25-6.10am** Countdown (R)

The Nightshift **ULSTER: 10.35pm** Swingtown **11.30** Countrywise **12.00m't** Brain Box **2.30am** **FILM** Dracula - Prince of Darkness **4.00-5.30am** ITV Nightscreen



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.45** Five News **12.50** House (R) **1.45** Neighbours **2.15** Home and Away **2.45** Meals in Moments **3.00** Animal Rescue Squad (R) **3.10** **FILM** Ordinary Miracles: Drama starring Jaclyn Smith and Lyndsy Fonseca. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 Chris Barrie's Massive Speed

The history of aerial combat. (R)

8.00 Eddie Stobart: Trucks and Trailers

NEW The daily workings of the big haulage company.

9.00 The Mentalist

Professional smugster Patrick Jane pursues a serial arsonist. (R)

10.00 Law & Order: Special Victims Unit

Two children are found alive in the back of a submerged van.

10.55 CSI: NY

One of the CSIs is shot. (R)

11.55 Cops in Crisis

PC Plod in peril. (R)

12.10am SuperCasino

Live interactive gaming.

4.05 House Doctor (R) **4.30** House Doctor (R) **4.55** Rough Guide to Bang for Your Buck (R) **5.10** The New Tomorrow (R) **5.35-6.00am** Wild Challenge (R)



6.00am Body Language Secrets (R)(HD) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** Lion Man (R) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** New Parent Nightmares (R)(HD) **12.00noon** Fat Families (R)(HD) **1.00pm** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** **SPORT** WWE Superstars **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Homer suffers the consequences of trying to copy a fire-eater. D'oh! (R)

7.30 The Simpsons

Loads of surveillance cameras are installed all over Springfield. (R)

8.00 The Middle

Brick gets bossed around. (R)(HD)

8.30 The Middle

Brick's teachers tell his parents he is socially challenged. Not exactly been Brick's night, has it? (R)(HD)

9.00 Must Be the Music

The six remaining acts compete in the final at Wembley Arena. (R)

10.15 Must Be the Music

Last in the series. (R)(HD)

11.00 Ross Kemp on Gangs

The actor investigates gypsy gangs in Bulgaria. For a laugh. (R)(HD)

12.00m't Football's Greatest

SPORT The career of Kenny Dalglish. (R)

12.30am Road Wars

Bother on the roads. (R)(HD)

1.25 Night Cops (R)(HD) **2.15** UK Border Force (R) **3.05** Oops TV (R) **3.30** The 4400 (R)(HD) **4.20** Crash Test Dummies (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

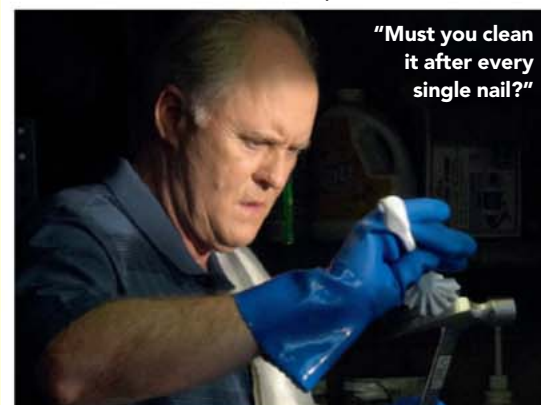
TODAY'S MUST-SEES



"Greetings! I come in peace!"

8 Out of 10 Cats Channel 4, 10pm

COMEDY Enjoy some laughs with Jimmy Carr and team captains Sean Lock and Jason Manford on the show based entirely on the opinion of the public. Here at *Nuts*, 100 per cent of us think this show is top notch! ★★★★★



"Must you clean it after every single nail?"

Dexter FX/HD, 10pm

DRAMA Debra's peeved when she gets shut out from her very own case and LaGuerta and Batista call it a day on their relationship. Meanwhile, man of the moment Dexter is having issues with Rita! ★★★★★



"No, we don't know anything by Justin Bieber!"

The Rob Brydon Show BBC2, 10pm

CHAT Professional Welsh fella and all-round funnyman Rob interviews the likes of Dizzee Rascal and James Corden, while Mark Ronson weighs in with some top tunes. ★★★★★

LLITE AND CABLE TV TONIGHT

Young Men **2.20** Scrubs **3.20** Two and a Half Men **4.15** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** The Real Hustle: Celebrity Scammers **8.30** EastEnders: Kat and Alfie's Return: *Avoid at all costs!* **9.30** The King Is Dead **10.00** EastEnders **10.30** EastEnders: Kat and Alfie's Return **11.30** Family Guy: *Peter claims Chris is dying.* **12.20am** Ideal **12.50** Him and Her **1.20** The King Is Dead **1.50** Are You Fitter Than a Pensioner? **2.50** The Real Hustle: Celebrity Scammers **3.20** Ideal: *Comedy.* **3.50** Him and Her **4.20-5.20am** Are You Fitter Than a Pensioner?

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** Rude Tube **10.00** **FILM** Predator: *Sci-fi thriller starring Arnold Schwarzenegger.*

12.10am Scrubs: *JD is outperformed by Elliot him.* **1.05** Rude Tube **2.05** Joan of Arcadia **4.20** Samantha Who? **4.40** The Hills **5.00-6.00am** Switched

DAVE (111)

7.00pm Dragons' Den **8.00** Top Gear: *The BMW 1 Series.* **9.00** Qi XL: *With Sean Lock, Rob Brydon and Ben Miller.* **10.00** Stephen Fry in America: *The actor visits New Mexico, Arizona and Nevada.* **12.40am** Qi XL: *With Sean Lock and Rob Brydon.* **1.40** Never Mind the Buzzcocks **2.45-3.00am** **SPORT** Radical Highs

MTV (350)

7.00pm My Life as Liz **8.00** Ibiza Rocks 2010: Florence and the Machine **9.00** MTV Presents Mark Ronson and The Business International **10.00** Behind the Music **11.00** World Stage **12.00m't** South Park **2.00am** The Dudesons in America **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Leverage **9.00** Star Trek: Enterprise **10.00** Supernatural **11.00** Star Trek: Enterprise **12.00m't** Roulette Nation **1.00am** Psychic Interactive **3.00am** Hustle **4.00-5.00am** My Wife and Kids

SYFY (129)

7.00pm A Town Called Eureka **8.00** Warehouse 13 **9.00** **FILM** Paradox: *Fantasy thriller.* **10.40** **FILM** The Day the Earth Stopped: *Drama starring C Thomas Howell.* **12.20am** Human Target **2.20** 3rd Rock from the Sun **2.50** Fact Checkers Unit **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS **10.00** **MUST-SEE** Dexter **11.10** Burn Notice: *Light-hearted drama.* **12.10am** Farscape **1.10** Babylon 5 **2.10** ReGenesis **3.10-4.10am** Water Rats

6am

7pm

1am

BBC ONE

6.00am Breakfast **10.00** Saturday Kitchen Live **11.35** Rachel Allen: Bake! (R) **12.00noon** BBC News, Regional News, Weather **12.15pm** **SPORT** Football Focus **1.00** **LIVE** Snooker: The first two World Open quarter-finals. **2.00** **LIVE** Formula 1: The Singapore Grand Prix - Qualifying: From the Marina Bay Street Circuit. Start-time 3pm. **4.30** **SPORT** Final Score: Round-up of results. **5.10** BBC News, Regional News, Weather **5.30** Walk on the Wild Side **6.00** All New Celebrity Total Wipeout

7.00 Merlin

Gaius is possessed by a goblin. That happened to us last week! Or maybe it just felt like it after a dodgy kebab we had.

7.45 The National Lottery: In It to Win It

NEW With orange-headed host Dale Winton.

8.35 Casualty

The opening of the Clinical Decisions Unit does not go smoothly. Ooh, the tension.

9.25 Michael McIntyre's Comedy Roadshow

MUST-SEE With Sarah Millican and Simon Evans.

10.10 BBC News, Weather

10.30 Match of the Day

SPORT Today's Premier League ball-booting antics, including Man City vs Chelsea.

11.50 The Football League Show

SPORT All the goals from today's lower league games.

1.15-6.00am BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **12.00noon** BBC Switch: Degraasi: The Next Generation **12.25pm** No Hats, No Trainers **12.50** Shelfstackers **1.15** Single, Together, Whatever (R) **1.50** **LIVE** Racing from Ascot **4.30** Labour Leadership Announcement **5.15** Flog It! Travels Around Britain: The nation's greatest poets. **5.30** Coast (R) **6.30** Dad's Army (R)

7.00 Snooker

LIVE Cue-pushing with the World Open quarter-finals at the snappily-named Scottish Exhibition and Conference Centre in Glasgow.

9.00 QI XL

Head-scratching questions, with Bill Bailey and Gyles Brandreth.

9.45 Mock the Week

Repeated, not-so-topical laughs, with Milton Jones and Kevin Bridges. (R)

10.15 The Rob Brydon Show

With James Corden and Mark Ronson. (R)

10.45 Top of the Pops 2: School Days

School-themed tunes, including songs by the Jackson 5 and Alice Cooper.

11.45 Snooker

SPORT Today's best green-baize antics from Glasgow.

12.35-2.35am Snooker Extra

SPORT Even more from the World Open in Glasgow.

itv 1

5.30am ITV News **6.00** CITV **10.00** **FILM** Columbo: Playback: *Crime mystery starring Peter Falk.* **11.30** This Morning: Saturday **12.30pm** News, Weather **12.35** The X Factor (R) **1.50** **FILM** A View to a Kill: *Bond adventure starring Roger Moore.* **4.15** The Unforgettable Jeremy Beadle (R) **5.15** Regional News, Weather **5.30** ITV News **5.45** New Animals Do the Funniest Things **6.45** All Star Family Fortunes

7.30 The X Factor

The first of two boot camp specials. Not bad, but we prefer the auditions.

9.00 Simply Red: For the Last Time

Is that a promise?

10.00 Status Quo: In the Army Now 2010

Guitar-chugging nonsense from the ponytailed wrinklies.

10.05 Knocked Up

MUST-SEE Rom-com starring Seth Rogen.

11.35 ITV News, Weather

Oi! We were watching that!

11.50 Knocked Up

MUST-SEE The last bit of the Seth Rogen film.

12.50am The Zone

Shopping and interactive gaming.

2.50 Raines: *An abused child is murdered.* (R) **3.40-5.30am** ITV Nightscreen

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6.10am The Hoobs (R) **7.00** **SPORT** World Sport **7.25** **SPORT** Freesports on 4: Roxy Jam 2010 (R) **7.55** **SPORT** The Morning Line **8.55** T4: One Tree Hill (R) **9.55** Ugly Betty (R) **10.50** The Hollyoaks Music Show Playlist **11.25** Album Chart Show Special: Usher **11.55** Friends (R) **1.00pm** Scrubs (R) **1.30** **SPORT** That Paralympic Show **2.00** **LIVE** Channel 4 Racing: From Haydock Park. **3.55** Come Dine with Me (R) **6.30** News **6.55** 4thought.tv

7.00 My Family's Crazy Gap Year

A single mother and her daughter volunteer in poor communities.

8.00 Stephen Hawking's Universe

The physicist and cosmologist considers the possibility of time travel. Well, if he's been working on an old DeLorean...

9.00 Collateral

FILM Thriller starring Tom Cruise and Jamie Foxx about a ruthless contract killer who chooses an LA taxi driver to act as his chauffeur while he performs a load of hits in a single night.

11.15 Cocktail

FILM Romantic drama starring Tom Cruise and Bryan Brown as a couple of New York bartenders who bed loads of women in between flinging some cocktail shakers around.

1.15am **FILM** Manorama Six Feet Under: *Indian detective thriller.* **3.35** Studio 60 on the Sunset Strip (R) **4.25** Age of Love (R) **5.10-5.55am** Countdown (R)

FIVE

6.00am Milkshake! **10.00** How Do They Do It? (R) **10.30** Eddie Stobart: Trucks and Trailers (R) **11.30** The Gadget Show (R) **12.30pm** Rory and Paddy's Even Greater British Adventure (R) **1.30** **FILM** Twilight of Honor: *Courtroom drama starring Richard Chamberlain and Claude Rains.* **3.35** **FILM** Hanover Street: *Wartime love story starring Harrison Ford.* **5.40** Five News **5.45** **FILM** The Sea Wolves: *World War Two adventure starring Gregory Peck.*

8.00 NCIS

A Marine's wife kills an intruder. (R)

9.00 CSI: Crime Scene Investigation

Hodges tests his lab technician colleagues with a series of hypothetical murder cases they have to investigate. The swine! (R)

10.00 CSI: Crime Scene Investigation

Head-scratching as a boy's corpse is discovered in an illegal waste dump. (R)

11.00 CSI: Miami

A businessman is stabbed and scalped in a hotel room. Urgh! (R)

11.55 Cops in Crisis

Made tales from put-upon cops. (R)

12.15am SuperCasino

Wheel-spinning fun.

4.05 **SPORT** Golf **4.55** The Family Recipe (R) **5.00** Hana's Helpline (R) **5.10** Milkshake! (R) **5.35** Thomas & Friends (R) **5.45-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS

BBC2 NORTHERN IRELAND: **7.00pm** Sporting Traditions **7.15** **SPORT** Ulster Rugby **9.15-10.15pm** Dragons' Den: What Happened Next? **BBC2 WALES:** **9.00pm** Coast **9.15-10.15pm** James Wong and the Malaysian Garden **STV:** **10.05pm** **FILM** The 40 Year Old Virgin: *Comedy starring Steve Carell.* **11.50** **FILM** The 40 Year Old Virgin: *Conclusion.* **12.30am** Brain Box **1.00** **FILM** Jeremiah Johnson: *Adventure.* **2.45-5.30am** The Nightshift **ULSTER:** **12.50am** Brain Box **2.30-2.50am** UTV Rewind

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics

6.25 **LIVE** Rugby Union: Hawke's Bay vs Taranaki, kick-off 6.30am. (HD)

8.30 **LIVE** Rugby Union: Waikato vs Tasman, kick-off 8.35am. (HD)

10.30 Boxing: Nose-hitting between Tony Bellew and Bob Aijase. (HD)

12.00noon **LIVE** Golf: The third day of the Vivendi Cup at the Golf de Joyenval. (HD)

3.00pm **LIVE** Golf: The Tour Championship in Atlanta, Georgia. (HD)

8.30 Champions League Weekly (HD)

9.00 **LIVE** Boxing: John Murray and Andriy Kudriavtsev trade punches. (HD)

11.00 Rugby League: One of the Super League qualifying semi-finals. (HD)

12.30am Champions League Weekly: Preview of the matchday two fixtures. (HD)

1.00 Boxing (HD)

3.00 Rugby League (HD)

4.30-6.00am Spanish Football (HD)

sky SPORTS 2

6.00am Premier League Preview

6.30 FIFA Futbol Mundial

7.00 Take It Like a Fan

7.30 Football League Weekend (HD)

8.30 Champions League Weekly (HD)

9.00 Premier League Preview

9.30 Take It Like a Fan

10.00 Soccer AM

12.00noon **MUST-SEE** Football: Man City vs Chelsea, kick-off 12.45pm. (HD)

3.15pm Take It Like a Fan

3.45 Sky Sports Classics

4.00 NFL: Total Access

5.00 **LIVE** Rugby League: A qualifying semi-final, kick-off 5.15pm. (HD)

7.30 You're on Sky Sports!

8.25 Football First: Extended highlights of Premier League matches. (HD)

4.15am Rugby Union (HD)

5.15 Champions League Weekly (HD)

5.45-6.00am Sky Sports Classics

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.00pm Never Been Kissed: *Comedy with Drew Barrymore.* **9.00** I, Robot: *Sci-fi thriller with Will Smith.* **11.10** Isolation: *Horror with Essie Davis.* **1.00am** Kingpin: *Comedy starring Woody Harrelson.* **3.20** Frightfest Special: The Last Exorcism **3.25-3.35am** Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Lee Evans Live in Scotland **10.30** Michael McIntyre at the Comedy Store: *The comedian performs.* **11.00** **FILM** Jersey Girl: *Romantic comedy drama*

ESPN

5.30pm

LIVE Bundesliga

7.30 ESPN Kicks

Extra **7.45** **LIVE** Serie A **9.45** Dutch Football **11.30** Australian Rules Football **2.00-6.00am** **MUST-SEE** Ultimate Fighting Championship: *UFC 119 in Indiana.*

starring Ben Affleck. **1.00am** Comedy Central at the Comedy Store **1.30** South Park **2.30** Two and a Half Men **3.30** Michael McIntyre at the Comedy Store **4.00** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** The Real Hustle: *Celebrity Scammers* **9.00** **FILM** Proof of Life: *Action drama starring Russell Crowe.* **11.10** Live at the Apollo **11.55** Family Guy **12.40am** American Dad! **4.05-5.05am** The Real Hustle: *Celebrity Scammers*

E4 (136)

7.00pm The Big Bang Theory **7.30** How I Met Your Mother **7.55** Friends **9.00** Rude Tube Special 2010: *The most popular internet videos of all time.* **11.05** Cha' Mone - Mo'Fo' Selecta! *A Tribute to Michael Jackson: Comedian Leigh Francis pays tribute to the pop star.*

12.10am Wife Swap USA **1.10** Gok's Fashion Fix **2.05** Cha' Mone - Mo'Fo' Selecta! *A Tribute to Michael Jackson* **3.00** Scrubs **3.20-6.00am** Hollyoaks

DAVE (111)

7.00pm Have I Got News for You **8.20** I'm Alan Partridge **9.00** Mock the Week **1.40am** The League of Gentlemen **2.40-3.00am** **SPORT** Radical Highs

MTV (350)

1.00pm The Hills **8.00** The Hills Live: *A Hollywood Ending* **9.00** The Hills **10.00** The New Virginity: *VH1 News Presents* **11.00** World Stage **12.00m't** Black Eyed Peas: *Official Top 20* **2.00am** Behind the Music **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Most Shocking **8.00** Trawlers, Rigs & Rescue: *North Sea* **9.00** Shooting Stars **10.00** 8 Out of 10 Cats: *Panel show.*

sky1

6.00am Brainiac: Science Abuse (R)(HD)
7.00 Crash Test Dummies (R)(HD) **8.00**
Malcolm in the Middle (R)(HD) **9.00** **SPORT**
Football's Next Star (R)(HD) **10.00** **SPORT**
Soccer AM **12.00noon** Fat Families (R)
(HD) **1.00pm** Project Runway (R)(HD)
2.00 Bill Bailey's Birdwatching Bonanza
(R)(HD) **3.00** Liza and Huey's Pet Nation
(R)(HD) **4.00** Vet Adventures (R)(HD)
5.00 Fat Families: Second Helpings (R)
(HD) **6.00** Simpsons - Access All Areas
(R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons

Bart buys an abandoned factory for a dollar at an auction. (R)

7.30 Glenn Martin, DDS

Courtney researches her family tree. (HD)

8.00 Oops TV

Oops, we've "accidentally" just flicked over to ITV1. (R)(HD)

9.00 Cliffhanger

FILM A retired mountain rescue expert is drawn into a battle of wits with a criminal searching for a lost fortune in the Rockies.

11.10 Classic Albums

Judas Priest's *British Steel* album. (R)

12.15am Fringe

Walter and Olivia travel to the parallel universe. (R)(HD)

1.15 Football Behind Bars **2.10** Ross Kemp **3.00** Family Court **3.50** Road Wars
4.20 All Star Don't Forget the Lyrics
5.10-6.00am Sell Me the Answer

11.00 Sexcetera **12.00m't** Roulette Nation **1.00am** Psychic Interactive
3.00-5.00am Takeshi's Castle

SYFY (129)

6.20pm **FILM** Teen Wolf Too: Comedy starring Jason Bateman. **8.10** The Real Warehouse 13: Inside Secret Government Warehouses **10.00** **FILM** Pandorum: Horror starring Ben Foster. **12.10am** **FILM** Stir of Echoes: Thriller starring Kevin Bacon. **2.10** **FILM** Hydra: Horror starring Texas Battle. **4.00-6.00am** **FILM** Jack Hunter: The Star of Heaven: Adventure starring Ivan Sergei.

FX (164)

6.00pm The Listener **8.00** American Dad! **9.00** Better Off Ted **10.00** Robot Chicken **10.15** Family Guy **11.15** Metalocalypse **11.30** Family Guy **12.30am** The Venture Brothers **1.00** American Dad! **2.00** Family Guy **3.00-4.00am** Better Off Ted

TODAY'S MUST-SEES

"Can't you cover your face when you sneeze?"



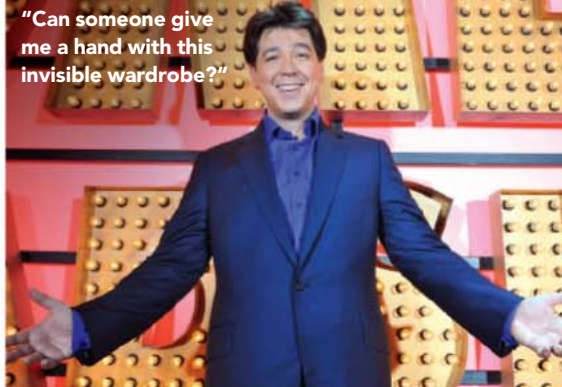
THE BIG MATCH!

Man City vs Chelsea

Sky Sports 2/HD, Noon

SPORT Mega-rich City put their unbeaten home record to the test against the merely very rich Chelsea. It's the visitors who've made the better start to the season, though, bulldozing their way to the top of the league in a manner not seen since, well, last season. City's campaign has been inconsistent so far, but they won this fixture 2-1 last season and a similar result today could give them the kickstart they need. ★★★★★

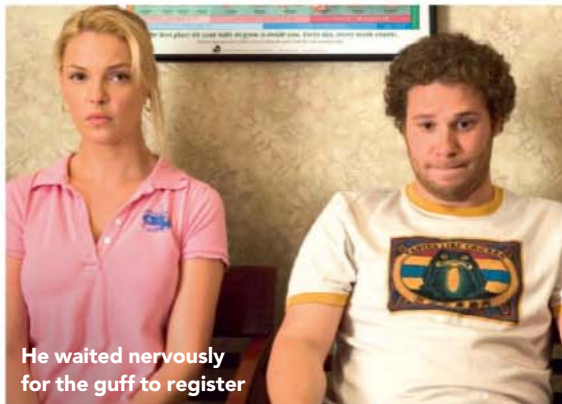
"Can someone give me a hand with this invisible wardrobe?"



Michael McIntyre's Comedy Roadshow

9.25pm, BBC1

COMEDY The fat Pierce Brosnan lookalike arrives in Sunderland. ★★★★★



He waited nervously for the guff to register

Knocked Up

ITV1, 10.05pm

FILM Surprisingly man-friendly rom-com starring Katherine Heigl as a gorgeous TV reporter and Seth Rogen as the slacker who gets her pregnant. The support (Paul Rudd, Leslie Mann, Jonah Hill, Jason Segel and Jay Baruchel) steal the show. ★★★★★

The paper bag was putting up a good fight



Alex Reid: The Live Fight

Bravo, 10pm

SPORT Mr Katie Price finally gets it on with his nemesis, Tom "Kong" Watson, for the BAMMA Middleweight title. Can Reid be more than a celebrity hubby? We're about to find out. ★★★★★



"I only said you missed a bit shaving!"

UFC 119

ESPN, 3am

SPORT Those hard-as-nails guys of the UFC are back to beat the daylights out of each other for our enjoyment! This instalment sees Mirko Cro Cop take on Frank Mir in what's sure to be an enthralling encounter. Great stuff! ★★★★★

6am

7pm

1am

BBC ONE

6.00am Breakfast **7.40** **SPORT** Match of the Day (R) **9.00** The Andrew Marr Show **10.00** Sunday Morning Live **11.00** Regional Programme **12.10pm** **MUST-SEE** Formula 1: The Singapore Grand Prix: From the Marina Bay Street Circuit, start-time 1pm. **3.25** EastEnders **5.20** Lifestyle **5.30** Songs of Praise **6.05** BBC News, Regional News, Weather **6.30** Countryfile

BBC TWO

6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** **FILM** Tiger Bay: Thriller starring Hayley Mills. **1.15pm** Escape to the Country (R) **2.00** **LIVE** Snooker: The World Open semi-finals. **5.30** **SPORT** Rugby League **6.00** Wonders of the Solar System (R)

itv 1

5.30am ITV News **6.00** CITV **9.25** Coronation Street **11.45** This Morning: Sunday **12.45pm** Dinner Date (R) **1.45** News, Weather **1.49** London Weather **1.50** The Planet's Funniest Animals (R) **2.20** The X Factor (R) **3.50** **FILM** Never Say Never Again: James Bond adventure with Sean Connery. **6.15** Regional News, Weather **6.30** ITV News **6.45** The Cube

4

5.55am The Treacle People (R) **6.10** The Hoobs (R) **7.00** **SPORT** The Grid **7.25** **SPORT** British Formula Ford Championship **7.50** GT Academy **8.20** 14: Friends (R) **9.20** Hollyoaks **11.50** Ugly Betty **12.50pm** RockCorps: London 2010 **2.10** The Simpsons (R) **3.10** Three in a Bed **4.40** Deal or No Deal **5.30** **FILM** Big

FIVE

6.00am Milkshake! **10.00** Shake! **11.10** How to Take Stunning Pictures (R) **11.40** Cowboy Builders (R) **12.40pm** Nature Shock: The Crocs That Turned to Rubber (R) **1.40** **FILM** My Father, the Hero: Hollywood remake starring Gérard Depardieu, who was also in the French original. **3.25** **FILM** The Secret Garden: Period children's drama with Kate Maberly. **5.25** **FILM** Hercules: Animated musical.

7.30 Antiques Roadshow

More dusty old relics bang on about, well, more dusty old relics.

8.30 Inspector George Gently

A lot like *Heartbeat*, except without the benefit of adverts. Even more reason not to watch it, in other words.

10.00 BBC News, Weather

10.25 Match of the Day 2

SPORT Colin Murray reviews the day's Premier League action, including Bolton vs Man United and Newcastle vs Stoke.

11.35 Spooks

More terrorist plots are foiled. (R)

12.40am Sign Zone: Battle of Britain: The Real Story

A look at the Battle of Britain from the German point of view. (R)

1.40 Holby City (R) **2.40** First Light (R) **4.00-6.00am** BBC News

7.00 Alex Higgins: The People's Champion

A look back at the nutty life of the two-time world snooker champion. (R)

8.00 Snooker

LIVE It's another load of bow tie-wearing from Glasgow, but this time it's the final! Get in!

11.00 Battle of Britain: The Real Story

See the show on BBC1 at 12.40am? Well this is the same one, only without a little person in the corner signing. (R)

12.00m't Massacre in Rome

FILM Old Second World War drama about a priest who opposes Nazi reprisals against civilians.

1.40-4.00am BBC News

7.45 The X Factor

We're at the point where they reveal who's going to the judges' houses. You've got to feel for the contestants who always end up at Louis' Ireland home rather than the ones who score Simon's Barbados pad. Oh, and Nicole Scherzinger, formerly of The Pussycat Dolls is guest judge - meow!

9.00 Downton Abbey

NEW New costume drama. Er, 300 is on Five. Flick that remote!

10.30 ITV News, Weather

10.45 Bouquet of Barbed Wire This middle-of-the-road drama is better suited to your folks. (R)

11.45 Premiership Rugby Union

SPORT Eggball action from the weekend's games, including Gloucester vs Wasps and Saracens vs Northampton.

12.30am The Zone

2.30 **SPORT** Motorsport UK: Recent action. **3.20-5.30am** ITV Nightscreen

7.30 News

7.55 4thought.tv

Not much doing on Channel 4 tonight.

8.00 Undercover Boss

Revisiting a recession-affected caravan-holiday firm. Yup, it's about as riveting as it sounds, ie not very.

9.00 Juno

PREMIERE A 16-year-old pregnant girl decides to find the perfect parents to adopt her unborn baby. All we're going to say is eyes right, gentleman!

10.50 Top Gun

FILM It's an oldie but a classic. Tom Cruise is a hotshot young pilot at the US Navy's elite air combat training school. You know the rest.

12.55am Tomorrow

Animated short film.

1.00 **LIVE** American Football: Miami Dolphins vs New York Jets, kick-off 1.20am. **4.45** **SPORT** Ironman (R) **5.10-5.55am** Countdown (R)

7.20 Five News

7.25 Jackie Chan's First Strike

FILM Action thriller starring Jackie Chan as a Hong Kong cop who finds himself framed for murder. Tsk.

9.00 300

MUST-SEE Absolutely brilliant special effects extravaganza, based on the graphic novel by Frank Miller (*Sin City*). It's 480 BC, and 300 hard-as-nails Spartans are taking on the massive Persian army. Ace action!

11.15 Sniper 2

FILM A former marine sniper comes out of retirement to lead a covert mission into the Balkans.

1.05am SuperCasino **4.05** House Doctor **4.55** The Family Recipe **5.00** Hana's Helpline **5.10** Milkshake! **5.35** Thomas & Friends **5.45-6.00am** Roary Racing Car

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: 7.30-8.00pm Our Man in the Vatican - The Papal Visit **10.25** The Politics Show **10.45** **SPORT** Match of the Day 2 **11.55** Sporting Traditions **12.10-12.40am** Sign Zone: Gears and Tears **STV: 9.00pm** Billy Connolly **10.00-**

10.30 **NEW** Cheetah Kingdom **10.45** **SPORT** STV Sports Centre: Rugby **11.30** Comedy Classics: Duty Free **12.00m't** Brain Box **1.00am** Raines **2.00-5.30am** The Nightshift **ULSTER: 6.45-7.45pm** Lesser Spotted Ulster **10.45** Bouquet of Barbed

Wire **11.45** UTV Rewind **12.00m't** Brain Box **2.30am** **SPORT** Premiership Rugby Union **3.15-5.30am** **FILM** Assassins: Action thriller starring Sylvester Stallone and Antonio Banderas.

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics **6.30** Champions League Weekly (HD) **7.00** Football First (HD) **7.00** The Sunday Supplement **11.30** Goals on Sunday (HD) **1.30pm** **LIVE** Football: Wolves vs Villa at Molineux, kick-off 2.05pm. (HD) **4.00** **LIVE** Football: Newcastle vs Stoke from St James' Park, kick-off 4.10pm. (HD) **6.30** Super Sunday: The Last Word (HD) **7.00** **LIVE** Spanish Football: A top match in the league featuring Ronaldo, Kaka, Messi and co. Sounds good! (HD) **8.00** **LIVE** Spanish Football: Another big match from La Liga. (HD) **10.00** Football (HD) **11.30** Super Sunday: The Last Word (HD) **12.00m't** Football (HD) **12.30am** Spanish Football (HD) **2.30** Football (HD) **4.00-6.00am** Spanish Football (HD)

sky SPORTS 2

6.00am Watersports World: Water skiing, sailing and windsurfing. **7.00** IEX Magazine: A round-up of news from the world of action sports. **7.30** Speedway: The Italian Grand Prix held at the Pista Olimpia Terenzano. **10.30** Ryder Cup 2008: Official Film (HD) **12.00noon** **LIVE** Golf: The fourth day of the Vivendi Cup in France. (HD) **5.00pm** **LIVE** Golf: The final day of the Tour Championship at the East Lake Golf Club in Atlanta, Georgia. (HD) **11.00** Ryder Cup 2008: Official Film: From Valhalla Golf Club in Louisville. (HD) **12.30am** Golf: The final day of the Tour Championship from earlier. (HD) **2.00** Watersports World: More people get soaked to the skin in the name of fun. **3.00-3.30am** IEX Magazine: Round-up of action sports, covering stuff like windsurfing and free-running.

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.40pm The Day After Tomorrow: Disaster thriller starring Dennis Quaid. **9.00** The Manchurian Candidate: Psychological thriller remake starring Denzel Washington. **11.30** Miller's Crossing: Prohibition-era gangster thriller with Gabriel Byrne. **1.45-3.45am** Whisky: Uruguayan comedy drama.

COMEDY CENTRAL (126)

2.00pm Two and a Half Men **9.00** **FILM** Comedy starring John Cho. **10.45** Michael McIntyre at the Comedy Store

ESPN **6.30pm** Serie A **7.45** **LIVE** Serie A **9.45** ESPN Kicks

Extra **10.00** Ultimate Fighting Championship **1.00am** Press Pass 2010 **1.30** NHRA Drag Racing **3.30-6.00am** Australian Rules Football

11.15 Lee Evans: Up Close **12.35am** Grouchy Young Men **1.05** Comedy Central at the Comedy Store **1.35** Two and a Half Men **3.35** Grouchy Young Men **4.00** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm **SPORT** Formula 1: The Singapore Grand Prix - Highlights: The 15th round of the season. **8.00** Are You Fitter Than a Pensioner? **9.00** Gavin & Stacey: The Outtakes **9.30** Him and Her **10.00** Family Guy **10.45** The King is Dead **11.15** Gavin & Stacey: The Outtakes **11.45** Ideal Dad! **3.45** The King is Dead **4.15-5.15am** Are You Fitter Than a Pensioner?

E4 (136)

7.00pm Life Unexpected **8.00** Friends **9.00** **FILM** Predator: Sci-fi thriller. **11.05** Russell Brand Doing Life **12.10am** Wife

Swap USA **1.10** How to Look Good Naked **2.10** Russell Brand Doing Life **3.05** Switched **3.25-6.00am** Hollyoaks

DAVE (111)

7.00pm Trawlermen **7.40** Have I Got News for You: With Richard Sausage, er... Bacon. **8.20** QI **9.00** Have I Got News for You **1.40am** Never Mind the Buzzcocks **2.10-3.00am** The League of Gentlemen

MTV (350)

4.00pm 16 and Pregnant **9.00** Jersey Shore **10.00** **MUST-SEE** The Hard Times of RJ Berger **10.30** Valemont **11.00** The Dudesons in America **11.30** South Park: The kids endure sex education. **1.00am** Jersey Shore **2.00** The Hard Times of RJ Berger **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Most Shocking **8.00** Britain's Worst Home **9.00** Trawlers, Rigs &

sky1

6.00am Hour of Power **7.00** Crash Test Dummies (R)(HD) **8.00** Malcolm in the Middle (R)(HD) **9.00** Road Wars (R) **10.00** **SPORT** WWE Superstars (R) **11.00** **SPORT** WWE: Experience (R) **12.00noon** Futurama (R) **1.00pm** Must Be the Music (R)(HD) **3.00** Dogs in Flocks (R)(HD) **4.00** Oops TV (R)(HD) **5.00** Futurama (R) **6.00** The Simpsons (R)(HD) **6.30** The Middle (HD)

7.00 The Middle

A social worker is dispatched to investigate the family after Brick is hit on the head by a beer bottle. (HD)

7.30 Best Of Must Be the Music

They're dragging this one out! (R)(HD)

8.30 Westlife Live at the O2

Let's repeat that. Westlife. At. The. O2. No! No! No! No! No! No! (HD)

10.30 An Idiot Abroad

Ricky Gervais and Stephen Merchant send pal Karl Pilkington on a tour of some of the most impressive sites in the world. And he hates them. Hilarious! (R)(HD)

11.30 Chris Ryan's Strike Back

Porter is assigned the mission to find the hacker responsible for interfering with British air support. (R)(HD)

12.30am Chris Ryan's Strike Back

Porter manages to escape from a rebels' base in Pakistan. (R)(HD)

1.30 Fringe 2.30 Road Wars (R) 3.30

Family Court: Judge Penny (R)(HD)

4.20 All Star Don't Forget the Lyrics

5.10-6.00am Sell Me the Answer (R)(HD)

Rescue: North Sea **10.00** Most Daring **11.00** Sexcetera **12.00m't** Roulette Nation **1.00am** Psychic Interactive **3.00-5.00am** Takeshi's Castle

SYFY (129)

7.00pm Warehouse 13 **8.10** **FILM** The 7 Adventures of Sinbad: Fantasy adventure starring Patrick Muldoon. **10.00** **PREMIERE** Triangle: Horror starring Melissa George and Michael Dorman. **12.00m't** **FILM** Dungeons & Dragons 2: The Elemental Might: Fantasy adventure sequel.

2.00am Mysterious Ways **3.00** Legend of the Seeker **4.00-6.00am** **FILM** Ba'al: The Storm God: Fantasy thriller.

FX (164)

6.00pm Burn Notice: A detective causes trouble for Michael. **8.00** NCIS **10.00** Dexter **11.10** True Blood **12.15am** Burn Notice **1.15** To Catch a Predator **2.15** Swat USA **3.15-4.15am** Cops

TODAY'S MUST-SEES



"Can I just hold your hand till the mean guys stop shouting at me?"

Bolton vs Man United

ESPN, Noon

SPORT If form's anything to go by, Bolton may as well not bother turning up for this one! United have won the last five meetings between the sides, including a 4-0 thumping at the Reebok last season. Owen Coyle's men will be content with a point, while Fergie will see anything less than a win as failure. The footy fest continues later in the day as Wolves take on Aston Villa (Sky Sports 1, 1.30pm) and Newcastle host Stoke (Sky Sports 1, 4pm). ★★★★★



F1: Singapore Grand Prix

BBC1, 12.10pm

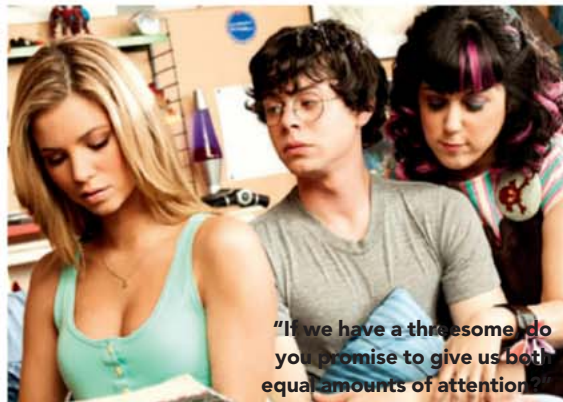
SPORT After crashing out of the Italian Grand Prix, Lewis Hamilton needs to repeat his win from last year's Singapore race if he wants to boost his hopes of regaining the world title. ★★★★★



300

Five, 9pm

FILM All together now, "This! Is! Spartaaaa!" Yes, it's the absurd and epic tale of the 300 Spartans defending their homeland against a million-strong Persian army. Gerard Butler chews up the scenery as King Leonidas. ★★★★★



The Hard Times Of RJ Berger

MTV, 10pm

COMEDY RJ tries his luck on a new girl, only to discover she's one of those who's sworn her virginity until she's married. Uh-oh! ★★★



SUNDAYS 10PM

THE HARD TIMES OF RJ BERGER



6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer (R)
11.00 Filthy Rotten Scoundrels **11.45**
Cash in the Attic (R) **12.15pm** Bargain
Hunt (R) **1.00** BBC News, Weather **1.30**
Regional News, Weather **1.45** Doctors
2.15 Diagnosis Murder (R) **3.00** BBC
News, Weather, Regional News **3.05**
CBBC **5.15** Weakest Link **6.00** BBC News,
Weather **6.30** Regional News, Weather

7.00 The One Show

Live topical gubbins.

7.30 Saints and Scroungers

Two pensioners who nicked £1.8million.
That's a lot of blue rinses. (R)

8.00 EastEnders

One of Grace's valuable plates is broken,
so she has a good old shout about it.

8.30 Panorama

Beth Bailey protects an oil baron.

10.00 BBC News, Weather

10.35 Ask Rhod Gilbert

MUST-SEE Brill new series in
which the Welsh
comic answers the public's questions.

11.15 Damages

American drama series. (R)

12.05am Damages

Ellen persuades Katie to testify against
Arthur Frohisher. (R)

1.00 Sign Zone: My Story (R) **1.30** Excluded
(R) **2.30** Penguin Island (R) **3.00** Britain's
Empty Homes (R) **3.30** Britain's Empty
Homes (R) **4.00-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30**
CBeebies **11.00** Daily Politics Conference
Special **1.00pm** Castle in the Country (R)
1.30 Ready Steady Cook (R) **2.00** Animal
Park (R) **3.00** Put Your Money Where
Your Mouth Is (R) **3.45** Flog It! (R) **4.30**
Pointless **5.15** Escape to the Country **6.00**
Eggheads **6.30** Climbing Great Buildings

7.00 The Classroom Experiment

Professor Dylan Wiliam puts education
theory into practice. The big swot.

8.00 University Challenge

And speaking of big swots.

8.30 MasterChef: The Professionals

Egg-breaking bobbins.

9.00 Horizon: Back from the Dead

NEW A pioneering technique used
to revive people. Had they
been watching too much BBC2 tonight?

10.00 Genius

MUST-SEE A health and safety-
conscious approach
to being angry, among other nuttiness.

10.30 Newsnight

11.20 Today at Conference

11.50 Unequal Opportunities with John Humphrys

Stuff about education. (R)

12.50-4.00am BBC News

BBC1 SCOTLAND: 7.25-8.00pm **SPORT** Inside Sport
11.15 **SPORT** SportsScene **11.55** Damages **12.50-1.40am**
Damages **2.00-2.30am** My Story **BBC1**
NORTHERN IRELAND: 7.30-8.00pm **NEW** In Your
Corner **10.35** Special Deliveries **11.05** **NEW** Ask
Rhod Gilbert **11.40** Damages **12.35-1.00am** BBC
News **BBC1 WALES: 7.30-8.00pm** **NEW** X-Ray
BBC2 SCOTLAND: 11.00-11.20 Newsnight Scotland
BBC2 NORTHERN IRELAND: 10.00pm Seacht
10.25-10.30 Seinn Lìom **11.20** Stormont Today

itv 1

5.30am ITV News **6.00** Daybreak **8.30**
Lorraine **9.25** The Jeremy Kyle Show
10.30 This Morning **12.30pm** Loose
Women **1.30** ITV News **1.55** Regional
News, Weather **2.00** 60 Minute Makeover
3.00 **NEW** Secret Dealers: *Antique*
rummaging. **4.00** Midsomer Murders (R)
5.00 **NEW** The Alan Titchmarsh Show **6.00**
Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Sheep-bleating nonsense.

7.30 Coronation Street

Carla is driven to despair. We're beginning
to know how she feels.

8.00 Countrywise

Paul Heiney goes birdwatching. Zzzzz. (R)

8.30 Coronation Street

Go away!

9.00 DCI Banks: Aftermath

Drama starring Stephen Tompkinson.

10.00 ITV News, Weather

10.35 Real Crime with Mark Austin: Bringing Down the Gooch

How police brought the leaders of
a notorious gang to justice.

11.35 Stephen Tompkinson's Australian Balloon Adventure

The actor floats to Melbourne. (R)

12.35am The Zone

Shopping and interactive gaming.

2.35 **SPORT** UEFA Champions League
Weekly **3.05** The Jeremy Kyle Show
(R) **4.00-5.30am** ITV Nightscreen

11.50 Today at Conference **12.20am** **NEW** Genius
12.50 Unequal Opportunities **1.50-4.00am** BBC
News **STV: 10.40pm** Children's Hospital **11.10** Oran
na Mna **11.45** Cocairean **12.15am** Brain Box **1.00**
The Jeremy Kyle Show **2.00** The Nightshift **3.05-**

4

5.55am Sali Mali (R) **6.00** The Treacle
People (R) **6.10** The Hoobs (R) **7.00**
Freshly Squeezed **7.30** Everybody Loves
Raymond (R) **8.25** Frasier (R) **8.55** Friends
(R) **9.30** Lakes on a Plate (R) **10.00** The
Good Wife (R) **11.00** Desperate
Housewives (R) **12.00noon** Channel 4
News Summary **12.05pm** **FILM** Billy
Rose's Jumbo: *Musical*. **2.20** Lakes on
a Plate **2.55** Wogan's Perfect Recall **3.25**
Countdown **4.10** Deal or No Deal **5.00**
Come Dine with Me **5.30** Coach Trip
6.00 The Simpsons **6.30** Hollyoaks

7.00 News

7.55 4thought.tv

8.00 Dispatches: What's the Point of the Unions?

Serious docu.

9.00 Titanic: The Mission

A team of engineers explore
the construction of the Titanic.
NEW We've no idea why.

10.00 Jamie's American Food Revolution

Jamie Oliver tries to get American kids
to eat healthily. Next week, Jamie tries
to pick the winning lottery numbers.

10.55 This Is England '86

Shaun faces life on the streets after he
rejects his mother. (R)

12.00m't 3 Minute Wonder: The Jarman Award

A look at the life of artist
NEW Lindsay Seers.

12.05am Alan Davies' Teenage Revolution (R)

1.05 **FILM** A Wednesday! **2.55** Studio 60
on the Sunset Strip (R) **3.40** **FILM** A Bell
for Adano **5.25-6.10am** Age of Love (R)

FIVE

6.00am Milkshake! **9.15** The Wright Stuff
10.45 Trisha Goddard (R) **11.45** Police
Interceptors (R) **12.45pm** Five News
12.50 House (R) **1.45** Neighbours **2.15**
Home and Away **2.45** Meals in Moments
3.00 **FILM** Storm Chasers: Revenge of
the Twister: *Action thriller starring Kelly*
McGillis and Wolf Larson. **5.00** Five News,
Weather **5.30** Neighbours (R) **6.00** Home
and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 How Do They Do It?

Making paper cartons.

8.00 The Gadget Show

The presenters embark on a hi-tech cross-
country race, making use of paragliders
and jetskis. Sounds cool to us!

9.00 Rory and Paddy's Even Greater British Adventure

The comedians try shepherding and clog
dancing. Doesn't sound cool to us!

10.00 Lock Up

FILM Prison drama starring Sly
Stallone as a convict who
is sent to a brutal high-security jail.

12.15am The Gadget Show

The show from earlier again. (R)

1.10 **SPORT** SuperCasino **4.05** Police
Interceptors (R) **4.55** Animal Rescue Squad
(R) **5.10** The New Tomorrow (R) **5.35-**
6.00am Michaela's Wild Challenge (R)

REGIONAL
VARIATIONS

BBC1 SCOTLAND: 7.25-8.00pm **SPORT** Inside Sport
11.15 **SPORT** SportsScene **11.55** Damages **12.50-1.40am**
Damages **2.00-2.30am** My Story **BBC1**
NORTHERN IRELAND: 7.30-8.00pm **NEW** In Your
Corner **10.35** Special Deliveries **11.05** **NEW** Ask

BBC1 WALES: 7.30-8.00pm **NEW** X-Ray
BBC2 SCOTLAND: 11.00-11.20 Newsnight Scotland
BBC2 NORTHERN IRELAND: 10.00pm Seacht
10.25-10.30 Seinn Lìom **11.20** Stormont Today

11.50 Today at Conference **12.20am** **NEW** Genius
12.50 Unequal Opportunities **1.50-4.00am** BBC
News **STV: 10.40pm** Children's Hospital **11.10** Oran
na Mna **11.45** Cocairean **12.15am** Brain Box **1.00**
The Jeremy Kyle Show **2.00** The Nightshift **3.05-**

5.30am The Nightshift **ULSTER: 8.00-8.30**
Fabulous Food Adventure **10.30** UTV Tonight **11.00**
Ladette to Lady **12.00m't** Brain Box **2.30-2.35am**
Star Bites **ITV1 WALES: 8.00-8.30pm** The Ferret

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 Football (HD)
10.30 Super Sunday: The Last Word (HD)
11.00 Spanish Football (HD)
1.00pm Football (HD)
2.30 Super Sunday: The Last Word (HD)
3.00 Spanish Football (HD)
5.00 Super Sunday: The Last Word (HD)
5.30 Soccer AM: The Best Bits
6.30 Netbusters
7.00 Sky Sports News at Seven (HD)
7.30 **LIVE** Irish Football: *Glentoran vs*
Linfield, kick-off 7.45pm.
10.00 Netbusters
10.30 SPL Round-Up
11.00 Premier League Review (HD)
12.00m't Soccer AM: The Best Bits
1.00am Irish Football
2.30 Netbusters **3.00** Premier League
Review (HD) **4.00** Watersports World
5.00-6.00am Max Power

sky SPORTS 2

6.00am Aerobics
7.00 WWE: Bottom Line (HD)
8.00 Golf (HD)
3.00pm Golf (HD)
4.30 Rugby Union: *Action from Newcastle*
Falcons vs London Irish. (HD)
5.30 Golf
6.00 Extra Time
6.30 Motorsport (HD)
7.30 **LIVE** Speedway: *The opening leg of*
the Elite League Grand Final. (HD)
9.30 Motorsport: *The International Rally*
Yorkshire held in Scarborough.
10.30 Motorsport (HD)
11.30 Extra Time
12.00m't Speedway: *The opening leg*
of the Elite League Grand Final. (HD)
2.00am Motorsport (HD)
3.00 Boots 'n' All
4.00 Great Run Series
4.30-5.00am Extra Time

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.55pm Behind Enemy Lines: *Bosnian*
War drama starring Gene Hackman. **9.00**
Night at the Museum: *Fantasy comedy*
starring Ben Stiller. **11.10** **PREMIERE** Double
Take: *Drama-documentary*. **12.50am**
Kontroll: *Comedy thriller*. **3.00-3.15am**
Frightfest Special: The Last Exorcism

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs
9.00 Two and a Half Men **10.00** Lee
Evans Live in Scotland: *A stand-up gig*
with the manic comedian. **11.30** Sex and
the City **12.40am** Two and a Half Men

ESPN

6.30pm Talk of the
Terrace **8.00** French
Rugby Union **8.30**
Premiership Rugby Union **10.00** Between
The Lines **10.30** Talk of the Terrace **12.00m't**
NFL **1.30am** **LIVE** NFL: Monday Night
Football **4.30-5.00am** Press Pass 2010

1.40 South Park **2.40** Grouchy Young
Men **3.10** Two and a Half Men **4.05**
Shortcuts Shuffle **4.20** The King of
Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Merlin **7.45** Doctor Who **8.30**
E20 **9.00** Cherry Goes Dating **10.00**
EastEnders **10.30** Him and Her **11.00**
Family Guy **11.50** Cherry Goes Dating
12.50am Him and Her **1.20** E20 **1.50**
Five Really Disgusting Foods **2.45** I Can't
Stop Stealing **3.45** Greatest TV Mistakes
4.15-5.15am Really Disgusting Foods

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00**
One Tree Hill **10.00** **MUST-SEE** The
Inbetweeners **10.35** **MUST-SEE** School of
Comedy **11.05** Shameless **12.05am** A
Shot at Love with Tila Tequila **1.05** Scrubs:
With Colin Farrell. **1.50** Shameless **2.45**
A Shot at Love with Tila Tequila **3.25** What

About Brian **4.05** Samantha Who?
4.30 The Hills **4.50-6.00am** Switched

DAVE (111)

7.00pm Dragons' Den **8.00** Top Gear:
Paul McKenna is the Star in a Reasonably
Priced Car. **9.00** Men Behaving Badly
1.40am Never Mind the Buzzcocks
2.45-3.00am **SPORT** Radical Highs

MTV (350)

7.00pm Jessica Simpson: Price of Beauty
8.00 Plastic Surgery Obsession: VH1
News Presents **9.00** The Hard Times
of RJ Berger **10.00** Jersey Shore **11.00**
Disaster Date **12.00m't** South Park
1.00am The Dudesons in America **2.00**
Pranked **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Passport
Patrol **9.00** Chuck: *Big Mike receives*
shocking news about the Buy More. **10.00**

sky1

6.00am Fat Families (R)(HD) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** Lion Man (R) **9.30** Lion Man (R) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** The Secret Guide to Women's Health (R) **12.00noon** Fat Families (R)(HD) **1.00pm** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama (R)(HD) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Mr Burns' long-lost son reappears. (R)

7.30 The Simpsons

Homer is cast as the lead in a superhero movie, but struggles with the exercise regimen required for part. (R)(HD)

8.00 The Biggest Loser US

The remaining former salad dodgers compete in a marathon. (HD)

9.50 The Biggest Loser US

The winner is announced. (HD)

11.40 Law & Order

The creator of a religious website is found murdered. (HD)

12.40am Night Cops

It's about cops. At night! (R)(HD)

1.30 Border Force (R)(HD) **2.25** Brainiac (R) **2.40** Oops TV (R)(HD) **3.30** The 4400 (R) **4.20** Crash Test Dummies (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

Criminal Minds: A bomb explodes in New York. **11.00** Star Trek: Enterprise **12.00m*** Roulette Nation **1.00am** Psychic Interactive **3.00** Take It or Leave It **4.00-5.00am** My Wife and Kids

SYFY (129)

7.00pm Buffy the Vampire Slayer **8.05**

FILM Stonehenge Apocalypse: Thriller with Misha Collins. **10.00** Warehouse 13

11.00 **FILM** DragonHeart: Fantasy starring Dennis Quaid. **1.00am** Human Target **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS **9.00** Family Guy **10.00**

To Catch a Predator **11.00** Dexter: The forensic expert considers allowing the Trinity Killer to live. **12.10am** Farscape: Aeryn tries to contact the dead Crichton. **1.10** Babylon 5 **2.10** ReGenesis **3.10-4.10am** Water Rats

27 SEPTEMBER **MONDAY**

FULL 7 DAY TV GUIDE!

TODAY'S MUST-SEES

"It's your fault for putting a mirror on my question cards!"



NEW COMEDY!

Ask Rhod Gilbert

BBC1, 10.35pm

COMEDY

The BBC has a tendency to think constant variations of *Strictly Come Dine With Me* and *Let's Find A Star For The Latest Andrew Lloyd Webber Musical* qualify as half-decent entertainment. Luckily, they're backing a winning horse in their championing of brilliant Welsh stand-up Rhod Gilbert. This panel show sees him and his guests tackling questions notable for their absurdity, and the early signs are that it's going to be fantastic! ★★★★★



"Honey, meet my mum and my two dads!"

Genius

BBC2, 10pm

COMEDY

Dave Gorman's back for a second series of the show that sees him and his guests discuss mad inventions and ideas pitched by the public. Russell Howard's on the panel tonight. Think *Dragons' Den* but with laughter. Ace! ★★★★★



"Look, do you want to buy the table or not?"

School Of Comedy

E4, 10.35pm

COMEDY

For this comedy sketch show to follow *The Inbetweeners*, it's going to have to be very good to make you laugh, but there are a few chuckles to be had. White van men *The Filth* – based on two coppers – is our highlight. ★★★



"It'll cost an extra tenner for a smile!"

The Inbetweeners

E4, 10pm

COMEDY

Simon and Will go on a double date with Simon's girlfriend and her boring mate, Kerry. Can Will deal with her antics long enough to get into her pants? Of course he can't, and that's why he's the funniest geek on telly! ★★★★★

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PREVIEWS: PETE CASHMORE, RICH JENKINS, DANIELLE GRAPH, MIKE HALL

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer (R)
11.00 Filthy Rotten Scoundrels **11.45**
Cash in the Attic (R) **12.15pm** Bargain
Hunt **1.00** BBC News, Weather **1.30**
Regional News, Weather **1.45** Doctors
2.15 Diagnosis Murder (R) **3.00** BBC
News, Weather, Regional News **3.05**
CBBC **5.15** Weakest Link: Backstabbing
quiz. **6.00** BBC News, Weather **6.30**
Regional News Programmes, Weather

7.00 The One Show

Topical chat. That's topical, not tropical.

7.30 EastEnders

Fatboy faces a dilemma. Whether to have an extra doughnut, by the sounds of it.

8.00 Holby City

Michael is pushed over the edge when he hears Ric is moving in with Annalesse. Let's hope that means "over the edge" literally.

9.00 The Secrets of Scientology

10.00 BBC News, Weather

10.35 My Story

Tales of triumph over adversity.

11.05 Inside Sport

SPORT A look at the effect of professionalism on sport.

11.35 The Greatest Game Ever Played

FILM Fact-based golf drama starring Shia LaBeouf.

1.35am Sign Zone: See Hear (R)
2.05 Digging for Britain (R) **3.05** Natural
World (R) **4.05** Britain's Empty Homes
(R) **4.35-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30**
CBeebies **11.30** Open Gardens (R)
12.00noon Daily Politics Conference
Special **1.00pm** Animal Park (R) **2.00**
Daily Politics Conference Special **4.00**
Flog It! **4.30** Pointless **5.15** Escape to the
Country **6.00** Eggheads: Quiz show.
6.30 Climbing Great Buildings

7.00 The Classroom Experiment

8.00 MasterChef: The Professionals

Experienced chefs are tested. If they could rustle up a quick cheese sandwich, they'd get our seal of approval.

9.00 Whites

NEW Comedy set in the kitchen of a hotel, starring Alan Davies.

9.30 Harry & Paul

MUST-SEE Harry Enfield and Paul Whitehouse return with more comic creations. Our favorite has to be Harry playing *Dragons' Den*'s Deborah Meaden. Inspired!

10.00 Later Live - with Jools Holland

Jamiroquai and KT Tunstall perform.

10.30 Newsnight

11.20 Today at Conference

11.50 Highgrove: Alan Meets Prince Charles (R)

12.50-4.35am BBC News

BBC1 SCOTLAND: 8.00-9.00pm River City
BBC1 NORTHERN IRELAND: 10.35pm **NEW** In Cold
Blood **11.05** My Story **11.35** **SPORT** Inside Sport
12.05am Damages **12.50** Off the Beaten Track
1.05-1.35am Sign Zone: Bang Goes the Theory
BBC1 WALES: 10.35pm New Hotel Stephanie
11.05 Wales and the History of the Ryder Cup **11.45**
My Story **12.15am** **SPORT** Inside Sport **12.45** Saints
and Scroungers **1.15-6.00am** BBC News **BBC2**
SCOTLAND: 11.00pm Newsnight Scotland **11.20**

itv 1

5.30am ITV News **6.00** Daybreak **8.30**
Lorraine **9.25** The Jeremy Kyle Show
10.30 This Morning **12.30pm** Loose
Women **1.30** ITV News **1.55** Regional
News, Weather **2.00** 60 Minute Makeover
3.00 Secret Dealers **4.00** Midsomer
Murders (R) **5.00** The Alan Titchmarsh
Show: Chat show for old people. **6.00**
Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Sheep-bleating bobbins.

7.30 Grimefighters

A woman is found to have four tons of rubbish in her bedroom. Nice! (R)

8.00 New Who Wants to Be a Millionaire?

Chris Tarrant asks the questions while people sweat in the hot seat.

9.00 71 Degrees North

The celebrities spend a night in tents secured to a vertical cliff face. Ha, ha!

10.00 ITV News, Weather

10.35 Swingtown

The Deckers are invited to Susan and Bruce's cabin for some jiggery-pokery.

11.25 Ladette to Lady

The ladettes host a masked ball. (R)

12.25am The Zone

2.30 The Rockford Files **3.25** The Jeremy
Kyle Show: Guests have a go at each other.
(R) **4.20-5.30am** ITV Nightscreen

NEW Talking Music **11.50** Today at Conference
12.20am Highgrove: Alan Meets Prince Charles
1.20am-6.00am BBC News **BBC2 NORTHERN**
IRELAND: 11.20pm Stormont Today **11.50** Today at
Conference **12.20am** Highgrove: Alan Meets Prince

4

6.10am The Hoobs (R) **7.00** Freshly
Squeezed **7.30** Everybody Loves
Raymond (R) **8.25** Frasier (R) **8.55** Friends
(R) **9.30** Lakes on a Plate (R) **10.00** The
Good Wife (R) **11.00** Desperate
Housewives (R) **12.00noon** Channel 4
News Summary **12.05pm** Jamie at Home
(R) **12.30** **FILM** Madame X: Ancient
melodrama. **2.55** Wogan's Perfect Recall
3.25 Countdown **4.10** Deal or No Deal
5.00 Come Dine with Me **5.30** Coach Trip
6.00 The Simpsons **6.30** Hollyoaks

7.00 News

7.55 4thought.tv

8.00 Help! My House Is Falling Down

Another pad made out of papier-mâché, or something like that, anyway.

9.00 Ramsay's Best Restaurant

Gordon Ramsay crowns the best of Britain's Chinese restaurants.

10.00 This Is England '86

MUST-SEE Woody puts aside his differences with Lol, leading him to believe they will marry. It's the last in the series, by the way. Boo!

11.05 Seven Days

The lives of people in Notting Hill. (R)

12.10am 3 Minute Wonder: The Jarman Award

12.15 Late Night Poker

SPORT More from some high-stakes tournament.

1.15 Volleyball **2.10** Boxing Weekly **2.35**
Motorsport **3.55** World Sport **4.20** GT
Academy **4.45** Sporting Mind **5.00** Age
of Love **5.45-6.00am** Yo Gabba Gabba

FIVE

6.00am Milkshake! **9.15** The Wright Stuff
10.45 Trisha Goddard (R) **11.45** Police
Interceptors (R) **12.45pm** Five News
12.50 House (R) **1.45** Neighbours **2.15**
Home and Away **2.50** Meals in Moments
3.05 **FILM** Picking Up and Dropping Off:
Romantic comedy starring Scott Wolf and
Amanda Detmer. **5.00** Five News,
Weather **5.30** Neighbours (R) **6.00** Home
and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 How to Take Stunning Pictures

Smear Vaseline on the lens. Job done.

8.00 Nature Shock: The Seal Ripper

Sharks that do terrible things to seals.

9.00 CSI: Miami

MUST-SEE A pop star goes up in flames. But wait! It was a double after all. Another head-scratching case for Horatio and the team.

10.00 CSI: NY

Stella finds a discrepancy at a murder scene that implicates a DA. (R)

11.00 CSI: Crime Scene Investigation

A murder trial drags on for weeks, causing tempers to fray among the jury. (R)

11.55 NCIS

The body of a Muslim Marine is found near a mosque. (R)

12.50am SuperCasino

4.05 Police Interceptors (R) **4.55** Animal
Rescue Squad: Highlights of the series. (R)
5.10 The New Tomorrow (R) **5.35-**
6.00am Michaela's Wild Challenge (R)

REGIONAL
VARIATIONS

BBC1 SCOTLAND: 8.00-9.00pm River City
BBC1 NORTHERN IRELAND: 10.35pm **NEW** In Cold
Blood **11.05** My Story **11.35** **SPORT** Inside Sport
12.05am Damages **12.50** Off the Beaten Track
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and Scroungers **1.15-6.00am** BBC News **BBC2**
SCOTLAND: 11.00pm Newsnight Scotland **11.20**

NEW Talking Music **11.50** Today at Conference
12.20am Highgrove: Alan Meets Prince Charles
1.20am-6.00am BBC News **BBC2 NORTHERN**
IRELAND: 11.20pm Stormont Today **11.50** Today at
Conference **12.20am** Highgrove: Alan Meets Prince

Charles **1.20-6.00am** BBC News **STV: 8.00-**
9.00pm New Who Wants to Be a Millionaire?
10.30 STV News, Weather **10.40** iTunes Festival
Highlights 2010 **11.40** The New Statesman
12.10am Brain Box **1.00** The Jeremy Kyle Show

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 How The 1995 Ryder Cup Was Won
11.00 How The 1997 Ryder Cup Was
Won: The tournament in Spain.
2.00pm Irish Football
3.30 Netbusters
4.00 Soccer AM: The Best Bits
5.00 Premier League Review (HD)
6.00 Spanish Football
7.00 Sky Sports News at Seven (HD)
7.30 Soccer Special (HD)
10.30 Football Asia
11.00 Spanish Football
12.00m't A-League
12.30am Football (HD)
1.30 Spanish Football
2.30 Football Asia
3.00 Football (HD)
4.00 Spanish Football
5.00 A-League
5.30-6.00am Asian Tour Golf Show

sky SPORTS 2

6.00am Aerobics **6.30** Urban Ride
7.00 WWE: Afterburn (HD)
8.00 Premier League Review (HD)
9.00 Netbusters
9.30 Irish Football
11.00 SPL Round-Up
11.30 Netbusters
12.00noon Soccer AM: The Best Bits
1.00pm Premier League Review (HD)
2.00 Trilby Tour Golf
2.30 Angling
3.00 Motorsport
4.00 WWE: Smackdown (HD)
6.00 Great Run Series
6.30 Mountain Bike World
7.00 **MUST-SEE** Football: Chelsea vs
Marseille, kick off 7.45pm. (HD)
10.00 Football (HD)
11.00 Poker (HD)
1.00am Sports Unlimited
2.00-3.00am World Pool Masters

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.15pm In & Out: Comedy starring Kevin
Kline. **9.00** Keeping Mum: British comedy
starring Rowan Atkinson. **11.00** Control:
Biopic of Ian Curtis. **1.20-3.20am** Disco
Pigs: Drama starring Cillian Murphy.

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00**
Scrubs: Carla confesses her feelings for
Turk. **9.00** Two and a Half Men **10.00**
Grouchy Young Men **10.30** Lee Evans
Live: Different Planet **12.00m't** Sex and
the City **1.10am** Two and a Half Men
2.10 Samantha Who? **3.10** South Park

ESPN **7.30** NFL **10.00**
Pardon the
Interruption **10.30**
Football **12.30am** Press Pass 2010 **1.00**
AFL Review Show **2.00** Kicks **2.15**
Bundesliga **3.30** Kicks **3.45** Eredivisie
Review Show **4.45-5.00am** Kicks

4.05 Shortcuts Shuffle **4.20** The King
of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Total Wipeout **8.00** Cherry Goes
Dating **9.00** Don't Tell the Bride **10.00**
EastEnders **10.30** Ideal: Dr Persil helps
Moz and Psycho Paul dispose of a body.
11.00 Family Guy: Peter pretends to be a
student. **11.50** Don't Tell the Bride
12.45am Bizarre ER **1.45** Ideal **2.15** Total
Wipeout **3.15** EastEnders: Kat and Alfie's
Return **4.15-5.15am** Cherry Goes Dating

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00**
Smallville **10.00** The Cleveland Show
10.30 The Ricky Gervais Show **11.00**
King of the Hill **12.00m't** Scrubs **1.00am**
The Cleveland Show **1.25** The Ricky
Gervais Show **1.45** King of the Hill **2.30**
What About Brian **3.50** Samantha Who?
4.15 The Hills **4.35-6.00am** Switched

DAVE (111)

7.00pm Dragons' Den **8.00** Top Gear:
With Johnny Vaughan and Denise Van
Outen. **9.00** QI XL: With Sean Lock.
10.00 Argumental **10.40** Mock the Week
11.20 Have I Got News for You **12.00m't**
QI XL **1.00am** Argumental **1.40** Mock
the Week **2.15** And Then You Die
2.40-3.00am **SPORT** Radical Highs

MTV (350)

7.00pm Jessica Simpson: Price of
Beauty **8.00** Top 20 **9.00** Jersey Shore
10.00 The Hard Times of RJ Berger
11.00 Disaster Date **12.00m't** South
Park **1.00am** The Dudesons in America
2.00 Pranked **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Nothing
to Declare **9.00** Trawlers, Rigs & Rescue:
North Sea **10.00** Danny Dyer's Deadliest
Men **11.00** Star Trek: Enterprise

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TODAY!

28 SEPTEMBER

TUESDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Fat Families (R)(HD) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** Lion Man (R) **9.30** Lion Man (R) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** Brain Doctors (R) **12.00noon** Fat Families (R) (HD) **1.00pm** Project Runway (R) **2.00** Bones: Crime drama. (R)(HD) **3.00** Stargate SG-1 (R)(HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) (HD) **5.30** Futurama (R)(HD) **6.00** Oops TV (R) **6.30** The Simpsons (R)(HD)

7.00 The Simpsons

Marge plans a protest when a violent martial art captivates the male population of Springfield. UFC, anyone? (R)(HD)

7.30 The Simpsons

Dracula, the Wolf Man, the Mummy and Frankenstein's monster gatecrash a Halloween party. (R)(HD)

8.00 The Little Couple

Following 4ft-tall newlyweds Bill Klein and Jen Arnold. (R)

8.30 Super Nurses

A Macmillan nurse deals with her own cancer illness. (HD)

9.00 Batman & Robin

FILM Undoubtedly the worst Batman film yet. George Clooney plays Batman and Arnold Schwarzenegger hams it up as Mr Freeze. They should be ashamed of themselves.

11.20 Kung Fu Killer II

FILM Martial arts adventure sequel starring David Carradine.

1.05am Night Cops **2.00** UK Border Force **2.50** Bite Size Brainiac **3.05** Oops TV **3.30** The 4400 **4.20** Vroom Vroom **5.10-6.00am** Sell Me the Answer

2.00-5.30am The Nightshift **ULSTER:** **10.30pm** UTV Live Tonight **11.00** The Cube **12.00m't-2.30am** Brain Box

12.00m't Roulette Nation **1.00am** Psychic Interactive **3.00** Take It or Leave It **4.00-5.00am** My Wife and Kids

SYFY (129)

7.00pm Buffy the Vampire Slayer **8.00** A Town Called Eureka **9.00** **FILM** DragonHeart: Fantasy adventure starring Dennis Quaid and David Thewlis. **11.00** **FILM** Fire Serpent: Horror starring Nicholas Brendon. **12.40am** **FILM** Storm Seekers: Action adventure starring Daryl Hannah and Dylan Neal. **2.30** 3rd Rock from the Sun **3.00** Mysterious Ways **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS: A commander dies after surgery. **9.00** Better Off Ted **10.00** Family Guy: Peter and Lois decide to have another baby. **11.00** Life **12.00m't** Farscape **1.00am** Babylon 5 **2.00** ReGenesis **3.00-4.00am** Water Rats

TODAY'S MUST-SEES



Cameron and Clegg uploaded their new Facebook pic

Harry & Paul

BBC2, 9.30pm

COMEDY From his amusing stint as a travel-hardened Plymouth Argyle fan in a TV advert to the array of new characters he introduced to us in Bellamy's People, Paul Whitehouse has barely been off our screens in 2010. And now he's back for a third series of top-quality sketches with long-time collaborator, the equally hilarious Harry Enfield. With tonnes of chucklesome new skits, including a brilliant Dragons' Den pitch and an over-zealous traffic warden, there's enough good stuff here to keep us in laughs until next week's episode! ★★★★★

NEW SERIES!



"Miss! The nasty man's chasing me!"

Chelsea vs Marseille

Sky Sports 2/HD, 7pm

SPORT It's 11 years since French side Marseille last visited Stamford Bridge. On that occasion, they lost, and it's difficult to imagine them doing anything else this time around. ★★★★★



It was a very unusual ashtray

This Is England '86

Channel 4, 10pm

DRAMA It's the third episode and things really kick off. Shaun and Smell finally hook up, Woody realises marrying Lol might be a good idea, and skinhead nutter Combo returns! ★★★★★



"This is the last time we go out on the town with Elton!"

CSI: Miami

Five, 9pm

DRAMA A pop star burns to death on stage but analysis of the remains reveals that it was an impersonator who was barbecued. Horatio and his team now have a murder and a missing-persons case to contend with. Double trouble! ★★★



PREVIEWS: PETE CASHMORE, MARK SPENCE, FRANK TENNYSON, MIKE HALL. PHOTOS: GETTY

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer **11.00**
Filthy Rotten Scoundrels **11.45** Cash in
the Attic (R) **12.15pm** Bargain Hunt (R)
1.00 BBC News, Weather **1.30** Regional
News, Weather **1.45** Doctors **2.15**
Diagnosis Murder (R) **3.00** BBC News,
Weather, Regional News **3.05** CBeebies
3.35 CBBC **5.15** Weakest Link: *Angry*
quiz **6.00** BBC News, Weather **6.30**
Regional News Programmes, Weather
6.55 Party Political Broadcast (R)

7.00 The One Show
7.30 Bang Goes the Theory
Wacky science experiments.

8.00 Waterloo Road
School-based drama. We're off!
9.00 Crimewatch
Crim-catching show.

10.00 BBC News, Weather
10.35 The National
Lottery Draws
Another chance to win a tenner.

10.45 Crimewatch Update
10.55 Reggie Perrin
Reggie takes up cycling. (R)

11.25 French Film
PREMIERE Er, it's an English
film, actually.
Frenchman Eric Cantona stars. OK, now
we're confused.

12.55am Sign Zone:
Dragons' Den (R)

1.55 Bang Goes the Theory: *Test-tube fun*.
(R) **2.25** Watchdog (R) **3.25** Victorian
Pharmacy (R) **4.25** Britain's Empty Homes
(R) **4.55-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30**
CBeebies **11.30** Open Gardens (R)
12.00noon Daily Politics Conference
Special **1.00pm** See Hear **1.30** Lifeline (R)
1.40 Ready Steady Cook (R) **2.10** Animal
Park (R) **2.55** Put Your Money Where Your
Mouth Is (R) **3.40** Flog It! **4.25** Pointless
5.10 Escape to the Country **5.55** Party
Political Broadcast **6.00** Eggheads
6.30 Priceless Antiques Roadshow (R)

7.00 Start Your Own School
Docu about a group of middle-class
parents who set up a school. Avoid!

8.00 MasterChef:
The Professionals
Intense egg-whisking as six chefs
compete in the quarter-final.

9.00 Secret Iraq
MUST-SEE First of a heavy two-
part documentary
examining the Iraq War from the view of
Iraqi insurgents and coalition forces.

10.00 Have I Got Old
News for You
Headline-based laughs. (R)

10.30 Newsnight
11.20 Today at Conference
Political nonsense.

11.50 Horizon:
Back from the Dead
A technique used to revive people. (R)
12.50-4.55am BBC News

itv 1

5.30am ITV News **6.00** Daybreak **8.30**
Lorraine **9.25** The Jeremy Kyle Show
10.30 This Morning **12.30pm** Loose
Women **1.30** ITV News **1.55** Regional
News, Weather **2.00** 60 Minute Makeover
3.00 Secret Dealers **4.00** Midsomer
Murders (R) **5.00** The Alan Titchmarsh
Show **6.00** Regional News, Weather **6.30**
ITV News **6.55** Party Political Broadcast

7.00 Emmerdale
Aaron is stunned when Jackson tells him
he loves him. Man love? Noooo!

7.30 UEFA Champions League
MUST-SEE The Group C
kickabout between
Valencia and Man United at the Mestalla,
kick-off 7.45pm. Hmm, we reckon this
could be tricky for Fergie's men.

10.00 ITV News, Weather

10.35 UEFA Champions
League: Extra Time
SPORT Round-up of the best
action from the week's
games, including Valencia vs Man United,
Spurs vs FC Twente, Rangers vs Bursaspor,
Chelsea vs Marseille and Partizan
Belgrade vs Arsenal. Sounds good to us!

12.35am The Zone

2.35 **FILM** Calamity Jane: *Musical Western*
starring Doris Day. **4.20** The Jeremy Kyle
Show (R) **5.15-5.30am** ITV Nightscreen

4

6.10am The Hoobs (R) **7.00** Freshly
Squeezed **7.30** Everybody Loves
Raymond (R) **8.25** Frasier (R) **8.55** Friends
(R) **9.30** Lakes on a Plate (R) **10.00** The
Good Wife (R) **11.00** Desperate
Housewives (R) **12.00noon** Channel 4
News Summary **12.05pm** **FILM** Imitation
of Life: *Drama*. **2.20** Lakes on a Plate
2.55 Wogan's Perfect Recall **3.25**
Countdown **4.10** Deal or No Deal **5.00**
Come Dine with Me **5.30** Coach Trip
6.00 The Simpsons **6.30** Hollyoaks

7.00 News
7.55 4thought.tv
Why are you watching this when you
should be watching ITV?

8.00 Food
Three guesses as to what this is about.

9.00 Grand Designs
Some people build an eco-friendly house.
We bet they're really smug about it too.

10.00 Seven Days
Docu about the lives of people living
in Notting Hill. We're not watching this
in case Hugh Grant shows up.

11.05 Ramsay's Best
Restaurant
The potty-mouthed chef puts two Chinese
restaurants to the test. Mmm, Chinese. (R)

12.10am 3 Minute Wonder:
The Jarman Award

12.20 Music on 4: On Track
Ellie Goulding performs.

12.35 Boardmasters
Presents Plan B (R)

12.50 4Play: Giggys

1.05 The Album Chart Show **1.20** Hung
(R) **1.50** Studio 60 on the Sunset Strip (R)
2.35 **FILM** The Cat's Meow **4.30** Hill
Street Blues **5.25-6.10am** Countdown

FIVE

6.00am Milkshake! **9.15** The Wright Stuff
10.45 Trisha Goddard (R) **11.45** Police
Interceptors (R) **12.45pm** Five News
12.50 House (R) **1.45** Neighbours **2.15**
Home and Away **2.50** Meals in Moments
3.00 Zoo Days (R) **3.10** **FILM** Love's
Unending Legacy **5.00** Five News,
Weather **5.30** Neighbours (R) **6.00** Home
and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7
7.30 Highland Emergency
The emergency services cure a load more
injuries by applying nothing but neat
whisky to people's wounds. Maybe.

8.00 Cowboy Builders
People who've been done over by dodgy
builders get things put right.

9.00 NCIS
A stakeout to catch a thief. (R)

10.00 Law & Order:
Criminal Intent
Logan is shocked by the seemingly
motiveless murder of three college
students on a basketball court.

11.00 Law & Order
An actor is found stabbed to death in
a songwriter's apartment. (R)

11.55 Poker
SPORT Highlights of the The Big
Game IV in London.

12.55am SuperCasino

4.05 Police Interceptors (R) **4.55** Animal
Rescue Squad: *Highlights of the series*. (R)
5.10 The New Tomorrow (R) **5.35-
6.00am** Michaela's Wild Challenge (R)

REGIONAL
VARIATIONS

BBC1 SCOTLAND: 7.30-8.00pm The Beechgrove
Garden **BBC1 WALES:** 7.30-8.00pm **NEW** Rhys to
the Rescue **10.55** How Wales Won the Ryder Cup
11.35 **FILM** The Greatest Game Ever Played: *Sports*
drama starring Shia LaBeouf. **1.30-6.00am** BBC

News BBC2 SCOTLAND: 11.00-11.20pm
Newsnight Scotland, Weather **BBC2 WALES:** 10.00-
10.30pm Easy Rider - Chris Corcoran's Guide to the
Ryder Cup **STV:** 12.35am Brain Box **1.00** The
Jeremy Kyle Show **2.00-5.30am** The Nightshift

ULSTER: 10.30pm UTV Live Tonight **11.00** **SPORT**
UEFA Champions League **1.00-2.35am** Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 How The 1999 Ryder Cup Was Won
11.30 How the 2002 Ryder Cup Was
Won: *The 34th Ryder Cup at the Belfry*.
2.30pm A-League
3.00 Football (HD)
4.00 Spanish Football
5.00 FIFA Futbol Mundial
5.30 Ryder Cup Preview (HD)
7.00 Sky Sports News at Seven (HD)
7.30 Soccer Special (HD)
10.00 You're on Sky Sports!
11.30 FIFA Futbol Mundial
12.00m't A-League
12.30am Football: *Champions League*
fun including Valencia vs Man United and
Rangers vs Bursaspor. (HD)
1.30 FIFA Futbol Mundial
2.00 A-League
2.30 Football (HD) **3.30** Ryder Cup
Preview (HD) **5.00-6.00am** Football (HD)

sky SPORTS 2

6.00am Aerobics
6.30 Urban Ride
7.00 WWE: Vintage Collection
8.00 Spanish Football
9.00 Football (HD)
10.00 Pool
11.00 Spanish Football
12.00noon Football (HD)
1.00pm Football Asia
1.30 Spanish Football
2.30 Soccer Special (HD)
3.00 Poker (HD)
5.00 **LIVE** Football: *Rubin Kazan vs*
Barcelona, kick-off 5.30pm. (HD)
7.30 **LIVE** Football: *The Champions*
League match between Spurs and FC
Twente, kick-off 7.45pm. (HD)
10.00 Football (HD)
11.00 Transworld Sport
12.00m't Watersports World
1.00-3.00am Poker (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.55pm Never Been Kissed: *Romantic*
comedy with Drew Barrymore. **9.00**
MUST-SEE Mean Machine: *Prison comedy*
drama starring Vinnie Jones. **10.55**
House of Flying Daggers: *Martial arts*
adventure starring Zhang Ziyi. **1.10-
3.05am** And When Did You Last See Your
Father?: *Autobiographical drama*.

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs
9.00 Two and a Half Men **10.00** Sex and
the City **11.10** Samantha Who? **12.10am**
FILM Jersey Girl: *Romantic comedy drama*.

ESPN

7.00pm NHRA Drag
Racing **10.00** 30 for
30 **11.00** Late Night
Poker **12.00m't** Kicks **12.30** Press Pass
2010 **1.00** Kicks **1.15** 30 for 30 **2.15**
Kicks **2.30** UFC **3.30** Kicks **3.45** Kicks
4.00-6.00am **LIVE** Major League Soccer

2.10 Two and a Half Men **3.10** South
Park **4.05** Shortcuts Shuffle **4.20** The
King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm The Real Hustle: Celebrity
Scammers **8.00** Don't Tell the Bride
9.00 **FILM** Proof of Life **11.10** Family Guy
12.55 Him and Her **1.25** The Real Hustle:
Celebrity Scammers **2.25** One Non
Blonde **2.55** Ideal **3.25** Him and Her
3.55-4.55am Don't Tell the Bride

E4 (136)

7.00pm Hollyoaks **7.30** Friends
9.00 Ugly Betty **10.00** **FILM** The Devil
Wears Prada: *Comedy drama starring*
Meryl Streep. **12.10am** RuPaul's Drag
Race **1.10** Scrubs **2.05** Life Unexpected
2.45 RuPaul's Drag Race **3.30** What
About Brian **4.10** Samantha Who?
4.30 The Hills **4.55-6.00am** Switched

DAVE (111)

7.00pm Trawlermen: *Skipper Jimmy*
Buchan faces a dilemma. **7.30** Seaside
Rescue **8.00** Top Gear: *The Renault Scenic*
and Ford C-Max. **9.00** Little Britain **9.40**
Bottom Live 3: *Hooligan's Island* **11.50**
Bottom Live: *Weapons Grade Y-Fronts*
Tour **1.50am** Never Mind the Buzzcocks
2.20-3.00am Chandon Pictures

MTV (350)

7.00pm Jessica Simpson: *Price of Beauty*
8.00 Plastic Surgery Obsession: *VH1*
News Presents **9.00** The Hard Times
of RJ Berger **10.00** Jersey Shore **11.00**
Disaster Date **12.00m't** South Park
1.00am The Dudesons in America **2.00**
Pranked **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager: *Life forms are*
detected aboard a Hirogen ship. **8.00** Brit
Cops: *Zero Tolerance* **9.00** Criminal Minds

29 SEPTEMBER

WEDNESDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Fat Families (R)(HD) 7.00
Brainiac: Science Abuse (R)(HD) 8.00
Oops TV (R) 9.00 Lion Man (R) 10.00
Bones (R) 11.00 Wedding SOS (R)(HD)
11.30 Babies at Risk (R) 12.00noon Fat
Families (R)(HD) 1.00pm Project Runway
(R) 2.00 Bones (R)(HD) 3.00 Stargate
SG-1 (R)(HD) 5.00 Malcolm in the Middle
(R)(HD) 5.30 Futurama (R) 6.00 Oops TV
(R) 6.30 The Simpsons (R)

7.00 The Simpsons

Marge becomes a sex symbol after posing for a calendar. (R)(HD)

7.30 The Simpsons

Homer has a hallucination that convinces him he's God's chosen one. He might well be right, we reckon. (R)(HD)

8.00 Emergency Animal Rescue

NEW This docu following the work of the RSPCA as they tackle cases of animal cruelty is bound to make your missus cry. Get the tissues ready, or persuade her to watch the footy instead.

8.30 Emergency Animal Rescue

More of the above.

9.00 Cliffhanger

FILM Action thriller starring Sylvester Stallone.

11.10 Ross Kemp on Gangs

Ross visits notorious gangs. (R)(HD)

12.10am Road Wars

Crazy car crime. (R)(HD)

1.10 Night Cops (R)(HD) 2.00 UK Border Force (R)(HD) 3.00 Oops TV (R) 3.30 The 4400 (R)(HD) 4.20 Vroom Vroom (R) 5.10-6.00am Sell Me the Answer (R)(HD)

11.00 Star Trek: Enterprise 12.00m't
Roulette Nation 1.00am Psychic
Interactive 3.00 Take It or Leave It: We'll
leave it. 4.00-5.00am My Wife and Kids

SVFY (129)

7.00pm Buffy the Vampire Slayer

8.00 **FILM** NYC: Tornado Terror: Disaster thriller starring Nicole de Boer. 9.50 **FILM** Ground Zero: Disaster thriller starring Charles Shaughnessy. 11.30 **FILM** Stir of Echoes: Psychological thriller starring Kevin Bacon and Kathryn Erbe. 1.30am Mysterious Ways 2.30 3rd Rock from the Sun: Comedy. 3.00 Mysterious Ways 4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 American Dad!

Stan prays to God for a new friend. 10.00 Burn Notice 11.00 Dexter 12.10am Farscape 1.10 Babylon 5 2.10 ReGenesis 3.10-4.10am Water Rats

TODAY'S MUST-SEES



TOP COMEDY!

"All we need are matching outfits and Cowell will love us!"

The Hangover

Sky Movies Premiere/HD, 9.45pm

FILM One of the finest, funniest man films to have emerged from Hollywood since *Old School* – and, more importantly, the film that brought Zach Galifianakis to our attention – *The Hangover* is about a group of guys in Vegas for their mate Doug's stag do, but what we see, in all its glory, is the aftermath. When the guys wake up in their hotel room with a tiger, an extracted tooth and a baby, they have to figure out quite what went on the night before and where the groom is. If you haven't seen it, don't miss out. Films like this make your Sky subscription worth every penny! ★★★★★

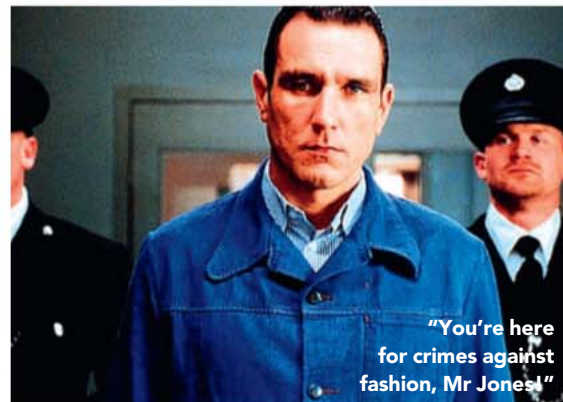


"Oi, what you doing up there?"

Valencia vs Man United

ITV1, 7.30pm

SPORT Mixed fortunes for these teams in their first games – United drew with Rangers, Valencia crushed Turkish side Bursaspor away from home. A tough one for the Red Devils. ★★★★★



"You're here for crimes against fashion, Mr Jones!"

Mean Machine

Film4, 9pm

FILM Enjoyable nonsense from Vinnie Jones, Jason Flemyng and Jason Statham. Jones is a professional footballer imprisoned for assault who ends up leading a group of inmates in a match against prison guards. Danny Dyer also stars. ★★★

American troops patrol the streets of Iraq



Secret Iraq

BBC2, 9pm

DOCU The first of a sobering two-part docu looking at the reality of life and war in Iraq since the fall of Saddam Hussein, featuring views of not only Brit and American soldiers but also the insurgents they're fighting. Interesting stuff! ★★★★★

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CAR!

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Nuts 89

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer (R)
11.00 Filthy Rotten Scoundrels **11.45**
Cash in the Attic (R) **12.15pm** Bargain
Hunt: *From Glasgow*. (R) **1.00** BBC News,
Weather **1.30** Regional News, Weather
1.45 Doctors **2.15** Diagnosis Murder (R)
3.00 BBC News, Weather, Regional News
3.05 CBBC **5.15** Weakest Link (R)
6.00 BBC News, Weather **6.30** Regional
News Programmes, Weather

7.00 The One Show
Topical stories.

7.30 EastEnders

It's another Cockney shout-off.

8.00 Watchdog

An alleged steering fault that's affecting
one of Britain's best-known cars. Cripes!

9.00 New Tricks

High drama tonight as Gerry decides to
quit smoking. Hold onto your seats!

10.00 BBC News, Weather

10.35 Question Time
Political piffle.

11.35 This Week

More of the above.

12.25am Sign Zone: Panorama
Docu about the war in Iraq. (R)

12.55 Countryfile

How creatures deal with noise generated
by Manchester Airport. Ear plugs? (R)

1.55 Wild Wales (R) **2.55** Antiques
Roadshow (R) **3.55** Britain's Empty
Homes (R) **4.25-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30**
CBeebies **11.30** Car Booty (R) **12.00noon**
Daily Politics Conference Special **1.00pm**
Castle in the Country (R) **1.30** Ready
Steady Cook **2.00** Animal Park (R) **3.00**
Put Your Money Where Your Mouth Is (R)
3.45 Flog It! (R) **4.30** Pointless **5.15**
Escape to the Country **6.00** Eggheads
6.30 Priceless Antiques Roadshow (R)

7.00 Spitfire Women

The role played by British female pilots in
the Second World War. Tally-ho!

8.00 Nigella Kitchen

NEW Fast and feel-good meals for
every occasion. The answer
she's looking for is pizza.

8.30 The Hairy Bikers:

Mums Know Best

Si King and Dave Myers have a picnic.

9.00 Michael Wood's
Story of England

NEW The tale of a Leicestershire
village throughout 2,000 years
of history. No-one cares!

10.00 Mock the Week

With Jack Whitehall and Chris Addison.

10.30 Newsnight

11.20 Today at Conference

11.50 Britain's

Youngest Boarders

Behind the scenes at one of England's
most prestigious preparatory schools. (R)

12.50-4.25am BBC News

itv 1

5.30am ITV News **6.00** Daybreak **8.30**
Lorraine **9.25** The Jeremy Kyle Show
10.30 This Morning **12.30pm** Loose
Women **1.30** ITV News **1.55** Regional
News, Weather **2.00** 60 Minute Makeover
3.00 Secret Dealers **4.00** Midsomer
Murders (R) **5.00** The Alan Titchmarsh
Show: *With Phillip Schofield*. **6.00**
Regional News, Weather **6.30** ITV News

7.00 Emmerdale

John walks in on Hannah and Isaac
kissing. John's a sheep, by the way.

7.30 Tonight:

Can We Beat Cancer?

Scientific advances in cancer treatment.

8.00 Emmerdale

Ryan's cellmate Curtis catches him with
Abi and accuses them of having a fling.
What is this, a mixed prison?

8.30 Coronation Street

Why aren't you watching Five?

9.00 Law & Order: UK

A friend of Devlin is murdered.

10.00 ITV News, Weather

10.35 The Matrix Reloaded

MUST-SEE Excellent sci-fi action
thriller sequel from
the Wachowski Brothers, starring Keanu
Reeves and Laurence Fishburne.

1.00am The Zone **3.00** The Jeremy Kyle
Show (R) **3.55** Tonight: Can We Beat
Cancer? (R) **4.20-5.30am** ITV Nightscreen

4

6.10am The Hoobs (R) **7.00** Freshly
Squeezed **7.30** Everybody Loves
Raymond (R) **8.25** Frasier (R) **8.55** Friends
(R) **9.30** Lakes on a Plate (R) **10.00** The
Good Wife (R) **11.00** Desperate
Housewives (R) **12.00noon** Channel 4
News Summary **12.05pm** **FILM** A River
Runs Through It: *Drama*. **2.20** Lakes on a
Plate **2.55** Wogan's Perfect Recall **3.25**
Countdown **4.10** Deal or No Deal **5.00**
Come Dine with Me **5.30** Coach Trip **6.00**
The Simpsons **6.30** Hollyoaks

7.00 News

7.55 4thought.tv

8.00 River Cottage Everyday

Hugh Fearnley-Whittingstall
demonstrates uses for a tin of sardines.
We suggest eating them, for one.

9.00 Trinny & Susannah:

From Boom to Bust

Our telly: from on to off.

10.00 True Blood

MUST-SEE Sookie is attacked by
a mysterious creature.

11.20 Reaper

Ben worries that Sam and Sock will not
accept Nina because she is a demon.

12.15am 3 Minute Wonder:

The Jarman Award

12.20 Crash, Bang, Wallow

Animation about a former stuntman.

12.25 King of the Hill

NEW The guys take Bobby to a
college football game.

12.50 King of the Hill

Bobby lands himself in trouble.

1.15 Earthquake **10.5** (R) **2.40** Who
Knows Best: Can't Sleep Kids (R) **3.35**
The Hospital (R) **4.30** Dispatches (R)
5.25-6.10am Countdown (R)

FIVE

6.00am Milkshake! **9.15** The Wright Stuff
10.45 Trisha Goddard (R) **11.45** Police
Interceptors (R) **12.45pm** Five News
12.50 House (R) **1.45** Neighbours
2.15 Home and Away **2.50** Meals in
Moments **3.05** **FILM** Mind Over Murder:
Legal drama starring Tori Spelling and
Dean McDermott. **5.00** Five News,
Weather **5.30** Neighbours (R) **6.00** Home
and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 UEFA Europa
League Football

MUST-SEE Money-laden Man
City take on Italian
giants Juventus at the City of Manchester
Stadium, kick-off 8.05pm. Fulham saw
off Juve on their way to the final of this
competition last season, so we reckon City
should do the business tonight.

10.10 The Condemned

PREMIERE Half-decent actioner
in which some
convicted murderers are forced to fight
to the death on a live internet feed with
the last survivor going free.

12.15am SuperCasino

Live interactive gaming.

4.05 Police Interceptors (R) **4.55** Animal
Rescue Squad (R) **5.10-6.00am**
Michaela's Wild Challenge (R)

REGIONAL
VARIATIONS

BBC1 NORTHERN IRELAND: **11.35pm** Hearts and
Minds **12.05-12.55am** This Week **BBC2**
SCOTLAND: **11.00-11.20pm** Newsnight Scotland,
Weather **BBC2 NORTHERN IRELAND:** **7.00pm** In
Your Corner **7.30** Hearts and Minds **9.00** Spitfire

Women **10.00-10.30** Our William **11.20** Mock the
Week **11.50** Today at Conference **12.20am** Britain's
Youngest Boarders **1.20-4.25am** BBC News
BBC2 WALES: **7.00pm** **LIVE** Scrum V: *Cardiff Blues*
vs Connacht, kick-off 7.05pm. **9.00** **SPORT** Sport Wales

9.30-10.00pm **NEW** Nigella Kitchen **STV:** **9.00-**
10.00pm Underbelly: A Tale of Two Cities **10.30**
STV News **10.40** Superhuman: Genius **11.40**
Politics Now **12.10am** Brain Box **1.00** The Jeremy
Kyle Show **2.00-5.30am** The Nightshift **ULSTER:**

7.30pm The Seven Thirty Show **7.59-8.00** UTV Live
10.30 UTV Live Tonight **10.55** Mourne **11.00** Real
Crime with Mark Austin **12.00m't** Brain Box **2.30-**
3.00am Wild Goose Chase **ITV1 WALES:** **7.30-**
8.00pm Wales This Week **10.35** Sharp End **11.05**

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 Ryder Cup Preview
10.30 Ryder Cup 2008: Official Film
12.00noon Monty's Ryder Cup
Memories: *Colin Montgomerie's favourite*
moments from the event. (HD)
1.00pm Ryder Cup 2008: Official Film
2.30 Monty's Ryder Cup Memories (HD)
3.30 **LIVE** Golf: *The opening ceremony of*
the Ryder Cup from Newport. (HD)
5.30 Ryder Cup 2008: Official Film (HD)
7.00 Sky Sports News at Seven (HD)
7.30 Golf (HD)
9.30 Monty's Ryder Cup Memories (HD)
10.30 Time of Our Lives
11.30 Ryder Cup 2008: Official Film (HD)
1.00am European Tour Weekly
1.30 Golfing World
2.30 Ryder Cup Golf (HD)
4.00 Monty's Ryder Cup Memories (HD)
5.00-6.00am Time of Our Lives

sky SPORTS 2

6.00am Aerobics **6.30** Urban Ride **7.00**
WWE: Experience (HD) **8.00** Golf
9.00 Football (HD)
10.00 Total Rugby
10.30 FIFA Futbol Mundial
11.00 Transworld Sport
12.00noon Total Rugby
12.30pm FIFA Futbol Mundial
1.00 Football (HD)
2.00 Sports Unlimited
3.00 Transworld Sport
4.00 Football (HD)
5.00 Sports Unlimited
6.00 **LIVE** Snooker: *Round three of the*
Premier League from Preston.
11.00 Premier League World (HD)
11.30 Ringside (HD)
12.30am The Rugby Club (HD)
1.30 Premier League World (HD)
2.00 Ringside (HD)
3.00-4.00am The Rugby Club (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.10pm Cheaper by the Dozen 2:
Comedy sequel starring Steve Martin and
Eugene Levy. **9.00** The Full Monty:
Comedy starring Robert Carlyle. **10.45**
PREMIERE Home: *French drama starring*
Isabelle Huppert. **12.35-3.15am** Nil by
Mouth: *Drama starring Ray Winstone*.

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs
9.00 Two and a Half Men **10.00** **FILM**
Harold & Kumar Get the Munchies:
Comedy starring John Cho, Kal Penn and
Ethan Embry. **11.45** Sex and the City

ESPN **6.00pm** **LIVE** UEFA
Europa League
Football **10.00**

Premier League World **10.30** Goal! **11.00**
MMA Live **11.45** Football **1.45am** Press
Pass 2010 **2.15** Goal! **2.45** MMA Live
3.30 Drag Racing **4.30-5.30am** 30 for 30

12.55am Two and a Half Men **1.55** South
Park **2.55** Two and a Half Men **3.55**
Grouchy Young Men **4.20** The King
of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** Are You Fitter
Than a Pensioner? **9.00** My School Prom
10.00 EastEnders **10.30** The King Is
Dead: *With George Lamb and Terry*
Nutkins. **11.00** Family Guy: *Peter*
undergoes plastic surgery. **11.45** Him and
Her **12.15am** Are You Fitter Than a
Pensioner? **1.15** My School Prom **2.15**
The King Is Dead **2.45** E20 **3.15** Cherry
Goes Dating **4.15-4.45am** Him and Her

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** The
Big Bang Theory **10.00** How I Met Your
Mother **10.30** The Inbetweeners: *Simon*
faces a dilemma. **11.05** School of
Comedy: *Sketches featuring opticians and*

farmers. **11.35** Misfits **12.40am** Scrubs
1.30 Glee **2.15** Misfits **3.10** What
About Brian **3.50** Samantha Who?
4.15 The Hills **4.35-6.00am** Switched

DAVE (111)

7.00pm Dragons' Den: Where Are They
Now?: *Update on contestants from the*
series. **8.00** Top Gear: *A parachutist tries*
to land in a car travelling at 50mph. **9.00**
Never Mind the Buzzcocks: *With Calvin*
Harris, Jon Richardson and Fearnie Cotton.
2.15-3.00am And Then You Die

MTV (350)

7.00pm Jessica Simpson: Price of Beauty
8.00 True Life **9.00** Jersey Shore **10.00**
The Hard Times of RJ Berger **11.00**
Disaster Date **12.00m't** South Park:
Cartman and Kyle have a disagreement.
1.00am The Dudesons in America: *Stunts*
and pranks by four childhood friends.
2.00 Pranked **3.00-6.00am** All the Hits

30 SEPTEMBER

THURSDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Fat Families (R)(HD) 7.00
Brainiac: Science Abuse (R)(HD) 8.00
Oops TV (R) 9.00 Lion Man (R) 9.30 Lion
Man (R) 10.00 Bones (R) 11.00 Wedding
SOS (R)(HD) 11.30 Medical Emergency
(R) 12.00noon Fat Families (R)(HD)
1.00pm Project Runway (R) 2.00 Bones
(R)(HD) 3.00 Stargate SG-1 (R)(HD) 4.00
Stargate SG-1 (R)(HD) 5.00 Malcolm in
the Middle (R)(HD) 5.30 Futurama (R)
6.00 Oops TV (R) 6.30 The Simpsons (R)

7.00 The Simpsons
Moe joins a dating agency. (R)(HD)
7.30 The Simpsons
Homer strikes up a friendship with
Chief Wiggum. (R)(HD)
8.00 Simpsons -
Mischief & Mayhem
Controversial storylines. (R)(HD)
8.30 The Simpsons
Kiefer Sutherland guest stars. (R)

9.00 An Idiot Abroad
MUST-SEE The hilarious
travelogue continues
as Karl Pilkington - one of the most
unintentionally funny men in the world -
explores India. Brilliant! (HD)

10.00 Batman & Robin
FILM Rubbish fantasy adventure
sequel with George Clooney
and Arnold Schwarzenegger. (HD)

12.20am The Ryder
Cup Concert
Highlights of the event at the Millennium
Stadium, including Lostprophets. (HD)

1.20 Road Wars (R)(HD) 2.20 Night Cops
(R)(HD) 3.20 The 4400: Sci-fi drama. (R)
(HD) 4.15 Vroom Vroom (R) 5.10-6.00am
Sell Me the Answer (R)(HD)

The Wales Show 11.35 Tonight 12.05am
Countrywise 12.35-1.00am The Lakes

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00 Chuck
9.00 Leverage 10.00 Ghost Whisperer
11.00 Star Trek: Enterprise 12.00m't
Roulette Nation 1.00am Psychic
Interactive 3.00 Take It or Leave It
4.00-5.00am My Wife and Kids

SYFY (129)

7.00pm Buffy the Vampire Slayer 9.00
Warehouse 13 10.00 A Town Called
Eureka 11.00 **FILM** Triangle: Horror with
Melissa George. 1.00am **FILM** Terror
Peak: Thriller starring Lynda Carter and
Parker Stevenson. 3.00 Mysterious Ways
4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Family Guy 10.00
American Dad! 11.00 Better Off Ted
12.00m't Farscape 1.00am Babylon 5:
Londo hatches a devious plan. 2.00
ReGenesis 3.00-4.00am Water Rats

TODAY'S MUST-SEES



It was the last time
he'd go drinking
with The Terminator

An Idiot Abroad

Sky1/HD, 9pm

COMEDY The funniest
travelogue ever
continues with reluctant trip-
maker Karl Pilkington sent to
India, where the man lovingly
referred to as a "round-headed
buffoon" by pal Ricky Gervais
attends a spring festival, has
his soul cleansed in the Ganges
and visits Wonder of the World
the Taj Mahal. Nice, eh? Not if
you're Karl Pilkington. What for
many would be a dream trip is
Karl's idea of hell, as he's only
too happy to relate to us through
his unintentionally hilarious
opinions. Genius! ★★★★★

TRAVEL TITTERS!



"Will someone turn
that wind machine off!"

Man City vs Juventus

Five, 7.30pm

SPORT Manchester goes Europa League crazy
as the "Old Lady" of football comes to
town. But can moneybags Man City deliver on their
investment and send the Italians packing? ★★★★★



It was a "no" from Louis

The Matrix Reloaded

ITV1, 10.35pm

FILM Like many trilogies, *The Matrix* obeys the
law of diminishing returns. But while this
second episode isn't a patch on the original, it's still
packed with plenty of eye-popping action! ★★★★★



They'd just been
told there was only
one Fillet-O-Fish left

True Blood

Channel 4, 10pm

DRAMA Sookie's attacked by some weird bull-
headed creature this week, and the
only way to save her is for Bill to ask Eric for his help.
Meanwhile, Bon Temps resident Hoyt falls for new
vamp Jessica. We can't say we blame him! ★★★★★

Après Pub.



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PREVIEWS: PETE CASHMORE, MIKE HALL, DANIELLE GRAP, FRANK TENNYSON PHOTOS: GETTY

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7. Wrong Number - Is that the Massage Parlour?
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Mostly Drunk with a chance of HORNY

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First Vid!**

376629



**BB Sophie's
Home Movie**

372125



**Horny Holly
McGuire**

371809



**Rosie Jones &
Friends Naked**

378202



**My Saucy Maid
Reveals All**

377661



**Filmed My Girl
Getting Horny!**

376746



**Horny Blondes
Kitchen Romp**

378701



**Hot Glam Girl
Gets Wild!**

379903



**Rude Brunette
Shows Hot Rear**

378703



**Danielle Lloyd's
Hot Roleplay**

374537



**Frisky Brunettes
Stocking Tease**

378769



**Brunette Gets
Horny Outside!**

379662



**Frisky Blonde
Gets Hot & Horny**

376387



**Older Girl Loves
To Show Off**

379268



**Saucy Bedroom
Tease!**

370305



**Secretary Gets
Frisky After Work!**

370679



**Lisa Marie's
Hot Assets!**

372222



**Very Naughty
Brunette Babe**

373515



**My Girlfriends
Secret Past**

378789



**Biker Chick's
Huge Boobs!**

372955



**Exotic Babe
Loves It!**

370413



**ROSIE JONES
REVEALS HER HOT ASSETS FOR YOU!**

378768

Lucy Pinder And Lindsay Strutt's Romp	371682
Too Rude Too Describe	373512
Hot Neighbour Unleashes Huge Boobs	371623
19yr Student Sleepover Turns Naughty	375669
Stealing My Mates Girl	376873
Older Babe Teases Me So Much	375924
My Girls Best Mate Got Naked For Me	379118
Caught Mates Mum Seducing My Girlfriend	373642
18 Yr Olds First Uncensored Home Movie	372177
My Naughty Girlfriend Got It On With My Bro	376509
Naughty Nurses Huge Jugs Get Fondled	377295
Lucy Pinder Close Up	376403
Jana In The Bedroom	374777
My Girlfriend And My Ex	376874
Caught My Sisters Mate Playing Outside	376387
Big Boobs Babe Shower Self Play Vid	376412
On Her Back	374778
Mates Sister In The Shower	378624
Local Girls Mum Gets Saucy	375602
I Caught My Ex With My New Girl	371633
Hot Neighbour Lets Me Film Her	373865
Danielle Lloyd Naked	371238
Busty Blonde Touches & Teases	379082
Rosie Jones And Friends Get Frisky For You	379659
2 Students Get It On	376875
Uncensored Girls Home Movie	376146
Seduced By Uni Girls	372092
Home Alone Housewife Plays On Cam	376156
My Dads Secretaries Likes To Get Naked For Me	379868
Naughty Student Nurse	374393
Hot Girl Teases On All Fours!	374431
My Neighbour Is A Kinky Girl	370828
Sexy Brunette Caught With My Ex	374465
Snatch A Peek	370672
Naughty 19 Year Old	370835
All's First Time On Camera	370504
Brookes Bedroom Play	370509

TEXTALERTS

Fast & Furious Dump Valve	373846	Captain Caveman	372367
Gavin & Stacey - Whats Ocurring	375722	Text On Fire Spoof	374708
Achmed - Silence I Kill You	373885	Meerkat - Meerkat Simples	377015
Family Guy - Surfin Bird	371356	Inbetweeners - You Bumder!	374183
Inbetweeners - Oooh Friend	371404	Star Wars Lightsabre On Sound	370655
Quagmire - Giggerty Giggerty	371104	Massive Fart	371883
Tardis Noise	373707	EastEnders Doof Doofs	376391
Air Raid Siren	378058	Submarine Sonar Bleeping	378125
The Hangover - Paging Dr F**got	372950	Churchill Dog - Oh Yes	375625
Team America - Derka Derka	374747	Wolf Whistle	372001
Big Bang Theory - Bazinga!	372512	Road Runner	374144
Pulp Fiction - Say What Again	379696	Wolf Howl	378084
Stewie - Victory Is Mine	375851	Darth Vader Breathing	379705
Team America - Matt Damon	373812	Good Morning Vietnam	378042
Die Hard - Yippee Ki Yay...	371360	Muttley Laugh	373493

THEMETUNES

Formula 1	376395	The A Team	377152
Duelling Banjos	373290	Good The Bad & The Ugly	377281
True Blood	376667	Dexter	376865
Doctor Who	372215	Star Wars Imperial March	376384
Reservoir Dogs	370387	Match Of The Day	376057
Top Gun	377156	Top Gear	373808
Convoy	370522		
Only Fools And Horses	373188		
UEFA Champions League	376042		

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**25p
per msg
sent/recvd**

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Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199**

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TEXT CHAT

**£1.50 for 1st 15
msgs sent/recvd. £1.50 per 6 msg
sent/recvd thereafter.**

**Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199**

18+ only. Helpdesk 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to Stop. IP: X-On.

TEXT CHAT!

**women text: ewall
men text: mwall
gay text: gwall**

**FREE
FOR
WOMEN*
to: 69866**

**1st 5 msg FREE. £1.50 for 5
msgs sent/recvd thereafter.**

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-----------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------	---------------------------------------------------------------------------------

25p per message sent into 68889 £1.50 per received text from 68889. MAXIMUM 4 BILLED MESSAGES PER REPLY. See virtual terms online at www.ukeasyaction.com STRICTLY ADULTS 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

Meg, Lancashire. <p>Get my hot pix AND VIDEOS...Text</p> <p>MEG to 68889</p>	Mill, 40s North England <p>Fun loving naughty women with photos Get my hot pix...text</p> <p>KISSY to 68889</p>	Katherine, WALES <p>Can't wait to send you my sexy photos. text anytime 24/7</p> <p>KATHERINE to 68889</p>	Polly, 44 UK. <p>Experienced woman wants fun! Especially with guy 18-30!</p> <p>POLLY to 68889</p>	18+ ONLY <p>POSTCODE MATCH!</p> <p>See who replies to your postcode....</p> <p>To be matched to a woman (with HOT photos & maybe HOT videos</p> <p>Text-PC followed by your postcode to 68889 (for example PC NE344NB)</p> <p>Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile</p> <p>"Text SWAP anytime to swap to a different 'hot woman'"</p> <p>25p per message sent in. £1.50 per received text.</p>	Kat, London, 18 years old! <p>Get my hot pix...text</p> <p>KAT to 68889</p>	Ami, 20 GLOUCS. <p>Get my hot pix and HOT videos...text</p> <p>AMI to 68889</p>
Liz, 20s Hants/UK <p>Get my hot pix AND HOT VIDEOS...text</p> <p>LIZ to 68889</p>	Nat (19) MIDLANDS/UK <p>Text me anytime & Get my pix...and HOT VIDEOS xxx</p> <p>NAT to 68889</p>	Janie, SOUTH (41) <p>Get my hot pix...text</p> <p>JANIE to 68889</p>	Tara, UK 47 <p>Get my pix...text</p> <p>TARA47 to 68889</p>	ESSEX (34) <p>Get my pix...text</p> <p>DI to 68889</p>	18, SCOT. <p>Get my pix...text</p> <p>JEWEL to 68889</p>	Kitty, 18 Lancs. <p>Get my pix...text</p> <p>KITTY to 68889</p>
Lily, UK (40) <p>Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text</p> <p>LILY to 68889</p>	Mell, Belfast NI (18) <p>Single and fun loving Looking to hook up soon!</p> <p>MELL to 68889</p>	Rita, Wales/UK (45) <p>Easy going, fun loving, ask me for my really hot pics!</p> <p>RITA45 to 68889</p>	WANT FUN NOW? <p>Hook up with hot easy personas FAST! This is a discrete, easy service</p> <p>text - NOW to 68889</p>	Saucy, 34 Kent/Sussex <p>Get my hot pix...text</p> <p>SAUCY to 68889</p>	Lee, 20 Leeds <p>Get my hot pix...and VIDEOS text</p> <p>LEE to 68889</p>	Ker, Kent/London <p>Get my hot pix...and VIDEOS text</p> <p>KER to 68889</p>
Daze, anywhere UK <p>Get my hot pix...and HOT VIDEOS...text</p> <p>DAZE to 68889</p>	Beth, North East (38) <p>Lets have some fun Get my hot pix...text</p> <p>BETH38 to 68889</p>	Nici, LANCS 38 and HOT! <p>Get my hot pix...text</p> <p>NICI to 68889</p>	Leah, London/UK (19) <p>Get my hot pix...and HOT VIDEOS too text</p> <p>LEAH to 68889</p>	Tani South West/UK (43) <p>Get my hot pix...text</p> <p>TANI to 68889</p>	As Seen on TV <p>HOOK UP NOW - VIA YOUR MOBILE</p>	ANNE, 40s YORKS <p>Get my hot pix...and VIDEOS text</p> <p>ANNE to 68889</p>
Jule, UK (40) <p>Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text</p> <p>JULE to 68889</p>	Lib NORTH WEST (21) <p>Get my hot pix...and HOT VIDEOS too text</p> <p>LIB to 68889</p>	Kyli 20, SUSSEX <p>Get my hot pix and VIDEOS...text</p> <p>KYLI to 68889</p>	Beverly Mids/UK (30s) <p>Saucy older woman wants to hear from younger guy 18+. Easy going. Fun loving kind single woman 35 - hopes age doesnt put you off!</p> <p>BEVERLY to 68889</p>	UK ANYWHERE <p>Lets hook up Get my hot pix...text</p> <p>HWILKIE to 68889</p>	Naughty, South West <p>Hot fun girl looking for flirts! Get my hot pix...and hot vids text</p> <p>NAUGHTY to 68889</p>	Amb UK <p>Get my hot pix...AND VIDEOS text</p> <p>AMB to 68889</p>

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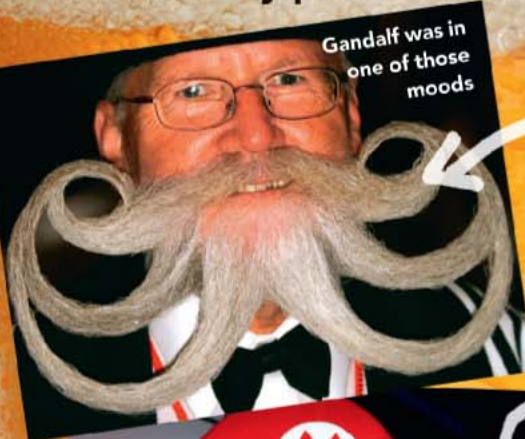
0908 145 0578

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Nuts PUB AMMO

A cold, frosty pint of facts, figures and funny stuff!



Gandalf was in one of those moods

Beards grow faster in spring because of a seasonal variation in male hormones.

A Facebook employee's standard-issue hoodie recently sold on eBay for a whopping £2,610, with nearly 50 bidders battling to win the auction.

Mario was first seen in the video game *Donkey Kong*, but he was called Jumpman and he was a carpenter, not a plumber.

Garlic rubbed into the soles of the feet can be detected later in the breath.

A cockroach can survive for up to nine days without its head.

One pair of rats has the potential to create 15,000 descendants in a year.

The Premier League trophy has two lions on the handles. At the end of the season, the captain of the winning team represents the third lion as he raises the trophy with the gold crown.

In 1987, American Airlines saved £20,000 by eliminating one olive from each salad in first class.

Donkeys kill more people annually than plane crashes.

Barack Obama collects *Spider-Man* and *Conan The Barbarian* comics.

Brad Pitt's first job was dancing in a chicken suit to draw in customers at a restaurant in Hollywood.

Pine martens, the small weasel-like animals, often use car windscreen wipers to sharpen their teeth.

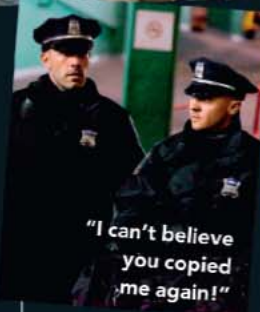
Hammerhead sharks who spend most of their time in shallow water will develop a suntan.

PUB AMMO ON... THE TOWN



"Quick lads, the offie just told Winehouse they're out of alcohol!"

- The Town's setting of Charlestown, Massachusetts, is known as "The bank robbery capital of America."
- Ben Affleck is both lead actor and director. No performer has ever won an Oscar for acting in and directing the same film.
- Affleck's first directorial job, *Gone Baby Gone*, starring his brother Casey, scored a whopping



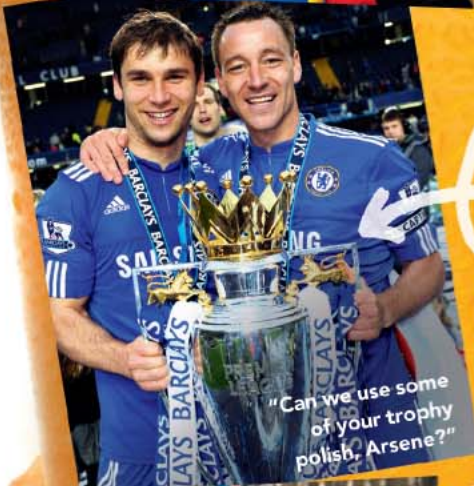
"I can't believe you copied me again!"

94 per cent on the film review website Rotten Tomatoes.

- The film also features the lovely Gossip Girl star Blake Lively as Affleck's ex-girlfriend.
- *The Town* is at cinemas from 24 September.



"Hi girls... wait, who invited that soddin' blue hedgehog?"



"Can we use some of your trophy polish, Arsene?"



"Anyone feel like an ass?"



"Why am I crossing the road? What's it got to do with you?"

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"The podium"
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